



PÂMELA MYNSEN MACHADO MARTINS

**MICROENCAPSULATION BY SPRAY DRYING OF
EPIPHYTIC COFFEE YEASTS FOR INOCULATION IN THE
FERMENTATION PROCESS**

**LAVRAS – MG
2023**

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Tese apresentada à Universidade Federal de Lavras, como parte das exigências do Programa de Pós-graduação em Ciência dos Alimentos, área de concentração em Microbiologia de Alimentos e Processos fermentativos, para obtenção do título de Doutora.

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Coorientadores

**LAVRAS – MG
2023**

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DO CAFÉ PARA INOCULAÇÃO NO PROCESSO FERMENTATIVO**

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**LAVRAS – MG
2023**

*Aos meus queridos pais, Paulo e Daniela, por todo
amor, incentivo, apoio e dedicação.*
Dedico

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*“Prefiro ter perguntas que não podem ser respondidas
do que respostas que não podem ser questionadas.”
(Richard Feynman)*

RESUMO

A comercialização de leveduras na forma líquida não é indicada a longo prazo pois as células perdem a viabilidade. Além disso, há de risco de contaminação e maiores custos com transporte e armazenamento refrigerado. Assim, uma alternativa é a secagem por spray drying. Esta técnica pode ser utilizada de forma contínua e rápida, permitindo altas taxas de produção com baixos custos operacionais. Dito isto, o objetivo do trabalho foi avaliar a eficácia da microencapsulação por spray drying para promoção da secagem e revestimento de três leveduras epifíticas do café: *Saccharomyces cerevisiae* CCMA0543, *Torulaspota delbrueckii* CCMA0684 e *Meyerozyma caribbica* CCMA1738. O trabalho foi dividido em três etapas. A primeira etapa consistiu na avaliação da viabilidade celular das leveduras microencapsuladas em spray dryer de escala laboratorial. As leveduras (10^9 UFC mL⁻¹) foram microencapsuladas separadamente com maltodextrina (15%), maltodextrina (15%) com sacarose (2%) ou maltose (2%). Os resultados indicaram que a viabilidade celular variou entre 94,06 e 97,97%. Após 6 meses, ambas as leveduras armazenadas a 7 °C e 25 °C apresentaram 10^7 e 10^2 UFC mL⁻¹, respectivamente. Esta etapa mostrou que foi possível microencapsular as leveduras epifíticas do café por spray drying e que a maltodextrina foi eficiente como material de parede. A segunda etapa consistiu na avaliação do efeito dos parâmetros operacionais no processo de secagem para obtenção de leveduras microencapsuladas em spray dryer de maior escala. A concentração do material de parede e a temperatura de entrada do ar de secagem foram investigadas por meio do Delineamento do Composto Central Rotacional (DCCR). Em seguida, a performance fermentativa das leveduras microencapsuladas foram avaliadas em meio de casca e polpa de café. As leveduras atingiram viabilidade celular e rendimentos de secagem acima de 90 e 50%, respectivamente. Soro de leite em pó manteve a viabilidade celular das três leveduras ao longo de 90 dias de armazenamento à temperatura ambiente (25°C) e foi selecionado como material de parede para as três leveduras. *M. caribbica* mostrou-se mais sensível à secagem por spray drying e menos resistente ao armazenamento. Algumas diferenças foram encontradas na fermentação, mas as leveduras microencapsuladas mantiveram suas características biotecnológicas. Por fim, a terceira etapa consistiu em comparar os desempenhos fermentativos de leveduras líquidas e microencapsuladas em café fermentados por anaerobiose autoinduzida (SIAF). Após 180 h de fermentação no processo natural, *T. delbrueckii* microencapsulada (MT) ($7,97 \times 10^7$ cel/g) apresentou uma população maior do que *T. delbrueckii* líquida (FT) ($1,76 \times 10^7$ cel/g). O estado da levedura influenciou na concentração dos compostos orgânicos e voláteis. Os cafés inoculados com *S. cerevisiae* microencapsulada (MS) apresentaram notas dominantes de frutado, caramelo e nozes no processamento natural. Já no café descascado, os cafés inoculados com MT apresentaram caramelo, mel e nozes. Considerando os parâmetros analisados, as leveduras mais indicadas para processamento natural e descascado seriam MS e MT, respectivamente. Como conclusão, as leveduras microencapsuladas por spray drying foram metabolicamente ativas e podem ser consideradas com potencial comercial, principalmente para produtores de café interessados em utilizar culturas iniciadoras durante SIAF.

Palavras-chave: Otimização. Secagem. Culturas iniciadoras. SIAF.

ABSTRACT

The yeasts commercialization in the liquid form is not indicated in the long term as the cells lose viability. In addition, there is a risk of contamination and higher costs with transport and refrigerated storage. Thus, an alternative is spray drying. This technique can be used continuously and quickly, allowing high production rates with low operating costs. That said, the objective of this work was to evaluate the effectiveness of microencapsulation by spray drying to promote the drying and coating of three epiphytic coffee yeasts: *Saccharomyces cerevisiae* CCMA0543, *Torulaspora delbrueckii* CCMA0684 and *Meyerozyma caribbica* CCMA1738. The work was divided into three steps. The first step was evaluating of the cell viability of microencapsulated yeasts in a laboratory-scale spray dryer. The yeasts (10^9 CFU mL⁻¹) were microencapsulated separately with maltodextrin (15%), maltodextrin (15%) with sucrose (2%), or maltose (2%). The results showed that cell viability varied between 94.06 and 97.97%. After six months, both yeasts stored at 7 °C and 25 °C showed 10^7 and 10^2 CFU mL⁻¹, respectively. This step showed that it was possible to microencapsulate the epiphytic coffee yeasts by spray drying. Maltodextrin was efficient as a wall material. The second step evaluated the effect of operational parameters on the drying process to obtain microencapsulated yeasts in a larger-scale spray dryer. The wall material concentration and the drying air inlet temperature were investigated using the Central Rotational Composite Design (DCCR). Then, the fermentative performance of microencapsulated yeasts was evaluated in a coffee peel and pulp media. The yeasts reached cell viability and drying yields above 90 and 50%, respectively. Whey powder maintained the cell viability of the three yeasts over 90 days of storage at room temperature (25°C) and was selected as wall material for the three yeasts. *M. caribbica* was more sensitive to spray drying and less resistant to storage. Some differences were found in the fermentation, but the microencapsulated yeasts maintained their biotechnological characteristics. Finally, the third step compared the fermentative performances of liquid and microencapsulated yeasts in coffee fermented by self-induced anaerobiosis (SIAF). After 180 h of fermentation in the natural process, microencapsulated *T. delbrueckii* (MT) (7.97×10^7 cells/g) presented a larger population than liquid *T. delbrueckii* (FT) (1.76×10^7 cells/g). The state of the yeast influenced the concentration of organic and volatile compounds. Coffees inoculated with microencapsulated *S. cerevisiae* (MS) showed dominant notes of fruitiness, caramel, and nuts in natural processing. In the pulped coffee, the coffees inoculated with MT presented caramel, honey, and nuts. Considering the analyzed parameters, the most suitable yeasts for natural and pulped processing would be MS and MT, respectively. In conclusion, spray drying microencapsulated yeasts were metabolically active and may be considered with commercial potential, especially for coffee producers interested in using starter cultures during SIAF.

Keywords: Optimization. Drying. Starter cultures. SIAF.

SUMÁRIO

	PRIMEIRA PARTE	10
1	INTRODUÇÃO	10
2	REFERENCIAL TEÓRICO	12
2.1	Preservação de microrganismos por secagem	12
2.2	Métodos de secagem de microrganismos	13
2.2.1	Spray drying	14
2.3	Fatores que afetam a sobrevivência celular em um processo de secagem ...	16
2.3.1	Fatores intrínsecos	16
2.3.1.1	Anidrobiose em células de leveduras	18
2.3.2	Fatores extrínsecos	21
2.4	Microencapsulação	24
2.4.1	Portadores de proteção	26
2.5	Aplicações da microencapsulação	29
2.6	Fermentação do café	30
2.6.1	Uso de culturas iniciadoras no café	32
2.6.2	Métodos de utilização das culturas iniciadoras no café	33
3	CONSIDERAÇÕES GERAIS	34
	REFERÊNCIAS	35
	SEGUNDA PARTE – ARTIGOS	47
	ARTIGO 1 - MICROENCAPSULATION BY SPRAY DRYING OF COFFEE EPIPHYTIC YEASTS <i>SACCHAROMYCES CEREVISIAE</i> CCMA 0543 AND <i>TORULASPORA DELBRUECKII</i> CCMA 0684	47
	ARTIGO 2 - MICROENCAPSULATION OF EPIPHYTIC COFFEE YEASTS BY SPRAY DRYING USING DIFFERENT WALL MATERIALS: IMPLEMENTATION IN COFFEE MEDIUM	83
	ARTIGO 3 - USE OF MICROENCAPSULATED STARTER CULTURES BY SPRAY DRYING IN COFFEE UNDER SELF- INDUCED ANAEROBIOSIS FERMENTATION (SIAF)	123

PRIMEIRA PARTE

1 INTRODUÇÃO

O armazenamento de microrganismos na forma líquida não é indicado a longo prazo, pois as células perdem a viabilidade, há maior dificuldade com o transporte e maior risco de contaminação. Dessa forma, diferentes tecnologias de secagem podem ser utilizadas para preservação de microrganismos, como por exemplo, liofilização (STEFANELLO *et al.*, 2019), spray drying (VANDEN BRABER *et al.*, 2020) e secagem em leito fluidizado (STRASSER *et al.*, 2009). O objetivo deste processo é permitir o armazenamento a longo prazo, preservando a viabilidade celular. Assim, a secagem tem sido uma ótima alternativa para o armazenamento de culturas (ELIZONDO; LABUZA, 1974; MORGAN *et al.*, 2006; SURYABHAN; LOHITH; ANU-APPAIAH, 2019).

O processo de secagem consiste na retirada da água presente no meio, e assim, as atividades biológicas dos microrganismos são retidas. Em comparação com uma cultura líquida, a cultura na forma seca oferece vantagens como facilidade de transporte, armazenamento, redução do odor e melhor controle de qualidade (FU; CHEN, 2011).

Embora exista diferentes métodos para preservação, alguns métodos podem ser mais adequados dependendo do objetivo (TAN; POH; CHIN, 2018). A liofilização tem sido utilizada para preservar microrganismos há décadas (CHEN; WANG, 2007). Este método proporciona produtos com alta qualidade e permite a manutenção da viabilidade da cultura por 10 a 20 anos, porém há limitações de volume, risco de contaminação cruzada, longo tempo e alto custo de processamento (FU; CHEN, 2011; SANTIVARANGKNA; KULOZIK; FOERST, 2007). Logo, a aplicabilidade em larga escala torna-se menos viável (MARQUES; SILVEIRA; FREIRE, 2006).

Dessa forma, outras abordagens de secagem foram estudadas com o objetivo de desenvolver um processo mais econômico para desidratação de microrganismos (OLIVEIRA *et al.*, 2007; SANTIVARANGKNA; KULOZIK; FOERST, 2006; STRASSER *et al.*, 2009; VANDEN BRABER *et al.*, 2020). O spray drying é o método mais utilizado na indústria alimentícia e pode ser utilizado para secagem de alimentos. Além disso, pode ser utilizado para microencapsular o material desejado, como por exemplo, as culturas iniciadoras. O objetivo é utilizar um material de parede com o intuito de proteger e preservar às células (FU; CHEN, 2011). Assim, este método fornece produtos de alta qualidade. Além disso, é econômico, flexível e pode ser realizado de forma contínua. Porém, a desvantagem é a alta

temperatura utilizada, o que pode afetar a viabilidade de determinados microrganismos (MARTÍN *et al.*, 2015).

Sendo assim, é importante entender os fatores intrínsecos e extrínsecos que influenciam a viabilidade celular durante a secagem térmica. Os fatores intrínsecos estão relacionados aos microrganismos que serão secos e, conseqüentemente, a tolerância das células ao estresse térmico e a desidratação. Estas tolerâncias são características específicas do microrganismo, sendo assim, estas podem variar entre as espécies. Por outro lado, os fatores extrínsecos estão relacionados às condições de secagem e ao material de parede utilizado. Vale ressaltar que ambos podem ser otimizados para atingir uma sobrevivência celular máxima (DOS SANTOS; FINKLER; FINKLER, 2014; FU; CHEN, 2011; LIEVENSE, L. C.; VAN'T RIET, 1993, 1994).

Neste processo de desidratação, as células podem entrar no estado conhecido como anidrobiose, utilizado para produção industrial de leveduras secas ativas. Dessa forma, levedura seca ativa é aquela no estado de anidrobiose em que seu metabolismo é temporariamente suspenso de forma reversível. Porém, é importante ressaltar que praticamente todos os componentes intracelulares das leveduras sofrem mudanças estruturais que podem ser adaptativas ou prejudiciais (RAPOPORT, 2017; RAPOPORT *et al.*, 2019).

Uma alternativa para reduzir esses impactos celulares é a utilização da microencapsulação. Estudos demonstram um aumento na proteção, e conseqüentemente, na viabilidade celular. A microencapsulação consiste em um processo em que partículas são revestidas ou incorporadas em uma matriz formando microcápsulas (GHARSALLAOUI *et al.*, 2007). Dentre outras vantagens encontram-se aumento da vida útil, proteção contra bacteriófagos e aumento da tolerância frente a agentes de intoxicação química. Além disso, facilita a manipulação e permite o aumento da distribuição homogênea em todo substrato a ser fermentado (MORTAZAVIAN *et al.*, 2007).

Grandes interesses são atribuídos à microencapsulação de compostos aromáticos, lipídeos, carotenoides e microrganismos (KANAKDANDE; BHOSALE; SINGHAL, 2007; SOOTTITANTAWAT *et al.*, 2005; VANDEN BRABER *et al.*, 2020). Em relação aos microrganismos, há estudos com bactérias probióticas (ALFARO-GALARZA *et al.*, 2022; ANDRADE *et al.*, 2019; LIN *et al.*, 2019; ROSOLEN *et al.*, 2019), fungos filamentosos (BRAGA *et al.*, 2019) e leveduras (VANDEN BRABER *et al.*, 2020; AGUIRRE-GUITRÓN *et al.*, 2019; SURYABHAN *et al.*, 2019). Após a microencapsulação, estudos mostraram que *Kluyveromyces marxianus* VM004 apresentou maior tolerância às condições gastrointestinais

simuladas (VANDEN BRABER *et al.*, 2020) enquanto *Meyerozyma caribbica* foi eficaz no controle pós-colheita de *Colletotrichum gloeosporioides* em mangas.

Nesse contexto, *Saccharomyces cerevisiae* CCMA 0543, *Torulaspota delbrueckii* CCMA 0684 e *Meyerozyma caribbica* CCMA1738 foram isoladas do fruto do café e vêm sendo utilizadas na forma líquida como culturas iniciadoras durante a fermentação do café. Estas leveduras podem ser utilizados com o objetivo de produzir bebidas com sabores e aromas especiais (JIMENEZ *et al.*, 2022; DA SILVA, *et al.*, 2021; BRESSANI *et al.*, 2020; DA MOTA *et al.*, 2020; PEREIRA *et al.*, 2020). Porém, a utilização de culturas puras, na forma líquida, é inviável em relação à aplicação por parte dos produtores de café, devido a maior dificuldade e custos elevados com o transporte e armazenamento refrigerado, maior risco de contaminação e perda de viabilidade durante o armazenamento (TAN; POH; CHIN, 2018).

Há poucos trabalhos sobre microencapsulação de leveduras, sendo que a maioria estudou o comportamento de cepas de *Saccharomyces cerevisiae* (APONTE *et al.*, 2016; CHANDRALEKHA *et al.*, 2016; SURYABHAN; LOHITH; ANU-APPAIAH, 2019) e há apenas um estudo com *Meyerozyma caribbica*, isolada da manga (AGUIRRE-GÜITRÓN *et al.*, 2018). Até este momento, nenhum estudo com *Torulaspota delbrueckii*. Dito isto, faz-se necessário à busca por métodos economicamente viáveis e com maior grau de eficiência, como o spray drying, para microencapsulação das leveduras epifíticas do café: *Saccharomyces cerevisiae* CCMA 0543, *Torulaspota delbrueckii* CCMA 0684 e *Meyerozyma caribbica* CCMA 1738.

2 REFERENCIAL TEÓRICO

2.1 Preservação de microrganismos por secagem

A preservação de microrganismos por diferentes metodologias de secagem é utilizada a décadas e tem sido um ótimo método para armazenamento de culturas a longo prazo (ELIZONDO; LABUZA, 1974). Existem diversas coleções de culturas que dependem dos métodos de secagem para preservar uma vasta diversidade celular para propagações futuras. Em geral, o objetivo de qualquer tipo de secagem é permitir o armazenamento a longo prazo de microrganismos, preservando a viabilidade celular (MORGAN *et al.*, 2006). Assim, o microrganismo na forma seca oferece aplicações por um maior período de tempo em comparação com o microrganismo na forma líquida (TAN; POH; CHIN, 2018).

A preservação de microrganismos por secagem possibilita diversas aplicações na área de desenvolvimento científico e industrial como uso de culturas iniciadoras (DIMITRELLOU *et al.*, 2008) e agentes de biocontrole, como os biopesticidas (TEERA-ARUNSIRI; SUPHANTHARIKA; KETUNUTI, 2003). Além disso, a preservação também beneficia a melhoria de produtos relacionados à saúde, como comprimidos contendo probióticos (BANSAL; GARG, 2008) e suplementos funcionais em produtos alimentícios (PARVEZ *et al.*, 2006).

A secagem aborda o conceito da redução do teor de umidade dos bioprodutos, para aproximadamente 5-8%, no qual a biodegradação, causada pela atividade de microrganismos, enzimas ou reações químicas não enzimáticas é inibida (BÓRQUEZ *et al.*, 2013). Este conceito também pode ser aplicado para a preservação de microrganismos, no qual a água presente no meio de cultura é removida e as atividades microbianas são retidas. Além disso, culturas microbiológicas em estado seco, facilita o transporte, armazenamento, reduz o odor e permite melhor controle de qualidade (FU; CHEN, 2011). Há diversas metodologias de secagem para estes microrganismos e estas técnicas serão abordadas no próximo tópico.

2.2 Métodos de secagem de microrganismos

Embora exista alguns meios para preservar uma cultura desejada de microrganismos, alguns métodos podem ser mais adequados do que outros, dependendo do objetivo. Métodos de preservação limitados apenas à escala laboratorial podem ser diferentes dos aplicados à nível industrial, pois algumas técnicas pilotos podem ser simples e confiáveis, mas não escalonáveis (TAN; POH; CHIN, 2018). A liofilização tem sido utilizada para preservar microrganismos há décadas. Este é o principal método utilizado em coleções de culturas, incluindo a *American Type Collection* e a *National Collection of Type Cultures* (BOZOĞLU; ÖZILGEN; BAKIR, 1987).

A liofilização é realizada em três etapas: congelamento, secagem primária e secagem secundária. O congelamento é uma etapa importante no qual a solução aquosa ou a suspensão é passada para o estado sólido. Pode ser realizada a partir da imersão em nitrogênio líquido, em placa fria com temperatura regulada ou a partir da pulverização em um fluxo de gás frio. A secagem primária consiste na etapa de sublimação e a secagem secundária refere-se na eliminação da água ligada ou de parte do solvente que não estava congelado. Portanto é um método onde o material é desidratado por um processo onde a remoção de água ocorre sem submeter à amostra em altas temperaturas (CHEN; WANG, 2007).

A liofilização é capaz de fornecer manutenção da cultura por 10 a 20 anos. Além disso, proporciona produtos com alta qualidade porque diminui as mudanças relacionadas com a alta temperatura. Entretanto, há limitações no volume de secagem (FU; CHEN, 2011). Do ponto de vista econômico, o longo tempo e alto custo do processamento tornam a liofilização menos favorável para a produção em massa de células secas (SANTIVARANGKNA; KULOZIK; FOERST, 2007). Logo, a aplicabilidade comercial é prejudicada (MARQUES; SILVEIRA; FREIRE, 2006). Danos à membrana celular são causados durante o processo de congelamento devido à formação de cristais de gelo. Além disso, a alta pressão osmótica favorece condição de estresse (UZUNOVA-DONEVA; DONEV, 2002).

Outras abordagens de secagem foram investigadas com o objetivo de desenvolver um processo mais econômico para a desidratação de microrganismos. Estas vêm sendo investigadas quanto à sua viabilidade como alternativa ao processo de liofilização (FU; CHEN, 2011). Essas técnicas incluem: spray drying (VANDEN BRABER *et al.*, 2020), secagem em leito fluidizado (STRASSER *et al.*, 2009), secagem à vácuo (SANTIVARANGKNA; KULOZIK; FOERST, 2006), secagem por ar convectivo térmico em forno (DIMITRELLOU *et al.*, 2008) e secagem em leito de jorro (OLIVEIRA *et al.*, 2007). A secagem por spray drying será a técnica utilizada neste trabalho devido às suas vantagens e estas serão abordadas no próximo tópico.

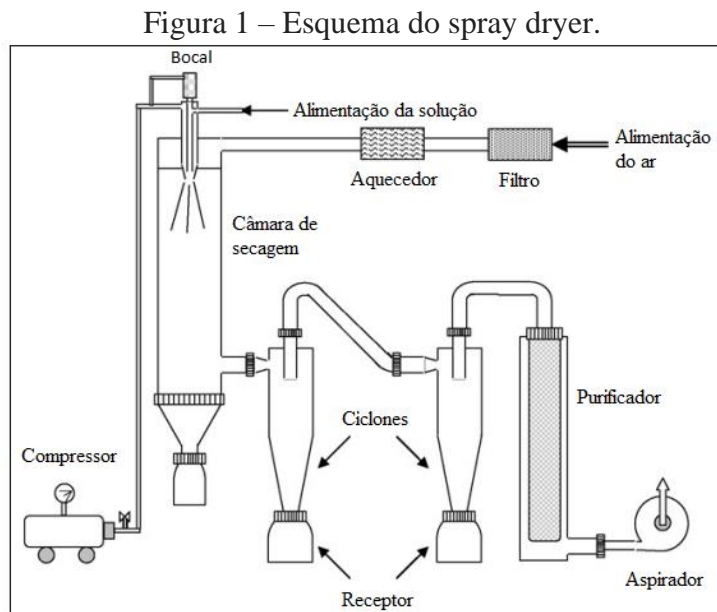
2.2.1 Spray drying

Na indústria alimentícia, o método de secagem mais utilizado é o spray drying. Este, é um método que produz um produto de boa qualidade, além de ser o mais econômico e flexível. Quando comparado à liofilização, o seu consumo de energia é de 6 a 10 vezes menor. Outra vantagem é que este processo pode ser realizado de forma contínua. Porém, a desvantagem é a alta temperatura utilizada durante o processo, o que pode afetar a viabilidade de certos microrganismos (MARTÍN *et al.*, 2015).

O spray drying é uma operação unitária que consiste na atomização de um produto líquido em uma corrente de gás quente para obter imediatamente um pó. O ar pode ser utilizado como gás ou menos frequentemente um gás inerte como, por exemplo, o nitrogênio. Dependendo do material de alimentação e das condições operacionais, pode-se produzir pós muito fino (10-50 μm) ou partículas maiores (2-3 mm) (GHARSALLAOUI *et al.*, 2007). Neste processo, alguns parâmetros são controlados, como condições da alimentação, o fluxo

de gás e a temperatura de entrada (MARTÍN *et al.*, 2015). Estas condições são otimizadas a partir das características desejáveis do produto e do pó (PEIGHAMBARDOUST; GOLSHAN TAFTI; HESARI, 2011).

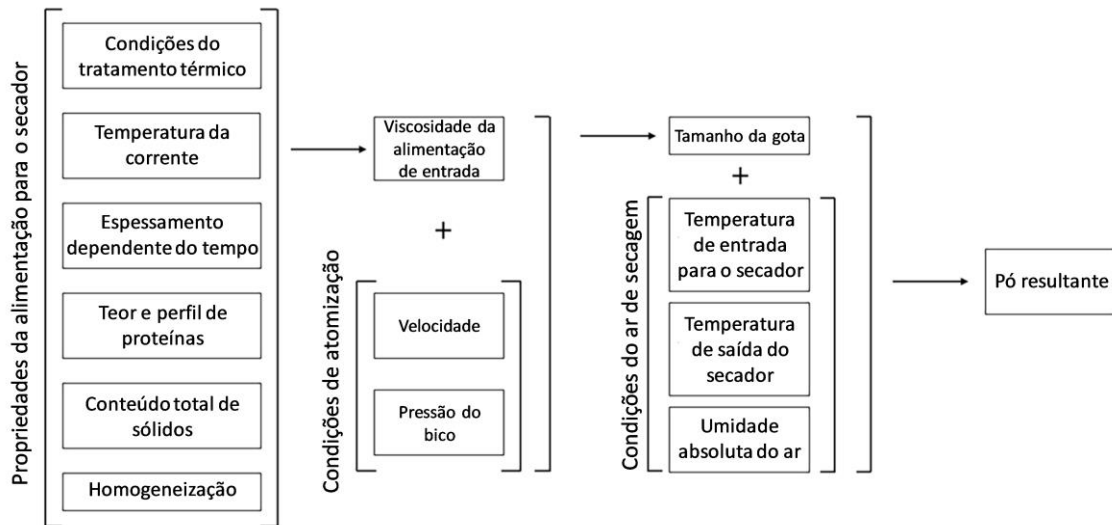
De acordo com Devakate *et al.* (2009), o spray dryer consiste em uma bomba de alimentação, atomizador, aquecedor e dispersor de ar, câmara de secagem e equipamentos destinados à descarga do produto, transporte, embalagem e remoção do ar (FIGURA 1).



Fonte: Adaptado de Devakate et al. (2009).

A atomização é uma etapa relevante, pois é neste ponto que ocorre a conversão do fluido em gotículas com o objetivo de aumentar a área superficial do material a ser secado. Isto é importante, porque a taxa de evaporação é diretamente proporcional à área superficial da gota (PATEL; PATEL; SUTHAR, 2009). A atomização ocorre geralmente no topo da câmara principal, através de um dispositivo conhecido como atomizador (FILKOVÁ; MUJUMDAR, 1995). Há diferentes tipos: rotativos, bicos de pressão, pneumáticos e ultrassônicos. Sobretudo, outros fatores também afetam a obtenção do pó (O’SULLIVAN *et al.*, 2019).

Figura 2 – Fatores que afetam a secagem por spray drying.



Fonte: Adaptado de Sullivan (2019).

Dessa forma, vários fatores influenciam o pó obtido, como as propriedades da alimentação e as condições de atomização e do ar de secagem (O'SULLIVAN *et al.*, 2019).

Devido à diminuição do teor e da atividade de água, o spray drying é uma técnica utilizada para garantir uma maior estabilidade do produto, evitar degradações químicas e/ou biológicas, reduzir os custos em relação ao armazenamento e transporte e para obter produtos com alguma propriedade específica (GHARSALLAOUI *et al.*, 2007). Porém, há diversos fatores importantes que afetam a viabilidade celular durante o processo de secagem.

2.3 Fatores que afetam a sobrevivência celular em um processo de secagem

A sobrevivência celular é o parâmetro mais importante uma vez que a técnica de secagem só será útil se os microrganismos mantiverem sua função e reprodutibilidade (TAN; POH; CHIN, 2018). O requisito fundamental para manter a viabilidade celular é manter as estruturas celulares essenciais intactas após a secagem e totalmente funcionais após a reidratação. Os fatores que influenciam a viabilidade celular durante a secagem térmica são divididos em dois grupos: intrínsecos, relacionados aos microrganismos que serão secos e extrínsecos, relacionados às condições do processo (FU; CHEN, 2011).

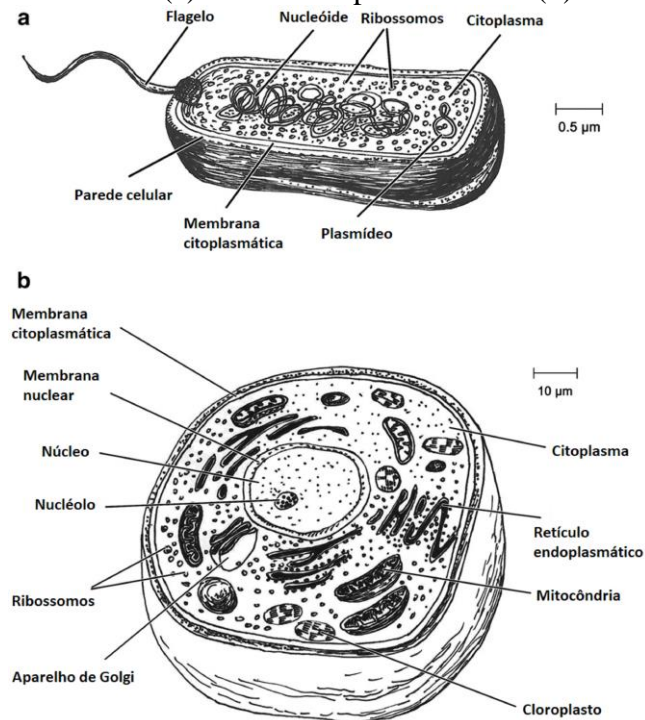
2.3.1 Fatores intrínsecos

A sobrevivência intrínseca refere-se à capacidade da própria célula resistir a inativação. O requisito básico de manutenção da sobrevivência celular é a capacidade de

impedir que a secagem danifique as estruturas celulares vitais. Esta, varia muito entre os diferentes microrganismos (ALONSO, 2016). Foi sugerido que a tolerância a tensões térmicas e mecânicas é maior em bactérias Gram-positivas, seguida de leveduras e por último, bactérias Gram-negativas. Possivelmente devido à fina estrutura da parede celular das mesmas, o que as torna mais susceptíveis à alterações nas condições ao redor das células (DONSÌ *et al.*, 2009).

Os conídios produzidos por fungos proporcionam uma taxa de sobrevivência melhor após a secagem térmica quando comparado com microrganismos na forma vegetativa. As principais razões é a alta resistência dos conídios à secagem e outros estresses ambientes que estão relacionados à sua estrutura única (HORACZEK; VIERNSTEIN, 2004). Em relação às células vegetativas, as estruturas celulares de microrganismos procariótico e eucarióticos são diferentes (FIGURA 3).

Figura 3 – Estruturas celulares de (a) uma célula procariótica e (b) uma célula eucariótica.



Fonte: Adaptado de MADIGAN et al. (2016).

Entretanto, a tolerância ao estresse de microrganismos varia de espécie para espécie bem como de tensão para tensão. Por exemplo, para uma mesma cepa, a tolerância ao estresse será diferente para células cultivadas em diferentes meios de cultura e/ou utilizadas em diferentes estágios de crescimento. Por isso é difícil comparar os resultados relatados na literatura (FU; CHEN, 2011). Apesar das variações de tolerâncias ao estresse entre os

microrganismos, acredita-se que os mecanismos relacionados ao dano celular sejam os mesmos para todos os organismos em nível molecular (CROWE; HOEKSTRA; CROWE, 1992).

Durante o processo de secagem térmica há duas tensões significativas para as células microbianas: calor e desidratação. Os mecanismos de danos induzidos por essas tensões à nível celular são diferentes (SANTIVARANGKNA; KULOZIK; FOERST, 2008). Alguns componentes celulares sensíveis ao calor incluem DNA / RNA, proteínas e enzimas (VAN DE GUCHTE *et al.*, 2002). Além disso, esta tensão pode atuar na degradação de estruturas celulares essenciais, como por exemplo, no ribossomo (OBUCHI *et al.*, 2000).

O estresse por desidratação causa tensões osmóticas e oxidativas. Deste modo, afeta principalmente a membrana citoplasmática, alterando sua fluidez ou estado físico, além de causar peroxidação lipídica (GARRE *et al.*, 2010). A peroxidação lipídica refere-se à quebra da fração lipídica na membrana celular através de uma reação em cadeia da oxidação movida a radicais (MYLONAS; KOURETAS, 1999). Como resultado, ocorre o vazamento seguido pela perda de substâncias celulares essenciais à vida, tornando-se fatal a célula (GARRE *et al.*, 2010).

Dessa forma, ao longo do processo de evolução, os microrganismos desenvolveram a capacidade de se adaptarem aos fatores extremos do meio ambiente, tais como congelamento, descongelamento e seca. Essas condições ambientais promovem à suspensão reversível temporária do metabolismo dos organismos vivos e esse estado é chamado de anabiose ou criptobiose. No caso de desidratação, como ocorre no processo de secagem, as células podem entrar no estado conhecido como anidrobiose (RAPOPORT *et al.*, 2019).

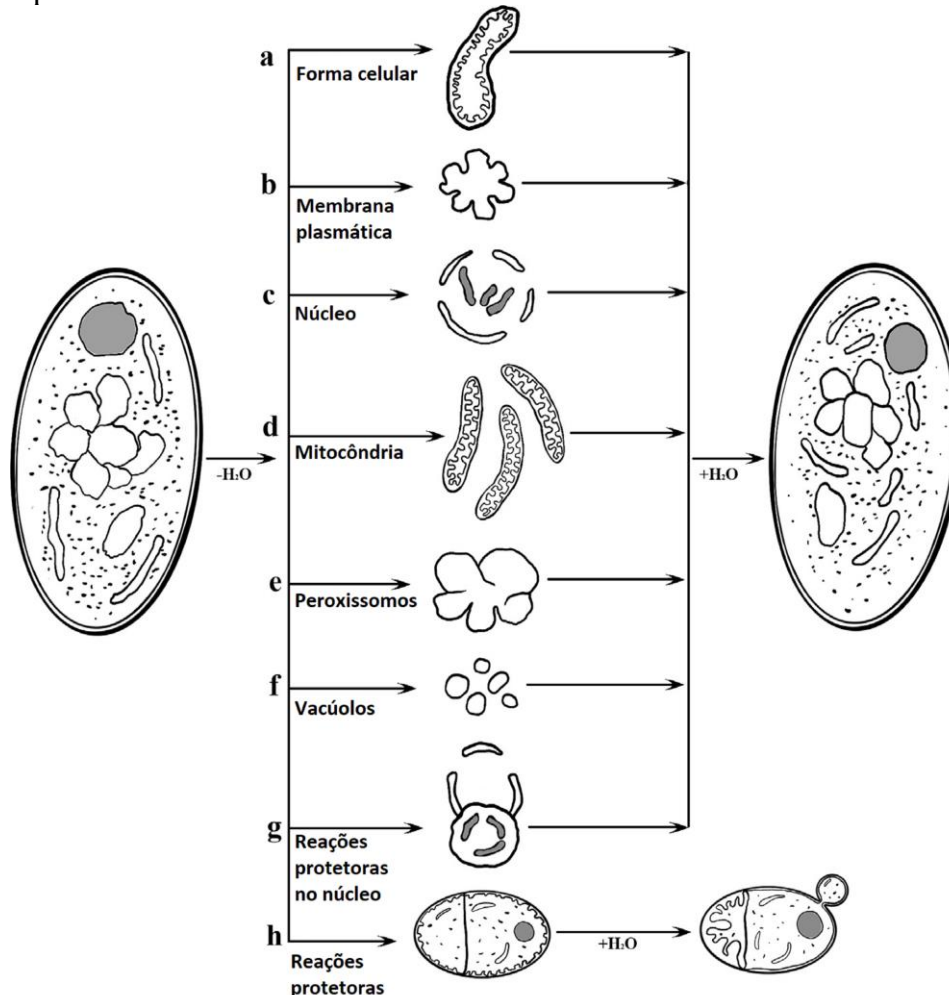
2.3.1.1 Anidrobiose em células de leveduras

O estado de anidrobiose é utilizado para a produção industrial de leveduras secas ativas. Dessa forma, levedura seca ativa é aquela no estado de anidrobiose em que seu metabolismo é temporariamente suspenso de forma reversível, caso haja manutenção da viabilidade celular, como resultado de sua forte desidratação (RAPOPORT, 2017).

A desidratação de microrganismos permite manter as principais características fisiológicas de diferentes culturas, porém a desidratação e reidratação induzem restrições mecânicas, estruturais e oxidativas que podem causar a morte celular (DUPONT *et al.*, 2014). Assim, é preciso entender como essas restrições afetam as diferentes estruturas celulares. Durante a desidratação de leveduras, mudanças estruturais e funcionais essenciais ocorrem em

praticamente todas as organelas e componentes celulares (FIGURA 4) (RAPOPORT *et al.*, 2019).

Figura 4 – Importantes mudanças estruturais nas células de levedura durante sua transição para o estado de anidrobiose.



Fonte: Adaptado de RAPOPORT *et al.*, (2019).

Os principais componentes da parede celular das leveduras são manoproteínas, β -glucanos e quitina (MORENO *et al.*, 2008). Dito isto, as mudanças mais expressivas que ocorrem na parede celular durante a secagem são modificações na forma. Isto ocorre devido ao alongamento celular provocado pelas alterações de glucano e quitina (FIGURA 4a). Além disso, foi relatado o aparecimento de fibrilas e aumento das cargas positivas e negativas da superfície da célula devido às alterações das manoproteínas. Essas alterações são reversíveis, porém possíveis danos às proteínas podem ser desfavorável para resistência e viabilidade da célula (BOROVIKOVA *et al.*, 2016; RAPOPORT *et al.*, 2019).

Em relação à membrana plasmática, há formação de dobras para manter a sua integridade devido à vasta diminuição do volume celular (FIGURA 4b). O processo de

desidratação causa a diminuição do espaçamento entre os fosfolípídeos da membrana e o ordenamento das cadeias de hidrocarbonetos. Alguns carboidratos, como a trealose, interagem com os grupos polares dos fosfolípídeos quando a água é removida e conseqüentemente permite um maior espaçamento entre os lipídeos, diminuindo a desordem das cadeias dos hidrocarbonetos (CROWE; HOEKSTRA; CROWE, 1992; LESLIE *et al.*, 1994). Maiores detalhes serão discutidos no tópico 4.4.1.

Danos nas proteínas da membrana também podem ser perigosos para a sobrevivência celular durante a desidratação e reidratação, como aquelas transportadoras de potássio e glicerol (BOROVIKOVA *et al.*, 2014; DUSKOVA *et al.*, 2015). Além disso, o ergosterol, componente bioquímico principal da membrana plasmática de levedura, desempenha papel essencial durante a desidratação. Este confere estabilidade mecânica e estrutural, bem como proteção à danos de oxidação causados pela transição do meio aquoso para o ar (DUPONT *et al.*, 2011).

Em relação às mitocôndrias há ausência de alterações estruturais visíveis, porém como mecanismo de proteção foi relatado à condensação do DNA mitocondrial (FIGURA 4d) (RAPOPORT *et al.*, 2019). As principais características do mtDNA não são alterados após a desidratação, porém o sistema de transporte de elétrons da mitocôndria pode ser interrompido durante a desidratação (SHIMA; ANDO; TAKAGI, 2008). Há pouca informação sobre a reação da mitocôndria no processo de desidratação-reidratação, mas sabe-se que estas são primeiras estruturas que restauram sua atividade (RAPOPORT, 2017).

A desidratação acarreta a diminuição do tamanho de grandes vacúolos e/ou na fragmentação, bem como mudanças em sua forma (FIGURA 4f). Além disso, há a redistribuição de proteínas em algumas regiões das membranas vacuolares (RAPOPORT, 2017; RAPOPORT *et al.*, 2019). Já nos peroxissomos, a desidratação leva a mudanças essenciais no estado dos lipídeos de suas membranas (FIGURA 4e) (SIBIRNY, 2016).

Em relação às gotículas lipídicas, um estudo mostrou que a tolerância de algumas leveduras a desidratação aumentava se as condições de cultivo levassem ao acúmulo de maiores quantidades de fosfatidilcolina pelas células. Logo, concluiu-se a correlação positiva entre a resistência das células de levedura à desidratação-reidratação e a soma de éster de esteroide e triacilgliceróis armazenados por essas células. Dessa forma, foi sugerido que esses lipídios neutros poderiam contribuir para diferentes processos metabólicos e de reparo, que ocorrem nas células de levedura durante a reativação (RODRÍGUEZ-PORRATA *et al.*, 2011).

Por fim, no núcleo ocorre a condensação da cromatina (FIGURA 4c). Esta é uma das principais reações protetoras intracelulares, pois protege o genoma de possíveis danos durante os processos de desidratação e reidratação. Em alguns casos, a cromatina condensada se encontra em um dos polos. Em seguida, ocorre a formação de novas membranas nucleares para separar a parte que contém a cromatina do restante. No momento de reidratação da levedura, a parte do núcleo sem a cromatina sofre autólise gradual. Assim, sugere-se que esta reação diminui a quantidade de água ligada necessária para manter a viabilidade celular no estado de anidrobiose (RAPOPORT, 2017; RAPOPORT *et al.*, 2019).

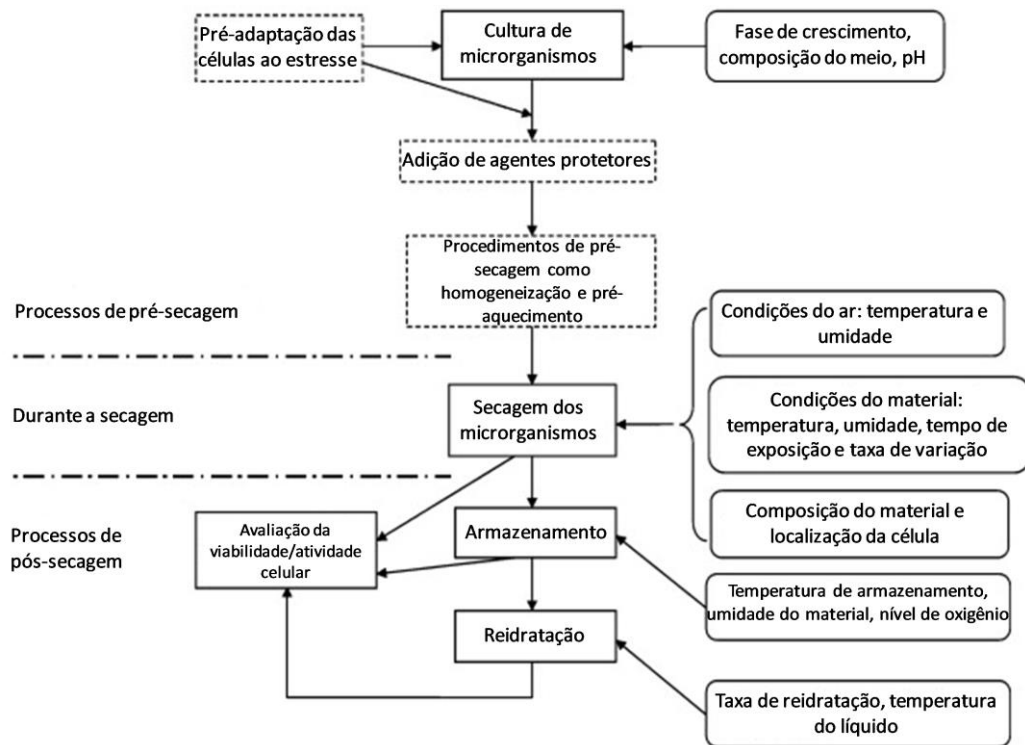
O processo de secagem também pode levar a mudanças essenciais no estado dos lipídeos nas membranas nucleares. Porém, a desidratação não leva a mudanças de sequência no DNA. Genes importantes para a tolerância à dessecação são transcritos e traduzidos antes e durante a desidratação (CALAHAN *et al.*, 2011). Dessa forma, a transição das células de levedura não leva a nenhum dano grave ao genoma e ao núcleo celular (JENKINS; POWELL; SMART, 2010).

Portanto, praticamente todos os componentes intracelulares das leveduras sofrem mudanças estruturais que podem ser adaptativas ou prejudiciais. Os mecanismos mais importantes para sobrevivência celular na anidrobiose são: estabilidade dos ácidos nucleicos, condensação da cromatina, preservação da integridade da membrana, acúmulo de substâncias protetoras intracelulares e capacidade das leveduras de iniciar os mecanismos de proteção (RAPOPORT *et al.*, 2019).

2.3.2 Fatores extrínsecos

Como citado anteriormente, os fatores extrínsecos estão relacionados às condições do processo de secagem que afetam a viabilidade celular. O processo pode ser dividido em três fases: pré-secagem, secagem e pós-secagem (FIGURA 5).

Figura 5 – Principais etapas do processamento durante a secagem de microrganismos e fatores extrínsecos importantes em cada etapa.



Fonte: Adaptado de FU; CHEN (2011).

Em relação à fase de pré-secagem, as condições do microrganismo que influenciam na viabilidade celular durante o processo incluem: fase de crescimento, composição e pH do meio. De acordo com os estudos, as células colhidas na fase estacionária apresentaram maior tolerância ao estresse em relação à fase lag e exponencial (LINDERS *et al.*, 1997; MENG *et al.*, 2008). Essa resistência é considerada um resultado da resposta ao estresse devido à falta de nutrientes e o acúmulo de metabólitos tóxicos que ocorrem durante a fase estacionária.

A composição do meio de cultura atua sobre a influência do fluxo metabólico das células microbianas (FU; CHEN, 2011). Este, ao ser manipulado ou ao fornecer ambientes estressantes, podem acumular solutos compatíveis como produtos finais do metabolismo. Alguns exemplos são glicerol, betaína, dissacarídeos não redutores e aminoácidos (KETS; TEUNISSEN; DE BONT, 1996; KETS; BONT, 1994; WELSH, 2000). Este acúmulo dentro de uma célula protege-a do estresse osmótico durante a desidratação. Isto é alcançado equilibrando a diferença osmótica entre o interior e o exterior da membrana celular (DESMOND *et al.*, 2001). O melão é um meio adequado para o crescimento de cepas de leveduras durante os processos de fermentação. Durante a fase inicial, o alto teor de açúcar presente no melão aumenta significativamente a pressão osmótica a que as células de leveduras são submetidas, permitindo assim um potencial acúmulo de solutos compatíveis (GÓMEZ-PASTOR *et al.*, 2011).

Outro fator importante é o pH, porém há resultados contraditórios relatados na literatura (LINDERS *et al.*, 1997; SILVA *et al.*, 2005). Isto pode ser atribuído às diferentes cepas e condições de secagem utilizadas (FU; CHEN, 2011).

Após serem coletadas do meio de crescimento, as células microbianas são geralmente submetidas a tratamentos adicionais antes de serem secadas. Em uma escala laboratorial, estas etapas incluem centrifugação e ressuspensão em veículos de proteção. Em um processo industrial, varia de acordo com o equipamento utilizado, como por exemplo, homogeneização e atomização para o spray dryer. Os portadores de proteção podem ser agrupados em três categorias: portador no estado líquido, no estado sólido e utilizado para encapsular as células (FU; CHEN, 2011). Estes serão abordados com maiores detalhes no tópico 4.4.1.

Durante o processo de secagem térmica há vários fatores importante, mas a temperatura de saída na secagem por spray drying foi reconhecida como a de maior impacto na viabilidade celular. Estudos mostram que uma temperatura de saída mais alta acarreta em um aumento da morte celular (BOZA; BARBIN; SCAMPARINI, 2004; WANG; YU; CHOU, 2004). A temperatura de saída é uma indicação da alta temperatura que as células podem ter sido expostas dentro do secador. Alguns estudos mostraram que a variação da temperatura de saída entre 40 a 60°C produziu uma taxa de sobrevivência satisfatória após a secagem por spray drying (HORACZEK; VIERNSTEIN, 2004; REDDY; MADHU; PRAPULLA, 2009).

Mesmo que seja obtido um produto seco contendo microrganismos viáveis após a secagem, estes precisam ser mantidos durante o período de armazenamento e após a reidratação (FU; CHEN, 2011). Além disso, os microrganismos na forma seca podem ser utilizados para diferentes aplicações. Por exemplo, para as leveduras ou culturas iniciadoras secas, a atividade de fermentação representa o critério mais importante (DIMITRELLOU *et al.*, 2009; TSAOUSI; DIMITRELLOU; KOUTINAS, 2008).

Durante o armazenamento a taxa de diminuição da viabilidade celular está relacionada à temperatura de armazenamento. Foram observadas maiores perdas em temperaturas de armazenamento mais elevadas (KEARNEY *et al.*, 2009), entretanto temperatura mais baixa (4 °C) pode prolongar o tempo de armazenamento sem perda significativa da viabilidade celular (DIMITRELLOU *et al.*, 2008). Este mecanismo de perda provavelmente ocorre devido à degradação natural das macromoléculas essenciais à vida, uma vez que lipídeos e proteínas sofrem oxidação e desnaturação durante um longo período de armazenamento (FU; CHEN, 2011).

Outro fator importante é a umidade do produto seco. Um baixo nível de umidade é mais vantajoso (YING *et al.*, 2010). Em relação ao oxigênio, o armazenamento sob vácuo

fornece melhor retenção na atividade celular do que sem vácuo (CHÁVEZ; LEDEBOER, 2007). Portanto, pode-se observar que fatores que permitem o livre movimento de moléculas e favorecem as reações bioquímicas tendem a diminuir a viabilidade celular durante o armazenamento, como a alta temperatura, umidade e exposição ao ar.

Por fim, a reidratação também afeta o número de células viáveis porque cria outro desafio osmótico. Esta etapa pode levar a ruptura da membrana citoplasmática e/ou vazamento do conteúdo celular (MULLER *et al.*, 2010). Por isso recomenda-se uma taxa lenta de reidratação para obter maior recuperação celular (POIRIER *et al.*, 1999).

Todos esses parâmetros também podem variar de acordo com a técnica utilizada. Apesar de ser considerado um processo de desidratação, o spray drying pode ser utilizado para microencapsular o material desejado, como as culturas iniciadoras. O objetivo é utilizar um material de parede com o intuito de proteger às células (FU; CHEN, 2011).

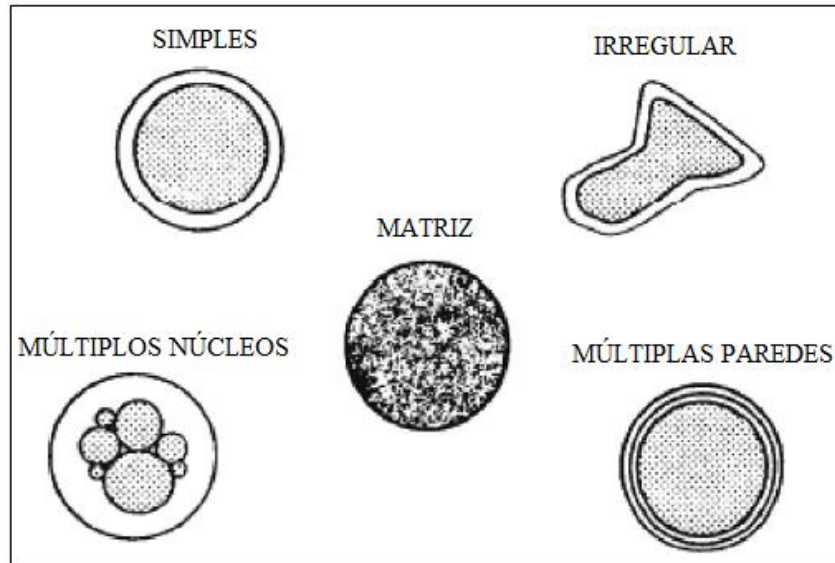
2.4 Microencapsulação

A microencapsulação consiste em um processo em que partículas são revestidas ou incorporadas em uma matriz homogênea ou heterogênea. Esta, é uma tecnologia de embalagem de materiais no estado sólido, gasoso ou líquido a partir de finos revestimentos poliméricos onde se formam partículas denominadas de microcápsulas (GHARSALLAOUI *et al.*, 2007).

As microcápsulas possuem formato esférico e diâmetros entre alguns micrômetros e milímetros. A classificação das cápsulas geralmente é feita de acordo com o seu tamanho podendo ser classificadas em macrocápsulas ($> 5 \mu\text{m}$), microcápsulas ($0,2$ a $5 \mu\text{m}$) ou em nanocápsulas ($<0,2 \mu\text{m}$) (SILVA *et al.*, 2014).

O material dentro da microcápsula é chamado de núcleo, fase interna ou preenchimento e a parede é denominada de revestimento, material de parede ou membrana. A forma e o tamanho das microcápsulas dependem dos materiais e dos métodos utilizados para encapsular, podendo ser como um revestimento em membrana simples, parede ou membrana irregular, estrutura de múltiplas paredes ou múltiplos núcleos ou de composições variáveis (FIGURA 6) (GIBBS *et al.*, 1999).

Figura 6 – Diferentes tipos de formas das cápsulas.



Fonte: Adaptado de GIBBS et al. (1999).

Portanto, podem ser obtidos diversos tipos de partículas de acordo com as propriedades físico-químicas do núcleo, composição da parede e técnica de microencapsulação escolhida (GIBBS *et al.*, 1999). Como já mencionado anteriormente, a secagem por spray drying é a técnica mais utilizada na indústria de alimentos por ser econômico, flexível, adaptável ao equipamento e por produzir partículas de boa qualidade (DESAI; PARK, 2005).

No setor alimentício, o uso desta técnica aumentou, pois, os materiais microencapsulados podem ser protegidos de condições extremas como umidade e calor, aumentando a estabilidade e mantendo a viabilidade (GIBBS *et al.*, 1999). Além disso, também pode ser utilizado para impedir perdas nutricionais; incorporar mecanismos de liberação; mascarar ou preservar aromas e sabores; utilizar ingredientes sensíveis e transformar líquidos em sólidos de fácil manuseio (DESAI; PARK, 2005).

Em relação à microencapsulação de células, há vários benefícios, uma vez que ela pode ser utilizada de forma eficiente para preparar culturas iniciadoras com maior viabilidade. Além disso, proporciona a proteção contra bacteriófagos e aumento da tolerância frente a agentes de intoxicação química. Conseqüentemente, protege as células contra mudanças indesejadas como, por exemplo, as mutações genéticas. Logo, a microencapsulação permite o aumento da vida útil, convertendo-os em forma de pó. Isto facilita a manipulação e permite o aumento da distribuição homogênea em todo o produto (MORTAZAVIAN *et al.*, 2007).

Porém, a escolha do material de parede da microcápsula tem grande influência nas propriedades da substância encapsulada, especialmente na eficiência do processo e por isso deve ser escolhida com cuidado (DIAS *et al.*, 2017). Além disso, pode-se utilizar portadores

de proteção para uma melhor sobrevivência microbiana durante o processo de secagem (FU; CHEN, 2011).

2.4.1 Portadores de proteção

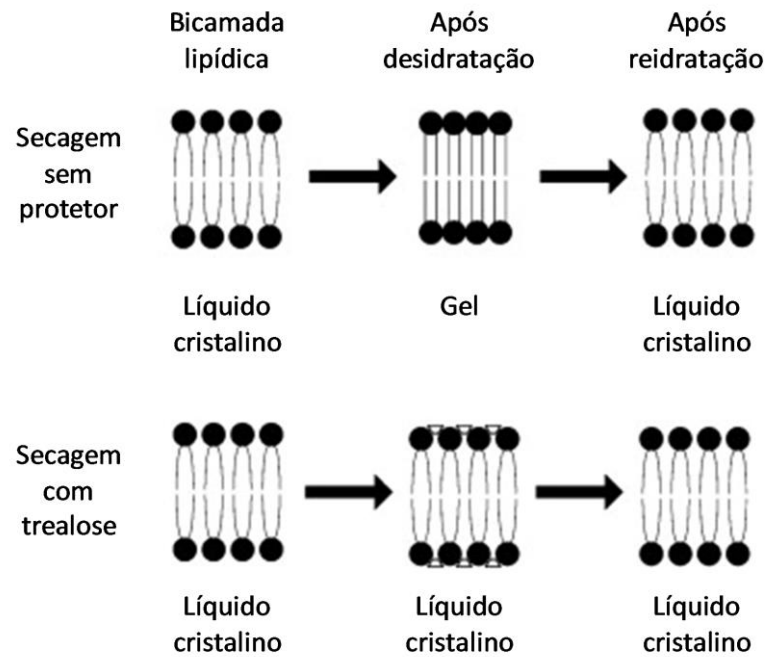
Os portadores de proteção comumente utilizados podem ser agrupados em: transportador no estado líquido, transportador no estado sólido e transportador utilizado para encapsular células (FU; CHEN, 2011).

Os transportadores na forma líquida têm dois mecanismos de proteção às células (FU; CHEN, 2011). Primeiramente, alguns compostos como a trealose, podem reagir e estabilizar estruturas celulares durante os processos de secagem e reidratação. Além disso, a matriz pode atuar como uma blindagem física, aliviando o estresse térmico e osmótico durante a secagem, bem como o estresse osmótico durante a reidratação (CROWE; HOEKSTRA; CROWE, 1992).

Geralmente, preferem-se os açúcares devido ao seu baixo custo, natureza química inócuo e uso comum na indústria de alimentos (SANTIVARANGKNA; HIGL; FOERST, 2008). Além disso, a presença de diferentes açúcares fermentáveis no meio de crescimento leva à formação de metabólitos, como o manitol, que podem aumentar a viabilidade das culturas durante a secagem (SANTIVARANGKNA; KULOZIK; FOERST, 2008).

Os açúcares não fermentáveis exercem um estresse hiperosmótico nas células. Conseqüentemente induz o acúmulo de solutos compatíveis, tornando-as mais resistentes ao estresse osmótico durante a secagem (SANTIVARANGKNA; KULOZIK; FOERST, 2008). Os dissacarídeos podem atuar como alternativa às moléculas de água, sustentando a conformação original da bicamada lipídica da membrana celular (FIGURA 7) (CROWE; HOEKSTRA; CROWE, 1992; CROWE, 2002).

Figura 7 – Esquema da potencial transição de fase da membrana celular na presença e ausência de trealose, após a desidratação e reidratação.



Fonte: Adaptado de CROWE; HOEKSTRA; CROWE (1992).

Além disso, os dissacarídeos podem retardar a desnaturação das proteínas através de ligações de hidrogênio com as proteínas, preservando a estrutura celular (PEIGHAMBARDOUST; GOLSHAN TAFTI; HESARI, 2011). Assim, a trealose é um dos melhores protetores contra estresses térmicos e osmóticos e apresenta um efeito protetor universal nas células anidrobióticas (CROWE; HOEKSTRA; CROWE, 1992). Porém, a desvantagem é o custo elevado.

Os transportadores na forma sólida são misturados sem solução, ou seja, diretamente aos péletes celulares obtidos após a centrifugação. Porém, o efeito ainda é pouco conhecido. Finalmente, os transportadores por encapsulamento, conhecidos como material de parede, formam microcápsulas que contém células durante a secagem por spray drying (FU; CHEN, 2011).

Dito isto, a escolha adequada do material de parede é muito importante porque influencia na eficiência e estabilidade da microcápsula durante o armazenamento. Esta, baseia-se nas propriedades físico-químicas, como a solubilidade, peso molecular, propriedades formadoras de filmes e capacidade de formar emulsões (GHARSALLAOUI *et al.*, 2007). Além disso deve ter características como não ser reativo com o núcleo, viabilidade econômica e ter a capacidade de fornecer a máxima proteção contra condições ambientais tais como oxigênio, calor, luz e umidade (DESAI; PARK, 2005).

A escolha do material de parede na microencapsulação por spray drying envolve procedimentos de tentativa e erro. As microcápsulas formadas são avaliadas quanto à

eficiência de encapsulamento, estabilidade sob diferentes condições de armazenamento, grau de proteção fornecido ao material do núcleo, observações por microscopia, entre outras avaliações (GHARSALLAOUI *et al.*, 2007).

Grande parte dos materiais de parede não possuem todas as propriedades desejadas, portanto uma prática comum é a mistura de dois ou mais materiais. Estes materiais podem ser selecionados a partir de polímeros naturais e sintéticos como, por exemplo, os carboidratos, incluindo o amido, amidos modificados, sacarose, lactose, maltose e maltodextrina; as gomas como a goma arábica, alginato e carragena; lipídeos como as ceras, parafinas, óleos e gorduras hidrogenadas; proteínas como proteínas do soro ou soro do leite, glúten, caseína, gelatina e albumina, entre outros (SILVA *et al.*, 2014).

Dessa forma, a busca por protetores econômicos e eficientes faz-se necessário. Materiais de parede mostraram-se efetivos para secagem de microrganismos como sacarose (SURYABHAN; LOHITH; ANU-APPAIAH, 2019), sorbitol e maltose (APONTE *et al.*, 2016; LINDERS *et al.*, 1997) e maltodextrina (REDDY; MADHU; PRAPULLA, 2009). Maltodextrina são carboidratos formados pela hidrólise parcial de amidos e são quimicamente compostas por unidades de D-glicose conectadas em cadeias de comprimento variável. Estas têm sido amplamente utilizadas como material de parede em secagem por spray drying devido a sua eficácia, baixo custo, boa solubilidade, controle de umidade, entre outros (ARSLAN *et al.*, 2015; CHANDRALEKHA *et al.*, 2016; SURYABHAN; LOHITH; ANU-APPAIAH, 2019).

As proteínas também são excelentes materiais para microencapsulação de microrganismos (ARSLAN *et al.*, 2015; BRAGA *et al.*, 2019; CHANDRALEKHA *et al.*, 2016; VANDEN BRABER *et al.*, 2020). Muitas proteínas têm sido amplamente utilizadas como agentes de revestimento devido às suas propriedades que atuam como uma boa barreira contra a permeabilidade ao oxigênio e ao gás carbônico. Cada proteína possui um conjunto único de propriedades físico-químicas. Dessa forma, sua sequência particular de aminoácidos permite uma ampla variedade de interações intra e intermoleculares (PECH-CANUL *et al.*, 2020).

Em relação às leveduras, Arslan *et al.* (2015) avaliaram diferentes materiais encapsulantes (gelatina, concentrado proteico do soro de leite, amido modificado, maltodextrina, proteína isolada da ervilha e goma arábica) na secagem de células de leveduras (*Saccharomyces cerevisiae* var. *boulardii*), por spray drying. O maior rendimento foi obtido com o uso do concentrado proteico do soro de leite e goma arábica.

Em outro estudo, Chandralekha *et al.* (2016) avaliaram a viabilidade das células de leveduras (*Saccharomyces cerevisiae*) após a secagem por spray drying utilizando diferentes materiais de parede: maltodextrina, amido de milho, goma arábica, goma acácia, polietilenoglicol 8000, betaciclodextrina e leite em pó. Dentre esses materiais o amido de milho e a maltodextrina apresentaram maior rendimento e sobrevivência celular.

Dito isto, a microencapsulação fornece vários benefícios aos materiais que serão encapsulados (DESAI; PARK, 2005). A aplicação na indústria de alimentos é vasta e o estudo da preservação de microrganismos por spray drying tem sido amplamente explorada como um processo industrial alternativo para preservação de culturas iniciadoras (PEIGHAMBARDoust; GOLSHAN TAFTI; HESARI, 2011).

2.5 Aplicações da microencapsulação

A microencapsulação proporcionou um grande impacto na indústria alimentícia. Tanto na ciência dos alimentos como na biotecnologia, esta técnica envolve a integração de ingredientes naturais, aditivos voláteis, enzimas, microrganismos e poli fenóis em microcápsulas atribuindo maiores estabilidade, deixando-os protegidos e preservados (NAZZARO *et al.*, 2012).

Os compostos aromatizantes contribuem para o aroma característico dos alimentos. Estes são altamente voláteis e assim facilmente perdidos e degradados. Por isso, a microencapsulação de aromas é muito importante para as indústrias aromatizantes já que os sabores de alimentos microencapsulados apresentam uma maior estabilidade química (GHARSALLAOUI *et al.*, 2007).

Em alguns alimentos, os microrganismos probióticos devem sobreviver em um número significativo de 10^6 a 10^8 UFC/g. O crescimento, a sobrevivência e a morte desses microrganismos dependem das condições de armazenamento como temperatura e umidade, e das propriedades dos alimentos como o pH, disponibilidade de água, entre outros (BURGAIN *et al.*, 2011). A microencapsulação revelou ser um dos métodos mais eficientes para manter a estabilidade e viabilidade dos microrganismos uma vez que fornece proteção durante o processamento e armazenamento dos alimentos, além de proteger contra as condições gástricas (MARTÍN *et al.*, 2015).

Diversos estudos sobre secagem de bactérias probióticas a partir do spray drying foram realizados (ALFARO-GALARZA *et al.*, 2020; ANDRADE *et al.*, 2019; LIN *et al.*, 2019; ROSOLEN *et al.*, 2019).

Em relação aos fungos filamentosos, Braga *et al.*, (2019) avaliaram o processo de microencapsulação de *Trichoderma asperellum* por spray drying para uso na agricultura como controlador de fitopatógenos. Entre os materiais de parede utilizados, a maltodextrina foi responsável pela maior sobrevivência de conídios com temperatura do ar de secagem a 90°C.

Em relação as leveduras, Vanden Braber *et al.* (2020) avaliaram o efeito da microencapsulação de *Kluyveromyces marxianus* VM004 por spray drying na viabilidade durante a secagem e armazenamento e em condições gastrointestinais simuladas. A eficiência de encapsulamento foi de 91% para uma suspensão de 10% de concentrado de proteína de soro de leite. Além disso, a levedura microencapsulada apresentou tolerância significativamente maior às condições gastrointestinais simuladas.

Outro estudo avaliou a aplicação de *Meyerozyma caribbica* seca por spray drying no controle pós-colheita de *Colletotrichum gloeosporioides* em mangas. O uso da levedura foi eficaz no controle pós-colheita do patógeno fúngico em frutas armazenadas à 25 °C, porém foi menos eficiente à 13 °C. Além disso, a aplicação da levedura não afetou os parâmetros de qualidade das mangas durante o armazenamento (AGUIRRE-GÜITRÓN *et al.*, 2019).

Duas potenciais leveduras probióticas *Saccharomyces cerevisiae* (cepa KTP) e *Issatchenkia occidentalis* (ApC) foram microencapsuladas por spray drying. A *Saccharomyces cerevisiae* var. *boulardii* (NCDC 363) foi utilizada como referência. As microcápsulas de maltodextrina incorporadas com sacarose ou sorbitol obtiveram um incremento de 35 a 45% na viabilidade celular das leveduras. A microencapsulação também melhorou o crescimento das leveduras na condição gastrointestinal simulada (SURYABHAN; LOHITH; ANU-APPAIAH, 2019).

Como visto anteriormente há diversos fatores que afetam a microencapsulação de microrganismos, como a cepa utilizada, o cultivo em determinado meio de cultura e os diferentes estágios de crescimentos em que às células são colhidas. Isto dificulta criar um determinado padrão para os microrganismos e como consequência torna-se difícil comparar os resultados relatados por diferentes grupos de pesquisa (FU; CHEN, 2011). Portanto, para cada cepa é necessário um estudo em relação às condições de processo e material de parede a ser utilizado.

Dito isto, a microencapsulação por spray drying das leveduras epifíticas do café, utilizadas como culturas iniciadoras durante o processo fermentativo, têm demonstrado ser uma alternativa viável para que estas possam chegar até o produtor de café de forma segura.

2.6 Fermentação do café

A fermentação do café é um processo natural que ocorre nos grãos para retirada da mucilagem e conseqüentemente para a diminuição do teor de água presente no mesmo (SILVA *et al.*, 2013).

Este processo é caracterizado por ser uma fermentação semissólida, batelada simples, com ou sem agitação. Uma alternativa é a utilização de fermentações conduzidas em biorreatores com indução de anaerobiose pela ação dos microrganismos naturalmente presente. O objetivo é produzir bebidas com aromas e sabores especiais, como doces, cítricos e frutados no qual agregam valor ao produto. Para isso é preciso realizar o controle da temperatura, qualidade da água, fatores físico-químicos como pH e grau Brix, tempo de processamento, dentre outros (LEE *et al.*, 2015).

A etapa de fermentação ocorre naturalmente a partir da degradação da mucilagem presente ao redor dos grãos uma vez que este apresenta elevada quantidade de substâncias pécticas (AGATE; BHAT, 1966). No início das pesquisas, a literatura sugeriu que a degradação dessas substâncias pécticas ocorria a partir de enzimas pectolíticas produzidas pelo próprio fruto, mas hoje se conclui que essas enzimas não são suficientes e que a ação microbiana também se faz necessária (FRANK; LUM; DELACRUZ, 1965). Essas substâncias são degradadas pelas pectinases, enzimas produzidas por bactérias e leveduras. Sua degradação produz ácido galacturônico, ramnose, galactose, arabinose e metanol (PUERTA, 2013).

Diferentes processos bioquímicos ocorrem durante a fermentação espontânea do café no qual as enzimas produzidas pelas bactérias e leveduras presentes no mesocarpo degradam os açúcares, proteínas e lipídeos e os convertem em álcoois, ácidos, ésteres e cetonas (FRANK; LUM; DELACRUZ, 1965; PUERTA, 2013). Este processo permite a formação de diferentes compostos orgânicos, no qual podem agregar valor ao produto (EVANGELISTA *et al.*, 2014).

A ação dos microrganismos varia de acordo com as espécies presentes, além das diferentes propriedades químicas e físicas do mesocarpo e fatores externos como temperatura e disponibilidade de oxigênio (SCHWAN; WHEALS, 2003).

Assim, os frutos e grãos do café possuem uma grande diversidade microbiana como bactérias, leveduras e fungos filamentosos (SILVA *et al.*, 2000). Esta biodiversidade depende de diversos fatores, como a variedade do café (RIBEIRO *et al.*, 2018), método de processamento utilizado (EVANGELISTA *et al.*, 2015; SILVA *et al.*, 2000; VILELA *et al.*, 2010) e os fatores ambientais de onde estão sendo cultivados (MARTINS *et al.*, 2020a).

Dessa forma, microrganismos isolados do café, podem ser utilizados como culturas iniciadoras durante a fermentação com o objetivo de produzir bebidas com sabores e aromas especiais (BRESSANI *et al.*, 2020; MARTINEZ *et al.*, 2019).

2.6.1 Uso de culturas iniciadoras no café

De modo geral, a cultura iniciadora é descrita como um material que contém um grande número de microrganismos viáveis, que podem ser adicionados com o objetivo de causar alterações desejáveis no alimento. Ao se adaptar ao substrato, elas aceleram o processo de fermentação e facilitam o controle sobre a fase inicial (HOLZAPFEL, 1997). A sua utilização pode melhorar significativamente a qualidade, segurança e aceitabilidade dos alimentos fermentados (HOLZAPFEL, 2002). Além disso, espera-se que esses microrganismos tenham algumas características como não ser patógeno, ser de fácil adaptação à matéria prima e ao processo e que possam criar um ambiente que iniba o crescimento de microrganismos indesejáveis (CORSETTI *et al.*, 2012).

Durante o processamento de pós colheita do café, a fermentação induzida com a utilização de culturas iniciadoras pode melhorar a qualidade sensorial da bebida (BRESSANI *et al.*, 2020). Isto ocorre devido à produção de enzimas extracelulares e ácidos orgânicos produzidos, por exemplo, pelas leveduras. O seu metabolismo pode acarretar na hidrólise de macromoléculas produzindo assim, importantes precursores de aroma, como açúcares redutores, aminoácidos e ácido clorogênico (LEE *et al.*, 2015).

Espécies de microrganismos que apresentaram capacidade de serem utilizadas como cultura iniciadora foram estudados. Estes foram submetidas a testes de atividades de poligalacturonase, pectina liase e pectina metilesterase. Assim, algumas leveduras foram identificadas como potenciais culturas iniciadoras no café, como *Saccharomyces* sp., *Pichia* sp., *Candida* sp. e *Torulaspota* sp., pois apresentaram maior eficiência em relação à atividade pectinolítica para a degradação da mucilagem durante a fermentação do café (SILVA *et al.*, 2013).

Em um primeiro estudo, Evangelista *et al.* (2014) avaliaram o potencial de cepas de leveduras - *Saccharomyces cerevisiae* UFLA YCN727, *S. cerevisiae* UFLA YCN724, *Candida parapsilosis* UFLA YCN448 e *Pichia guilliermondii* UFLA YCN731 como culturas iniciadoras utilizando o processamento natural. Em todos os testes houve a presença das leveduras até o final da fermentação. O café inoculado com levedura apresentou atributos diferenciados quando comparado ao café sem inoculação, o que indica uma maior qualidade

sensorial. O café inoculado com as culturas *Candida parapsilosis* UFLA YCN448 e *Saccharomyces cerevisiae* UFLA YCN727 apresentaram um aroma especial de caramelo, ervas e frutas.

Ribeiro *et al.* (2017) avaliaram o potencial de cepas de leveduras, *Saccharomyces cerevisiae* (CCMA 0200 e CCMA 0543) como culturas iniciadoras em duas variedades de café utilizando o processamento semi-seco. O café inoculado com *Saccharomyces cerevisiae* CCMA 0543 apresentou um melhor desempenho devido à sua maior persistência durante o processo de fermentação e secagem do café e ao maior número de compostos voláteis produzidos.

Em outra pesquisa, Martins *et al.* (2019) avaliaram o desempenho de *Saccharomyces cerevisiae* CCMA 0200 e *Torulaspora delbrueckii* CCMA 0684 em duas variedades de café: Mundo Novo e Catuaí Vermelho. Foram utilizados o método úmido e o impacto na qualidade sensorial e no perfil dos compostos foram analisados. *Torulaspora delbrueckii* CCMA 0684 adaptou-se melhor ao processo. Propanoato de 2-furanmetanol e 2-etil-3,5-dimetilpirazina foram identificados apenas nos tratamentos inoculados. Estes compostos são importantes contribuintes para o aroma do café.

Em um estudo mais recente, os autores demonstraram como os ácidos orgânicos e os perfis voláteis foram impactados pela fermentação do café. Neste trabalho foram utilizadas quatro culturas iniciadoras: *Meyerozyma caribbica* (CCMA 0198), *Saccharomyces cerevisiae* (CCMA 0543), *Candida parapsilosis* (CCMA0544) e *Torulaspora delbrueckii* (CCMA 0684); duas variedades de café: Bourbon Amarelo e Canário Amarelo e dois processamentos: natural e descascado. As leveduras produziram diferentes compostos e atribuíram características sensoriais distintas à bebida (BRESSANI *et al.*, 2020).

Por fim, o método de utilização dessas culturas iniciadoras na fermentação do café é uma etapa importante e será abordada no próximo tópico.

2.6.2 Métodos de utilização das culturas iniciadoras no café

O método utilizado para inoculação de microrganismos no café consiste no crescimento dos mesmos em meio de cultura específico até atingirem a concentração de células desejadas para serem inoculadas. As células precisam ser lavadas e diluídas em água para inoculação (EVANGELISTA *et al.*, 2014).

Em um estudo foram testados diferentes métodos de inoculação no café cereja descascado utilizando leveduras como culturas iniciadoras. Cada levedura foi cultivada em

meio de cultura YEPG, próprio para o seu crescimento, até atingirem concentração de 10^9 células/ml para inoculação. As células foram lavadas e diluídas em 500 ml de água para inoculação em dois diferentes métodos. O primeiro consiste na inoculação direta a partir da pulverização da solução com a levedura sobre os grãos, em estrutura de madeira e o segundo método ocorre a partir da inoculação no café cereja descascado colocado em baldes de poliestireno. Ambos os métodos de inoculação obtiveram bons resultados em relação à qualidade do café. Contudo, o método do balde favoreceu a permanência dos microrganismos durante o processamento do café (MARTINEZ *et al.*, 2017).

Este método de utilização das culturas puras, na forma líquida, é inviável em relação à indústria e aos produtores de café, principalmente devido à maior dificuldade e altos custos com transporte e armazenamento refrigerado. Dito isto, faz-se necessário à busca por métodos economicamente viáveis e eficientes para secagem de microrganismos, como o spray drying, facilitando o acesso para os produtores e garantindo a viabilidade, segurança e armazenamento das culturas iniciadoras visando à melhoria da qualidade do café.

3 CONSIDERAÇÕES GERAIS

Saccharomyces cerevisiae, *Torulaspora delbrueckii*, *Pichia kluyveri*, *Pichia kudriavzevii*, *Candida parapsilosis*, *Meyerozyma caribbica* e *Hanseniaspora uvarum* são utilizadas como culturas iniciadoras na fermentação do café e têm mostrado resultados promissores. As leveduras são cultivadas em meio de cultura específico até atingir a concentração celular adequada. Entretanto, o armazenamento de microrganismos na forma líquida não é economicamente vantajoso. O armazenamento a longo prazo reduz a viabilidade celular e a estabilidade genética das cepas, o que pode estar associado à perda de robustez celular em processos de fermentação industrial. Além disso, o transporte e armazenamento refrigerado bem como possíveis contaminações dificultam a sua utilização.

Assim, o processo de secagem torna-se uma alternativa para a preservação a longo prazo das leveduras epífitas do café, contribuindo para a manutenção da viabilidade celular, transporte, armazenamento, redução do odor e contaminações. O spray drying permite a produção de preparações microbianas secas ativas em escala industrial. Esta técnica permite altas taxas de produção com baixos custos operacionais. Algumas de suas vantagens incluem boa qualidade do produto final, baixo custo, maior controle de variáveis do processo e operação contínua. Dessa forma, a utilização de métodos economicamente viáveis e com maior grau de eficiência para microencapsulação de leveduras epífitas do café, facilita o

acesso para os produtores. Consequentemente, garante a viabilidade celular, segurança e armazenamento das culturas iniciadoras, visando a melhoria da qualidade da bebida.

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1 **SEGUNDA PARTE – ARTIGOS**
2

3 **ARTIGO 1 - MICROENCAPSULATION BY SPRAY DRYING OF COFFEE**
4 **EPIPHYTIC YEASTS *SACCHAROMYCES CEREVISIAE* CCMA 0543 AND**
5 ***TORULASPORA DELBRUECKII* CCMA 0684**
6

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26 Abstract

27 The objective of this work was to evaluate the microencapsulation feasibility of
28 *Saccharomyces cerevisiae* CCMA 0543 and *Torulaspora delbrueckii* CCMA 0684 in three
29 different compositions of wall material by spray-dryer. The yeasts (10^9 cells/mL) were
30 microencapsulated separately using maltodextrin (15%), maltodextrin (15%) with sucrose
31 (2%), or maltose (2%) as wall material. The viability was evaluated for six months at two
32 different temperatures (7 and 25 °C). The yield, cell viability after spray drying, and
33 characterization of the microcapsules were performed. Results indicate that cell viability
34 ranged between 94.06 and 97.97%. After six months, both yeasts stored at 7°C and 25°C
35 presented 10^7 and 10^2 cells/mL, respectively. Regarding Fourier-transform infrared
36 spectroscopy analysis, all microencapsulated yeasts presented typical spectra footprints of
37 maltodextrin. After six months of storage, *S. cerevisiae* CCMA 0543 obtained a 10.8%
38 increase in cell viability using maltodextrin with maltose as wall material in comparison with
39 maltodextrin and maltodextrin with sucrose. However, *T. delbrueckii* CCMA 0684 obtained a
40 13.5% increase in cell viability using only maltodextrin. The study showed that maltodextrin
41 as a wall material was efficient in the microencapsulation of yeasts. It is possible to assume
42 that maltose incorporation increased the cell viability of *S. cerevisiae* CCMA 0543 during
43 storage.

44

45 **Keywords:** Starter culture; Maltodextrin; Maltose; Sucrose.

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51 **1. Introduction**

52 The storage of microorganisms in liquid form is not economically advantageous. Long-
53 term storage reduces cell viability and strains' genetic stability, which may be associated with
54 loss of cell robustness in industrial fermentation processes [1]. There are also transport and
55 contamination issues that increase its difficulty of use.

56 Different drying technologies are mentioned as efficient processes to preserve
57 microorganisms, such as freeze-drying [2], spray drying [3], and fluidized bed drying [4]. The
58 purpose of these processes is to keep cell viability of the yeasts, to ease of handling, lower
59 maintenance, transport, and storage costs. In addition, it allows storage for more extended
60 periods, preserving cell viability and negligible risk of contamination. Thus, drying has been a
61 viable alternative for culture storage [5-7].

62 Several studies have shown the potential of yeast for the coffee's production with exotic
63 flavor profiles and high sensory scores looked for specialty coffee markets [8–12]. The
64 specialty coffee market is expected to grow by \$64.82 billion during 2021-2025, stimulating
65 several companies to invest in this sector [13–15]. *Saccharomyces cerevisiae* CCMA 0543
66 and *Torulaspora delbrueckii* CCMA 0684 were isolated from coffee fruit and used as starter
67 cultures during coffee fermentation. However, in liquid form, the use of pure culture is also
68 unfeasible for application by the coffee producer. In addition, there is difficulty in transport
69 and storage.

70 The dehydration of yeast cells causes them to enter a state of anhydrobiosis in which their
71 metabolism is temporarily and reversibly suspended. This unique state among organisms is
72 currently used to produce active dry yeast (ADY). The most used application is in bakery.
73 However, they are also commercialized for beverages, such as beer, wine, whiskey, cachaça,
74 and others. Strains of *S. cerevisiae* are produced in larger quantities by the yeast industry.
75 However, in recent decades, the use of non-conventional yeasts, such as *T. delbrueckii*, has

76 been increasing in some areas of biotechnology [10-15]. Thus, the possibility of obtaining
77 these yeast strains in a viable dry state becomes increasingly likely.

78 Different dehydration methods are used to obtain active dry yeast preparations and dry
79 starter cultures for various biotechnological processes. All these approaches have their
80 advantages and disadvantages [22]. However, during the last few years, some studies have
81 been dedicated to improving and optimizing these drying methods to use them efficiently
82 [23,24].

83 Freeze-drying is a drying method that allows the commercialization of yeast due to its
84 excellent quality based on long-term cell viability. However, this method's energy
85 consumption and time increase its final cost [25]. The fluidized bed technology is already
86 used in industry, and among the different products that have been dehydrated are yeasts. The
87 main problem of industrial fluidized bed dryers is the scaling up of processes. However, [26]
88 reported that the multi-stage fluidized bed drying process is an effective commercial method
89 for drying baker's yeast. Spray drying is another process that allows the production of active
90 dry microbial preparations on an industrial scale, such as yeast. This technique allows high
91 production rates with low operating costs [24]. Some of its advantages include good quality of
92 the final product, low cost, greater control of variables, such as inlet and outlet temperature
93 and feed flow, and continuously operation [27].

94 There are some studies on drying probiotic bacteria from spray drying [28,29], but there
95 are few studies related to yeast drying. Most studies have evaluated the microencapsulation
96 behavior of *Saccharomyces cerevisiae* strains [7,24,30]. However, a study with *Torulaspora*
97 *delbrueckii* strains has not yet been reported.

98 One of the problems with this method is finding the ideal conditions that allow greater cell
99 viability. The survival of these microorganisms depends on several factors, such as
100 temperature, membrane characteristics, and cell morphology. During drying, removing the

101 water present inside the cells without damaging the cell membrane is crucial, so wall
102 materials are essential to maintain their integrity [31].

103 Maltodextrin is considered the principal wall material due to its effectiveness, low cost,
104 good solubility, and moisture control [7,30,32]. It is known that disaccharides, such as sucrose
105 and maltose, may act as an alternative to water molecules, supporting the original
106 conformation of the lipid bilayer of the cell membrane [33,34]. Also, they can delay the
107 denaturation of proteins through hydrogen bonds with proteins, preserving cell structure [35].
108 Few studies have used sucrose [36] and maltose [24] to dry yeasts, and both wall materials
109 have achieved good results. [7] increased the viability of probiotic yeast *S. cerevisiae* (strain
110 KTP) by 35% with the sucrose addition during microencapsulation by spray drying.

111 Spray drying technology is widely used in the food industry to dry liquid foods and it have
112 been shown the potential to dry microorganisms. The low cost and efficiency for drying
113 become the product accessible for consumers. However, the process condition as wall
114 materials must be optimized for each strain. Therefore, the objective of this work was to
115 evaluate the microencapsulation feasibility of *Saccharomyces cerevisiae* CCMA 0543 and
116 *Torulaspora delbrueckii* CCMA 0684 in three different compositions of wall material by
117 spray-dryer.

118

119 **2. Material and methods**

120 **2.1 Microorganisms**

121 *Saccharomyces cerevisiae* CCMA 0543 (access number KF728798.1) and *Torulaspora*
122 *delbrueckii* CCMA 0684 (access number KM402082.1) previously isolated from coffee fruits
123 were used [37,38]. These strains belong to the Culture Collection of Agricultural
124 Microbiology (CCMA, Federal University of Lavras, Lavras, Minas Gerais, Brazil)
125 (<http://www.ccma.dbi.ufla.br/>). The isolates (1 mL) stored at -80°C in YEPD containing 20%

126 glycerol (w/w) were reactivated, without agitation for 48 h at 28°C, in tubes containing 9 mL
127 of the liquid medium of molasses at 10°Brix [in g L⁻¹: liquid cane molasses 137.5 (ECL Eireli
128 – supplier *Mellaço de Cana*), calcium chloride 1.1 (Dinâmica), urea 2 (Ambion), Polysorbate
129 80 0.5 (Dinâmica) and pH 3.5]. The molasses medium was used to growth of the yeasts being
130 incubate at 28°C for 48 h and 120 rpm. Then, the cultures (10 mL) were transferred to 250
131 mL flasks containing 90 mL of medium. Subsequently, the cultures (100 mL) were transferred
132 to 2 L flasks containing 900 mL of the medium. Finally, the cultures (1000 mL) were
133 transferred to 20 L flasks containing 9 L of the same medium. At the end of growth, the yeasts
134 reach the stationary phase. At the end of each step, the °Brix was measured, and the yeasts
135 were enumerated by micro drop plating on YEPG agar [in g L⁻¹: yeast extract 10 (Himedia),
136 glucose 20 (Dynamics), peptone 20 (Himedia), and agar 20 (Himedia)]. The plates were
137 incubated at 28°C for 48h. The cells were recovered by centrifugation (3200 x g; 10 min) and
138 resuspended in sterile water to a concentration of 10⁹ CFU mL⁻¹.

139

140 **2.2 Microencapsulation by spray drying**

141 **2.2.1 Preparation of the wall material**

142 According to the methodology described in the literature [7], the wall material solutions
143 were prepared with modifications. Three different compositions of wall material were used
144 for each yeast: maltodextrin DE10 (15%) (represented as MD), maltodextrin DE10 (15%)
145 with sucrose (2%) (represented as MD + SU), and maltodextrin DE10 (15%) with maltose
146 (2%) (represented as MD + MA). The wall materials were dissolved in water, then
147 autoclaving at 121°C for 15 minutes. After cooling, the cells were resuspended in each of the
148 three investigated solutions. Yeasts at 10⁹ cells/mL were added separately. The ratio of yeast
149 to wall material was 1:1 (yeast cell dry mass: wall material dry mass). The feed suspension
150 was mixed for 5 min with a magnetic stirrer and then sprayed drying.

151

152 **2.2.2 Spray drying conditions**

153 *Saccharomyces cerevisiae* CCMA 0543 and *Torulaspota delbrueckii* CCMA 0684 were
154 microencapsulated using a laboratory scale spray dryer (model MSD 1.0; Labmaq Brasil,
155 Ribeirão Preto, Brazil). The equipment was operated at a constant air inlet temperature of
156 80°C. The feed solutions (900 mL) were kept under constant magnetic stirring at room
157 temperature (approximately 25°C). These were fed into the main chamber through a
158 peristaltic pump, with a feed rate of 0.6 L h⁻¹ dryer, the drying airflow rate of 2.4 x 10³ L h⁻¹,
159 and the atomization air flow rate of 5.94 x 10⁶ L h⁻¹ were used [39]. The resulting powder
160 (microcapsules) was collected at the cyclone base and stored in a 250g package made of
161 polyester + metallization + polyethylene. Thus, the incubation was in the absence of light.
162 Then the packages were vacuum-sealed. The samples were stored at refrigerated temperature
163 (7°C) and room temperature (25°C) for further analysis [32]. The spray drying was performed
164 in triplicate.

165

166 **2.3 Viability of microencapsulated cells during drying and storage**

167 The viability of the starter cultures, *Saccharomyces cerevisiae* CCMA 0543 and
168 *Torulaspota delbrueckii* CCMA 0684, were performed after the drying process and monitored
169 during 6 months of storage microcapsules at 7 and 25°C. Before viability analysis, samples
170 were homogenized by vortex, and sample powder (1 g) was mixed with 9 mL of peptone
171 water [in g L⁻¹: peptone 1 (Himedia)] [30]. The quantification of the microorganisms was
172 performed with serial dilution, followed by micro-drop plating on YEPG agar [40]. After
173 inoculation, the plates were incubated at 28°C for 48 hours. The experiment was carried out in
174 triplicate.

175

176 **2.4 Yield and cell viability after spray drying**

177 The powder yield (% , w/w) was calculated according to Eq. (1):

178

$$179 \quad \text{Powder yield (\%)} = [W_p (1 - X_{w, powder}) / T_s] \times 100 \quad (1)$$

180

181 where W_p is the weight of the powder collected after drying, $X_{w, powder}$ is the fraction of
182 water present in the powder and T_s is the total dry solids of the feed [30].

183 The cell viability after spray drying (%) was calculated according to Eq. (2):

184

$$185 \quad \text{Cell viability after spray drying (\%)} = \{[(\text{Log } N \times W_p) / V] / \text{log } N_0\} \times 100 \quad (2)$$

186

187 where N is the number of viable cells (CFU mL⁻¹ of wet material) in the powder, W_p is the
188 weight of the powder collected after drying, V is the volume of feed suspension, and N_0 is the
189 number of viable cells (CFU mL⁻¹) in the initial suspensions [3].

190

191 **2.5 Characterization of microcapsules**

192 **2.5.1 Water activity, moisture content, hygroscopicity, and water solubility**

193 The water activities (a_w) of the wall materials and powder were measured using a water
194 activity meter (Aqualab 4TE, Decagon Devices, Pullman, Washington, USA). The moisture
195 content of the solutions, wall material, and powder was determined by the gravimetric method
196 [41]. Approximately 3 g of the sample was weighed in porcelain capsules of known mass. The
197 capsules were carried to the oven at 105 °C until constant weight. Moisture content was
198 expressed as a percentage of the initial weight. The hygroscopicity of the wall materials and
199 microcapsules was performed according to [39]. Samples (0.3 g) were placed in Petri dishes
200 and stored in a desiccator with no silica at 25 °C, containing a saturated sodium chloride

201 solution. After one week, the hygroscopicity was weighed and expressed as g of water
202 absorbed by the sample per 100 g dry solids. The water solubility of the wall materials and
203 microcapsules were characterized according to [42]. Samples (0.5 g) were placed in flasks
204 containing 50 mL of distilled water and homogenized in an orbital shaker at 100 rpm for 30
205 minutes at room temperature. Then, the solution was centrifuged at 3500 rpm for 5 minutes.
206 The supernatant was transferred to a porcelain capsule of a known weight. Then, it was placed
207 in an oven at 105 °C until constant weight.

208

209 **2.5.2 Morphology and size of microcapsules**

210 The morphology of microcapsules was evaluated using a scanning electron microscope
211 (SEM) (model Jeol JSM 6360 LV) with an acceleration voltage of 20 kV. A secondary
212 electron detector was used. The analysis was carried out at a high vacuum and no tilt was
213 applied. The microcapsules were mounted on aluminum bases adhered by double-sided
214 carbon adhesive tape. Then they were coated with gold with a vacuum spray applicator [29].
215 The size of the microcapsules was evaluated with the ImageJ 2014 software (Rasban,
216 National Institute of Health, USA) [3], with a diameter of 300 particles of each treatment was
217 measured.

218

219 **2.6 Fourier-transform infrared spectroscopy**

220 The wall materials and the powders resulting from the dried yeasts were evaluated by
221 analyzing vibrational spectroscopy in the infrared. An FT-IR Varian 600-IR spectrometer
222 with Fourier transform (FTIR) was used, with GladiATR accessory from Pike Technologies
223 coupled for measurements by attenuated total reflection (ATR) 45° with zinc selenide crystal.
224 For each sample, the FTIR spectra were represented an average of 32 scans in a range of 400
225 to 4000 cm⁻¹ at a resolution of 4 cm⁻¹ [43].

226

227 **2.7 Statistical analysis**

228 Cell viability, yield, water activity, moisture, hygroscopicity, solubility, and size data of
229 the microencapsulated cells were evaluated by analyzing variance (ANOVA). Scott-Knott test
230 was used to compare the means, adopting a significance level of 5 % probability. The tests
231 were performed with Sisvar 5.6 software [44]. FTIR was analyzed by principal component
232 analysis (PCA) using Chemoface software [45].

233

234 **3. Results and discussion**

235 **3.1 Evaluation of the drying process**

236 Spray drying microencapsulation of coffee epiphytic yeasts, *S. cerevisiae* CCMA 0543
237 and *T. delbrueckii* CCMA 0684, was performed. As previously mentioned, maltodextrin is
238 considered the principal wall material due to its benefits. Therefore, the 15% concentration of
239 maltodextrin was present in all treatments. Sucrose and maltose, both disaccharides, were
240 added to verify the possible protection of cells during microencapsulation. These
241 disaccharides may act against thermic and osmotic stresses, showing a protective effect on
242 yeast cells and acting as stabilizers of membranes and proteins [34].

243 Spray drying conditions were fixed so that the influence of wall materials on yeast cell
244 viability was evaluated. After drying, the population count was analyzed (Fig. 1). All
245 treatments maintained the population count at 10^9 CFU mL⁻¹. *S. cerevisiae* CCMA 0543 did
246 not obtain a significant difference between the treatment count after drying (Fig. 1a and 1b).
247 However, there was a significant difference between the wall materials with *T. delbrueckii*
248 CCMA 0684. Cell viability after drying was on average 2.2% higher for *T. delbrueckii*
249 CCMA 0684 microencapsulated only with 15% maltodextrin (Fig. 1c and 1d).

250 Powder yield and cell viability after spray drying were calculated (Table 1). There was no
251 significant difference in the powder yield, ranging from 32.11 to 33.97%. However, there was
252 a significant difference in cell viability between yeasts and the wall materials used. For
253 example, *S. cerevisiae* CCMA 0543 obtained a 3.1% higher cell viability using MD + SU
254 (97.10%). *T. delbrueckii* CCMA 0684 achieved 1.9% greater cell viability using only MD
255 (97.97%).

256 The cell viability after spray drying varied between 94.06 to 97.97%, which is considered
257 satisfactory (Table 1). The high cell viability after drying is correlated with the low
258 temperature of the outlet air of the equipment. In all treatments, this varied between 55 and 59
259 °C. The outlet air temperature indicates the high temperature that the cells may have been
260 exposed inside the dryer. Some studies have shown that the variation in the outlet temperature
261 between 40 to 60 °C produced a satisfactory survival rate after spray drying [46,47]. Yeast
262 cell components, such as DNA, RNA, proteins, and enzymes, can be negatively affected by
263 high temperatures (45-75°C). Furthermore, high temperatures may degrade essential cellular
264 structures such as the ribosome resulting in cell death [48,49].

265 Therefore, there was a significant difference between the yeasts in MD and MD + MA
266 wall materials. In both wall materials, the cell viability was higher with *T. delbrueckii* CCMA
267 0684 (Table 1). Thus, cell viability was 3.9% higher for MD and 1.8% for MD + MA, which
268 might have occurred due to the difference between yeast species and cell resistance during the
269 drying process.

270 The stress tolerance of microorganisms may vary from species to species [50]. For
271 example, [23] studied the physiological behavior of three non-*Saccharomyces* yeast strains
272 during drying and compared them with the *S. cerevisiae* strain. Regarding cell viability, *T.*
273 *delbrueckii* was also more resistant than *S. cerevisiae*. After the most drastic dehydration
274 kinetics, 73 and 25% of viable cells were observed for *T. delbrueckii* and *S. cerevisiae*,

275 respectively. The most significant accumulation of trehalose found in *T. delbrueckii* and *S.*
276 *cerevisiae* cells were 195 and 173 μg , respectively. The authors concluded that cell viability
277 may be associated with a greater amount of trehalose synthesized by cells.

278

279 **3.1 Characterization of wall materials and microcapsules**

280 The water activity, moisture, and hygroscopic of the wall materials were measured (Table
281 2). There was a significant difference in the result of all analyzes. Maltodextrin had the lowest
282 a_w (0.26), while maltose had the highest (0.38). The moisture content was higher for
283 maltodextrin (1.17%) and lower for sucrose (0.08%). There was no significant difference in
284 the hygroscopicity of maltose and sucrose wall materials. However, maltodextrin was
285 significantly more hygroscopic, with an increase of 96%.

286 The characterization of wall material is important so that it is possible to understand the
287 effectiveness of the thermal drying process and the storage period. The powders obtained after
288 yeast microencapsulation were also characterized (Table 1).

289 Water activity is essential in estimating stability during storage [51]. A_w ranged between
290 0.25 and 0.28 (Table 1). The value found was satisfactory since it is generally accepted that
291 the ideal stability is obtained between 0.2 and 0.3 [52]. There was a significant difference in
292 water activity between yeasts and wall materials. The microencapsulation of *S. cerevisiae*
293 CCMA 0543 showed lower a_w using MD and MD + SU, both with 0.25. *T. delbrueckii* CCMA
294 0684 showed lower a_w with MD (0.25). The water activity with the MD + SU and MD + MA
295 wall materials was significantly higher with *T. delbrueckii* CCMA 0684 (0.28). The addition
296 of 2% sucrose and 2% maltose may have contributed to the increase in water activity, since
297 maltose showed the highest water activity, followed by sucrose and maltodextrin (Table 2),
298 corroborating with the results obtained.

299 There was no significant difference in the moisture of the powders. These ranged from
300 0.59 to 0.65% (Table 1). The recommended value for powdered foods is a maximum of 4%,
301 corroborating with the data found in this study [53]. The characteristics of the drying air
302 strongly influence the water content of a powder. Besides, there is a correlation between
303 moisture content and a_w , thus significantly influencing powder storage. This affects stability,
304 influencing microbiological and physicochemical parameters such as non-enzymatic
305 browning, enzymatic activity, and cell viability [51].

306 There was a significant difference in hygroscopicity and water solubility between yeasts
307 and wall materials (Table 1). *S. cerevisiae* CCMA 0543 obtained less hygroscopicity with MD
308 (10.87 g 100 g⁻¹) and MD + SU (10.74 g 100 g⁻¹) and *T. delbrueckii* CCMA 0684 with MD
309 (4.8 g 100 g⁻¹). There was a significant difference between yeasts for all treatments.
310 Treatments with *S. cerevisiae* CCMA 0543 had hygroscopicity between 10.74 and 12.06 g
311 100 g⁻¹, while *T. delbrueckii* CCMA 0684 varied between 4.8 and 6.15 g 100 g⁻¹.

312 Thus, according to these results, it may be that the yeast species used has influenced the
313 hygroscopicity of the powders obtained. For example, a powder is considered non-
314 hygroscopic if the percentage of hygroscopicity is less than 10%, as was observed for *T.*
315 *delbrueckii* CCMA 0684, and slightly hygroscopic between 10.1 to 15%, as observed for *S.*
316 *cerevisiae* CCMA 0543. Non-hygroscopic powders are desirable because they allow
317 microcapsule stability and facilitate handling. Besides that, the absorption of water in a
318 powder is an important parameter for choosing appropriate packaging that will depend on the
319 composition of the powder and the particle size [51].

320 The solubility of the powders varied between 74.01 and 85.41% (Table 1). *S. cerevisiae*
321 CCMA 0543 obtained greater solubility with MD + MA (78.22%) and *T. delbrueckii* CCMA
322 0684 with MD + SU (84.54%) and MD + MA (85.41%). There was a significant difference in
323 results using MD + SU and MD + MA between yeasts. In both, the solubility was higher for

324 *T. delbrueckii* CCMA 0684, increasing 12.5% and 8.4%, respectively. Solubility is an
325 essential parameter in controlling the quality of powders that must be incorporated in the
326 aqueous phase [51], as is the case of these yeasts for later inoculation in coffee fruit
327 fermentation.

328 The size of the microcapsules ranged from 3.43 to 3.96 μm (Table 1). There was no
329 significant difference between treatments with *S. cerevisiae* CCMA 0543. The same data was
330 found by [7]. [32] also obtained a score of 3.47 μm for the microencapsulation of *S.*
331 *cerevisiae* var. *boulardii* with maltodextrin. However, there was a difference with *T.*
332 *delbrueckii* CCMA 0684, 7.5% lower with MD (3.43 μm). Adding 2% sucrose and 2%
333 maltose might increase the microcapsules' size due to the increase in the solids number. There
334 was also a significant difference between yeasts, with MD being 9.3% higher for *S. cerevisiae*
335 CCMA 0543 (3.78 μm) (Table 1). The size of yeast cells may influence the size of
336 microcapsules. According to [54], *Torulasporea* species have spherical to ellipsoidal cells that
337 are slightly smaller than *S. cerevisiae*, with dimensions of approximately 2-4 x 3-5 μm .

338 The size of the microparticles is an important characteristic because it affects physical and
339 functional properties such as solubility and hygroscopicity as these depend on the contact
340 surface. The size of the droplets mainly influences this during spraying and the viscosity of
341 the solution. Thus, the high spray pressure and low viscosity reduce the size of the particles
342 [51]. Also, as found in this study, smaller-sized particles are preferred in food formulations to
343 ensure product homogeneity [55].

344 The micrographs of the microencapsulated yeasts with the different wall materials can be
345 seen in Fig. 2. Regardless of yeast or wall material, all treatments presented irregular matrix
346 shapes and undefined shapes. Some microparticles are smooth, and others are deformed and
347 notched with concavities and varying sizes. These morphologies are characteristic of spray-
348 dried powders [3,30,39]. Surface imperfections may be related to a slow film formation

349 process during the drying of the atomized droplets [56]. The microcapsules showed no fissure
350 or rupture, which confirms good structural integrity. Besides, it can be observed that the
351 addition of 2% sucrose (Fig. 2b and 2e) and 2% maltose (Fig. 2c and 2f) were not enough to
352 influence the morphology of the microcapsules.

353

354 **3.2 Viability of microencapsulated cells during storage**

355 The viability of the microencapsulated powders of *S. cerevisiae* CCMA 0543 (Fig. 1a and
356 1b) and *T. delbrueckii* CCMA 0684 (Fig. 1c and 1d) were evaluated over six months. The
357 powders were stored at two different temperatures: refrigeration (7°C) and room (25°C).
358 There was variation in viability during storage at different temperatures for both yeasts.

359 The viability of *S. cerevisiae* CCMA 0543 stored at 25°C obtained a significant difference
360 between treatments after the second month of storage (Fig. 1a). The most significant viability
361 was with MD + MA as the wall material. This difference remained at 8.59×10^2 CFU mL⁻¹
362 until the sixth month. Viability with the other treatments was less than 10^2 CFU mL⁻¹. Thus,
363 on a logarithmic basis, at the end of six months and room temperature, the cell viability of *S.*
364 *cerevisiae* CCMA 0543 was 31.8% higher with MD + MA wall material.

365 The viability of *S. cerevisiae* CCMA 0543 stored at 7°C showed a significant difference
366 from the first month (Fig. 1b). This difference varied between treatments during the other
367 months of storage. At the end of the sixth month, the most significant viability was found with
368 MD + MA (2.51×10^7 CFU mL⁻¹) as the wall material, corroborating the results obtained at
369 25°C. The MD and MD + SU treatments obtained 4.31×10^6 CFU mL⁻¹.

370 Therefore, on a logarithmic basis, a 10.8% increase in cell viability of *S. cerevisiae*
371 CCMA 0543 was obtained after 6 months of storage in the presence of MD + MA. Thus,
372 maltose proved to be an important disaccharide in protecting against stress from *S. cerevisiae*
373 CCMA 0543 during the spray drying process, increasing cell viability. In addition,

374 disaccharides can retard the denaturation of proteins through hydrogen bonds, preserving cell
375 structure [35].

376 The cell count of *T. delbrueckii* CCMA 0684 stored at 25°C showed a significant
377 difference only in the fifth month for MD + MA (7.97×10^3 CFU mL⁻¹) (Fig 1c). However,
378 there was no difference between the three treatments in the sixth month. Viability ranged from
379 3.57×10^2 to 4.78×10^2 CFU mL⁻¹.

380 The viability of *T. delbrueckii* CCMA 0684 stored at 7°C showed a significant difference
381 with MD + SU (2.23×10^8 CFU mL⁻¹) (Fig. 1d). However, the most significant viability was
382 found in the sixth month using MD (2.64×10^7 CFU mL⁻¹) as the wall material. Thereby, on a
383 logarithmic basis, at the end of 6 months, *T. delbrueckii* CCMA 0684 microencapsulated with
384 MD obtained 13.5% greater cell viability.

385 At the end of six months, it was possible to observe a variation of approximately 10^5 CFU
386 mL⁻¹ between the two storage temperatures for both yeasts. The viability was around 10^2 CFU
387 mL⁻¹ at room temperature, while it was around 10^7 CFU mL⁻¹ at refrigeration temperature. So,
388 the rate of decrease in cell viability is related to the storage temperature. Lower temperatures
389 can prolong storage time without significant loss of cell viability [57]. Over time, the decrease
390 in cell viability occurs due to the natural degradation of macromolecules essential to life.
391 Lipids and proteins undergo oxidation and denaturation over a prolonged storage period [50].

392 Thus, the decrease in cell viability is related to microbial metabolism. For this reason, wall
393 materials are added to protect the cell from adverse conditions, such as temperature, oxygen,
394 and humidity, increasing the stability of the microcapsule during storage. That is why the
395 choice of wall material is so important [50,58].

396 Finally, it was observed that the best wall material for both yeasts at the end of six months
397 was different. As previously mentioned, *S. cerevisiae* CCMA 0543 obtained greater cell
398 viability using MD + MA as a wall material at both storage temperatures (7 and 25°C).

399 However, *T. delbrueckii* CCMA 0684 obtained a significant difference only in refrigeration
400 temperature (7°C), in which it obtained greater cell viability using only MD. Thus, the
401 addition of 2% maltose contributed to *S. cerevisiae's* viability throughout the microcapsules'
402 storage. Probably this disaccharide was able to replace the water molecules during the drying
403 process, delaying protein denaturation over time. Furthermore, in this drying process,
404 maltodextrin is a viable and economical alternative.

405 *S. cerevisiae* CCMA 0543 and *T. delbrueckii* CCMA 0684 belong to genera that are not
406 genetically close to each other [59,60]. Thus, it was expected to obtain different responses to
407 stress between the two strains evaluated. However, the phenomenon of yeast cells' adaptation
408 to stress is very complex. Thus, several responses occur during cell growth and dehydration.
409 For example, yeasts may accumulate compatible solutes, such as trehalose, by providing
410 stressful environments throughout biomass formation. This mechanism aims to survive a
411 possible period of stress, such as dehydration [23]. In addition, trehalose is associated with
412 several cell protection mechanisms such as stabilizing membranes through interaction with
413 hydrogen bonds and phospholipids, reducing lipid peroxidation, and antioxidant action [33].

414 Cell survival is the most significant parameter because the drying technique will be
415 helpful only if the microorganisms maintain their function and reproducibility. Consequently,
416 it is necessary to maintain essential cellular structures intact after drying and entirely
417 functional after rehydration. However, stress tolerance and cell viability during dehydration
418 are related to the physiological characteristics of each yeast strain [7,50,61].

419

420 **3.3 FTIR analysis**

421 FTIR was carried out to understand the characteristics of intermolecular interactions
422 between wall materials and encapsulated material. FTIR spectra ranged from -4000 to -400
423 cm^{-1} related to wall materials (see Figure 4a) and microencapsulated yeasts (see Figure 4b).

424 Once sucrose and maltose are disaccharides, both present a similar spectral region. The
425 first characteristic peak occurs in the spectral region -3750 to -3000 cm^{-1} correlated to
426 hydrogen bonds (O - H). The region between -1474 and -1199 cm^{-1} may represent the bending
427 modes of O - C - H, C - C - H, C - O - H. Bands between -1153 to -904 cm^{-1} regions are
428 assigned to C - O and C - C stretching modes. The spectral region between -900 and 750 cm^{-1}
429 corresponds to the anomeric region characteristic of the saccharides configuration [62,63].
430 Finally, it is known that absorption peaks at -994 cm^{-1} are characteristic of glycosidic links of
431 sucrose, while maltose has a pattern peak at 1032 cm^{-1} [64,65].

432 Regarding maltodextrin (Fig. 3a), the first characteristic peak occurs at the frequency -
433 3309 cm^{-1} due to hydrogen bonds (O - H), also observed in sucrose and maltose. In addition,
434 the spectra showed bands at -2911 cm^{-1} (elongation C - H); -1637 cm^{-1} (elongation C = O); -
435 1147 , -1078 , and -993 cm^{-1} (C - O elongation). The other spectra observed at -923 , -844 , -757 ,
436 -703 , and -570 cm^{-1} are correlated to vibrations of the pyranose ring skeleton of the
437 maltodextrin glucose monomers [66,67].

438 Concerning the treatments, it is possible to observe a pattern in FTIR spectra for all
439 studied treatments (Fig. 3b). All peaks present a similar footprint observed in maltodextrin
440 spectra, indicating that maltodextrin rules the FTIR spectra. It probably happened due to the
441 higher concentration of maltodextrin (15%) in comparison to maltose and sucrose (2%).

442 Therefore, PCA was applied to evaluate the variations in spectra between samples (Fig.
443 4). Scatter plots were used to interpret the differences and similarities between the samples, so
444 each significant component was characterized by the scale coefficient. Similar samples are
445 usually grouped about the components used.

446 The main components responded to 90.84 % of the total spectral variation in
447 microencapsulated powders, explained by PC1 and PC2 at 62.20 % and 28.64 %, respectively
448 (Fig. 4a). There were high correlations of spectra between samples: *S. cerevisiae* CCMA

449 0543+MD+SU and *T. delbrueckii* CCMA 0684+MD and between *S. cerevisiae* CCMA
450 0543+MD and *T. delbrueckii* CCMA 0684+MD+SU, probably because they are in the same
451 quadrant and there are acute angles between them.

452 However, the microencapsulated powders of both yeasts with MD + MA were the most
453 discrepant and, consequently, it was not possible to correlate with the other treatments (Fig.
454 4a). The discrepancy found might occurred due to differences in the intensity of some spectra
455 regions (Fig. 3a). This result was confirmed by the PCA loading graph (Fig. 4b and 4c),
456 which showed the relationship between the main component and the original variables.

457 According to the graph, it is possible to identify which variables are responsible for the
458 differences observed in the samples. The variable that has great amplitude, whether positive
459 or negative, is significant. PC1 (Fig. 4b) and PC2 (Fig. 4c) showed that the spectra regions
460 between -3580 and -2990 cm^{-1} and between -1170 and 925 cm^{-1} are responsible for the
461 differences between samples. Probable chemical groups present in these regions are hydrogen
462 bonds (O - H) and C - O elongation, respectively. The graph can confirm this result. In both
463 regions, the spectra of *S. cerevisiae* CCMA 0543 MD + MA and *T. delbrueckii* CCMA 0684
464 MD + MA showed greater and lesser intensity, respectively (Fig. 3a). Therefore, FTIR spectra
465 allowed to observe differences between samples.

466

467 **4. Conclusion**

468 Maltodextrin, maltose, and sucrose were evaluated as wall material for *S. cerevisiae*
469 CCMA 0543 and *T. delbrueckii* CCMA 0684. The yeasts responded differently to the
470 microencapsulation process since stress tolerance and cell viability during the drying process
471 are related to the physiological characteristics of each yeast strain. The best wall material for
472 microencapsulation of *S. cerevisiae* CCMA 0543 was 15% maltodextrin with 2% maltose,
473 and for *T. delbrueckii* CCMA 0684, it was 15% maltodextrin. Maltose proved to be an

474 essential wall material for cell protection of *S. cerevisiae* CCMA 0543 during the spray drying
475 process. In both processes, the best storage temperature for microencapsulated powders was
476 7°C. Therefore, the drying methodology used for *S. cerevisiae* CCMA 0543 and *T.*
477 *delbrueckii* CCMA 0684 may help formulate a product for use in coffee fermentation and the
478 production of specialty coffees. Processing parameters should be optimized to improve the
479 cell viability of epiphytic coffee yeasts at room temperature.

480

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485

486 **Author contribution**

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502

503 **Data Availability**

504 Data will be made available on reasonable request.

505

506 **Declarations**

507 **Conflict of Interest**

508 The authors declare no competing interests.

509

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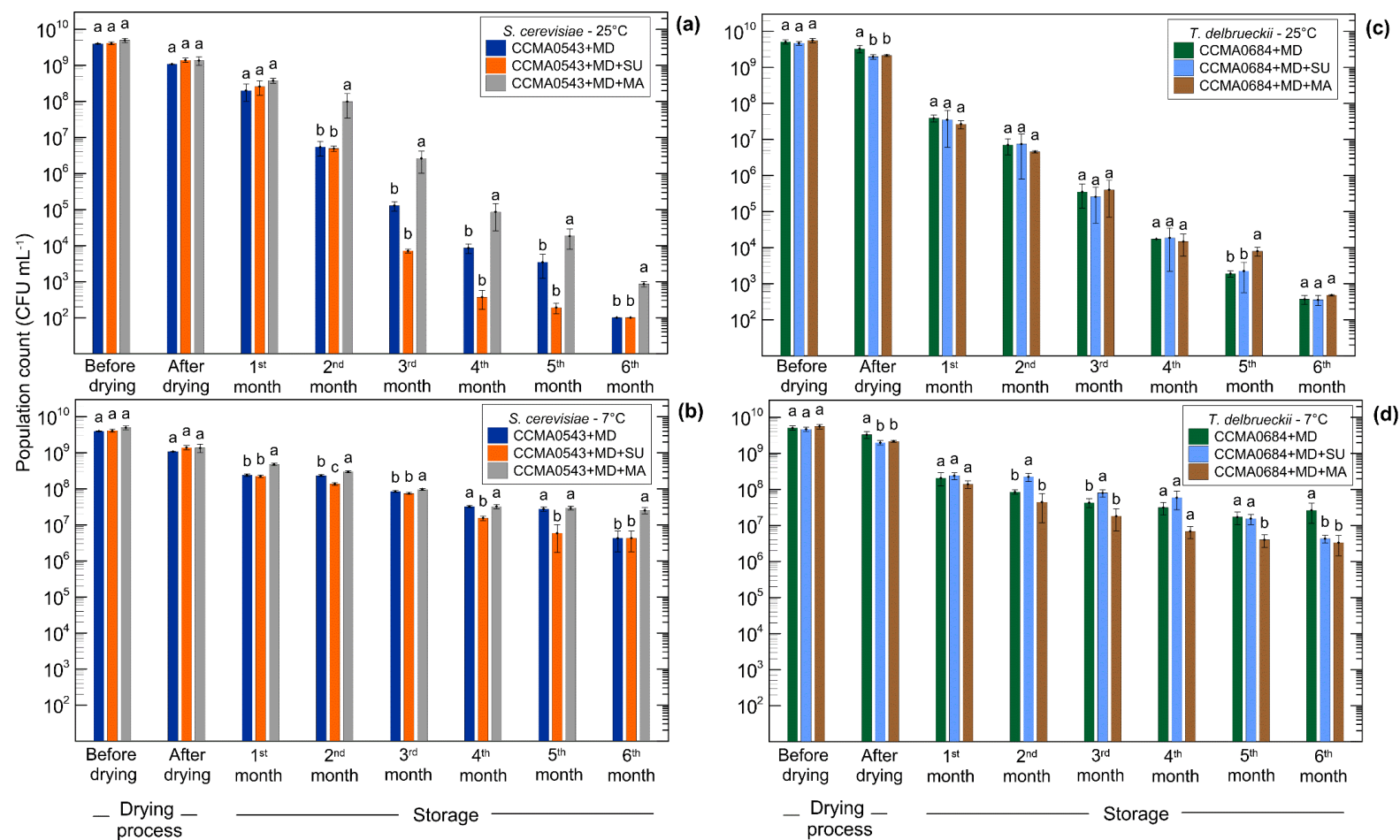
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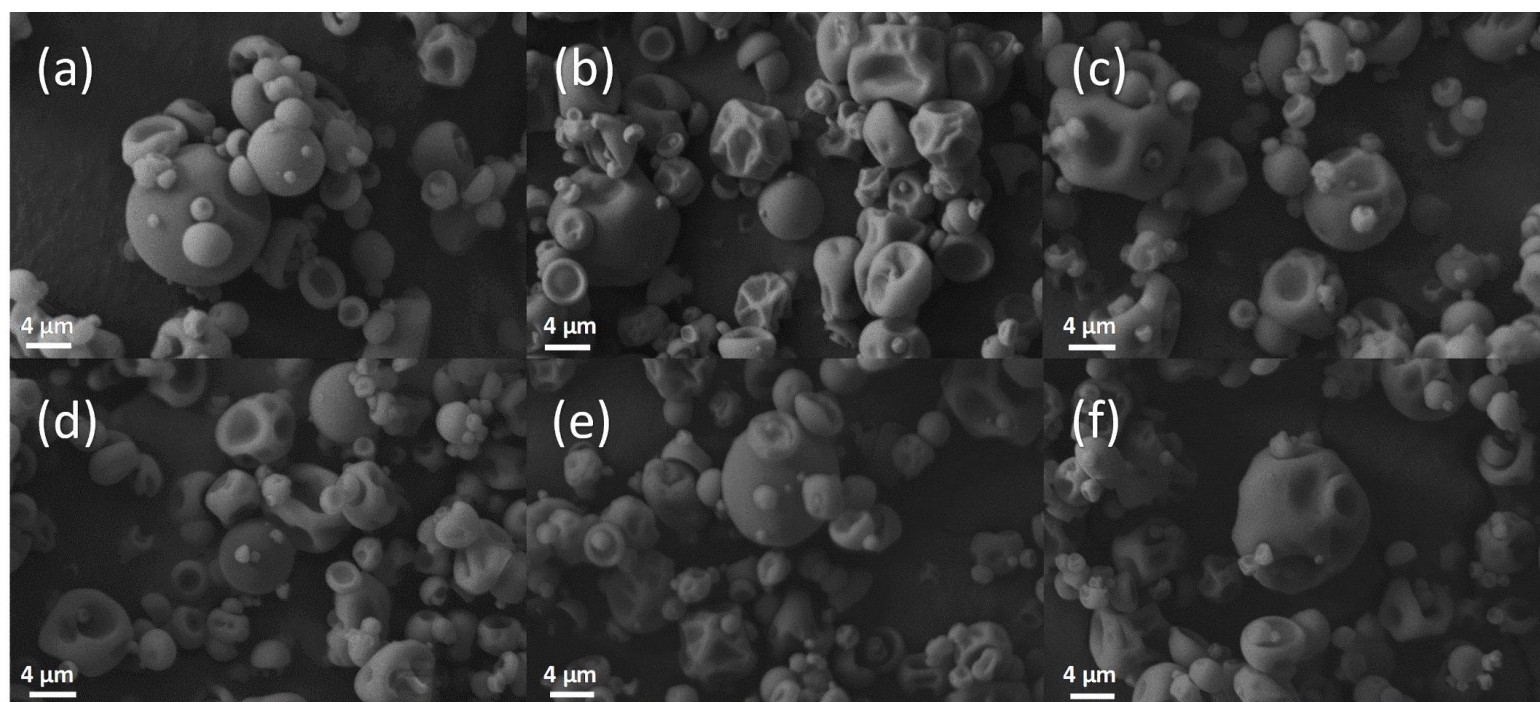
733 **Figure Captions**734 **Fig. 1** Viability of microencapsulated *S. cerevisiae* CCMA 0543 (a,b) and *T. delbrueckii* CCMA 0684 (c,d) during drying

735 and storage at 25°C (a,c) and 7°C (b,d)



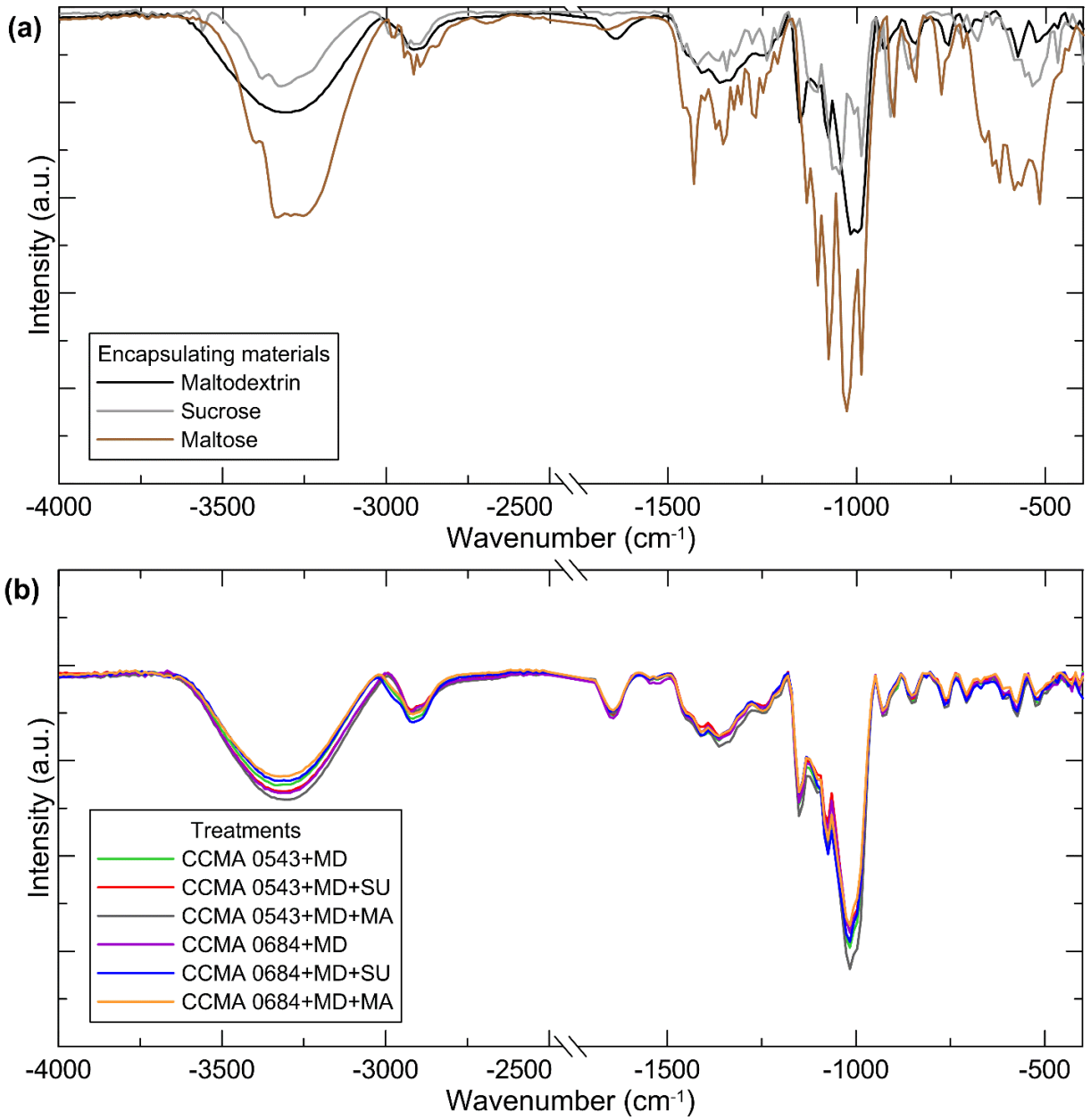
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737 **Fig. 2** Scanning electron microscope of: (a) *S. cerevisiae* CCMA 0543+MD, (b) *S. cerevisiae* CCMA 0543+MD+SU, (c)
738 *S. cerevisiae* CCMA 0543+MD+MA, (d) *T. delbrueckii* CCMA 0684+MD, (e) *T. delbrueckii* CCMA 0684+MD+SU and
739 (f) *T. delbrueckii* CCMA 0684+MD+MA. MD: maltodextrin; MA: maltose, and SU: sucrose



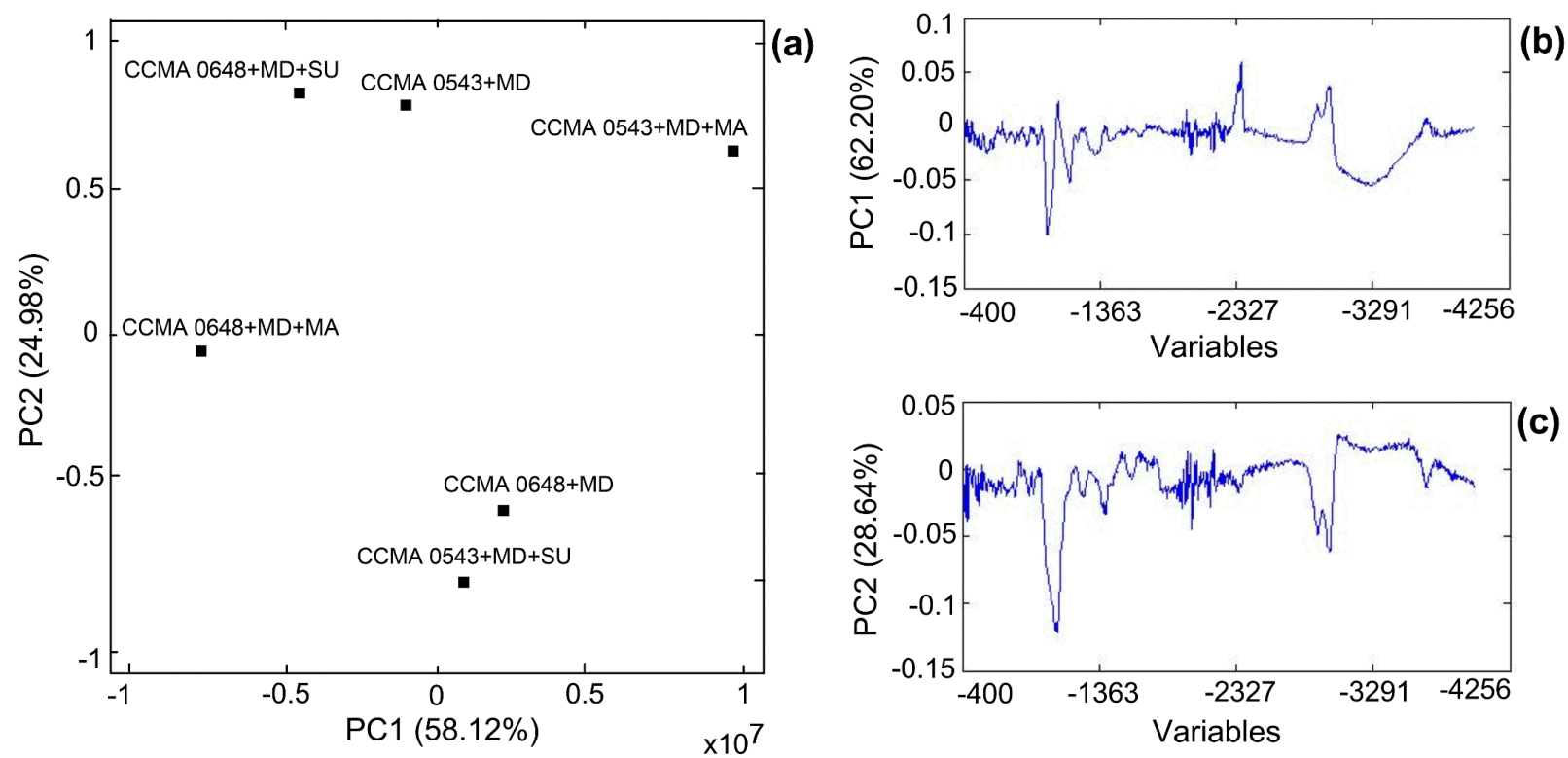
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741 **Fig. 3** FTIR spectra of encapsulation materials (a) and treatments (b)



743 **Fig. 4** Score plot for the first two PCs of microencapsulation cells (a) and FTIR variables loading of a PC1 (b) and PC2

744 (c)



745

746 **Tables**

747 **Table 1.** Characterization of the powders obtained after drying the yeasts by spray drying
 748 with different encapsulating materials.

Characterization after spray drying	Yeasts	Wall materials		
		15% MD ^a	15% MD + 2% SU ^b	15% MD + 2% MA ^c
Powder yield (%)	<i>S. cerevisiae</i> CCMA 0543	33.51aA	33.97aA	33.59aA
	<i>T. delbrueckii</i> CCMA 0684	33.86aA	33.68aA	32.11aA
Cell viability after spray drying (%)	<i>S. cerevisiae</i> CCMA 0543	94.10aB	97.10aA	94.06bB
	<i>T. delbrueckii</i> CCMA 0684	97.97bA	96.11aB	95.76aB
Water activity	<i>S. cerevisiae</i> CCMA 0543	0.25aA	0.25aA	0.27aB
	<i>T. delbrueckii</i> CCMA 0684	0.25aA	0.28bB	0.27aB
Moisture content (%)	<i>S. cerevisiae</i> CCMA 0543	0.61aA	0.59aA	0.62aA
	<i>T. delbrueckii</i> CCMA 0684	0.65aA	0.63aA	0.61aA
Hygroscopicity (g 100 g ⁻¹)	<i>S. cerevisiae</i> CCMA 0543	10.87bA	10.74bA	12.06bB
	<i>T. delbrueckii</i> CCMA 0684	4.8aA	7.11aB	6.15aB
Water solubility (%)	<i>S. cerevisiae</i> CCMA 0543	74.09aB	74.01bB	78.22bA
	<i>T. delbrueckii</i> CCMA 0684	75.94aB	84.54aA	85.41aA
Particle size D ₅₀ (µm)	<i>S. cerevisiae</i> CCMA 0543	3.78bA	3.94aA	3.96aA
	<i>T. delbrueckii</i> CCMA 0684	3.43aA	3.87aB	3.71aB

749 Data are presented as mean. a–b for each column, mean values with different lowercase letters
 750 are significant at $p < 0.05$ by Scott–Knott test. A–B For each row, mean values with different
 751 capital letters are significant at $p < 0.05$ by Scott–Knott test.

752 ^aMaltodextrin

753 ^bSucrose

754 ^cMaltose

755

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761

762 **Table 2.** Characterization of wall materials.

Wall materials	Water activity	Moisture content (%)	Hygroscopicity (g 100 g ⁻¹)
Maltodextrin	0.26a	1.17c	8.82b
Sucrose	0.30b	0.08a	0.32a
Maltose	0.38c	1.04b	0.19a

763 Data are presented as mean. a–c for each column, mean values with different letters are
764 significant at $p < 0.05$ by Scott–Knott test.

28 **ABSTRACT**

29 The storage of microorganisms in liquid form is presented as the main drawback for the
30 commercialization of epiphytic coffee yeasts. The objective of this work was to evaluate the
31 fermentative performance of microencapsulated yeasts by spray drying in a coffee peel and
32 pulp media (CPM). The yeasts, *Saccharomyces cerevisiae* CCMA 0543, *Torulaspota*
33 *delbrueckii* CCMA 0684, and *Meyerozyma caribbica* CCMA 1738, were microencapsulated
34 using maltodextrin DE10 (MD), high maltose (MA), and whey powder (WP) as wall
35 materials. A Central Composite Rotational Design (CCRD) was used to investigate the effect
36 of operating parameters on cell viability, drying yield, and water activity of the
37 microcapsules. Yeasts reached cell viability and drying yields above 90 and 50%,
38 respectively. WP maintained the cell viability of the three yeasts over 90 days of storage at
39 room temperature (25 °C) and was selected as a wall material for the three yeasts. *M.*
40 *caribbica* showed to be more sensitive to the spray drying process and less resistant to
41 storage. Some differences were found in the fermentation of the CPM medium, but the
42 microencapsulated yeasts maintained their biotechnological characteristics. Therefore, the
43 microencapsulation of epiphytic coffee yeasts by spray drying was promising to be used in the
44 coffee fermentation process.

45

46 **Keywords:** Starter culture; Coffee fermentation; CCRD; Whey powder; Active dry yeast

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53 1. Introduction

54 *Saccharomyces cerevisiae*, *Torulaspora delbrueckii*, *Pichia kluyveri*, *Pichia kudriavzevii*,
55 *Candida parapsilosis*, *Meyerozyma caribbica*, and *Hanseniaspora uvarum* are used as starter
56 cultures in coffee fermentation and have shown promising results (Bressani et al., 2021; da
57 Silva et al., 2021; Elhalis et al., 2021; Shankar et al., 2022). The yeasts inoculated in the
58 coffee fermentation are grown in a specific culture medium until reaching the appropriate cell
59 concentration (Evangelista et al., 2014). However, the microorganism's storage in liquid form
60 is not indicated in the long term, as the cells lose viability. The main problems associated with
61 the commercialization of fresh yeasts are shelf life, risk of contamination, transportation, and
62 refrigerated storage costs (Márquez-Montes et al., 2007; Tan et al., 2018).

63 Thus, the drying process may be used for the long-term preservation of epiphytic coffee
64 yeasts, contributing to transport, storage, reducing odor, and the possibilities of contamination
65 (Tan et al., 2018). Due to these advantages, active dry yeasts can be applied in several areas of
66 biotechnology, and some yeasts are commercially available, such as *Saccharomyces*
67 *cerevisiae*, *Torulaspora delbrueckii*, *Metschnikowia pulcherrima*, *Lachancea thermotolerans*,
68 *Metschnikowia fructicola*, and *Pichia kluyveri* (Hansen, 2022; Laffort, 2022; Lallemand,
69 2022).

70 There are different methods for microorganism drying, such as freeze-drying, spray
71 drying, and fluidized bed, but some may be more suitable depending on the purpose
72 (Frakolaki et al., 2021; Tan et al., 2018). Spray drying is a unit operation by which a liquid
73 product is atomized in a hot gas current to obtain a powder instantaneously. This technique
74 can be used continuously and quickly, allowing high production rates with low operating
75 costs. Furthermore, it allows modifying drying parameters such as inlet and outlet
76 temperature, feed rate, atomization air pressure, and residence time within the dryer chamber
77 (Gharsallaoui et al., 2007; Martín et al., 2015).

78 However, the disadvantage is the high temperature used, which may affect the cell
79 viability of the yeast. For example, DNA, RNA, proteins, and enzymes are some heat-
80 sensitive cellular components. Based on that, an alternative to reduce cell impact is
81 microencapsulation, in which drying conditions and wall material can be optimized to achieve
82 maximum cell survival (Fu and Chen, 2011; Liu et al., 2019; Martín et al., 2015). Another
83 advantage is that microencapsulated cells may be protected from factors such as moisture and
84 heat, increasing stability and maintaining viability throughout storage. Regarding this, the
85 choice of wall material has a significant influence on the properties of the encapsulated
86 material and the efficiency of the process (Gharsallaoui et al., 2007).

87 Thus, our group isolated and identified three potential yeasts starter to coffee
88 fermentation: *Saccharomyces cerevisiae* CCMA 0543, *Torulaspora delbrueckii* CCMA 0684,
89 and *Meyerozyma caribbica* CCMA 1738 (Bressani et al., 2021; Da Mota et al., 2020; da Silva
90 et al., 2021). However, microorganisms' storage in liquid form has presented as the main
91 drawback for the commercialization of these starter cultures. That said, spray drying is widely
92 used in the food industry to dry liquid foods and has shown the potential to dry
93 microorganisms. The drying efficiency and the low cost of the process make the product
94 accessible for commercialization. However, the process condition and wall material must be
95 optimized for each strain. Based on that, the objective of this work was to evaluate the effect
96 of operating parameters in the drying process using different wall materials to obtain
97 microencapsulated yeasts.

98

99 **2. Material and methods**

100 **2.1 Microorganisms**

101 Yeasts previously isolated from coffee fruits were used in this study. *Saccharomyces*
102 *cerevisiae* CCMA 0543 and *Torulaspora delbrueckii* CCMA 0684 were isolated from *Coffea*

103 *arabica* (Silva et al., 2000; Vilela et al., 2010), while *Meyerozyma caribbica* CCMA 1738
104 was isolated from *Coffea canephora* (Pereira et al., 2021). These strains belong to the Culture
105 Collection of Agricultural Microbiology (CCMA, Federal University of Lavras, Lavras,
106 Minas Gerais, Brazil). The isolates, stored at -80 °C, were reactivated and grown in molasses
107 liquid medium [in g/L: molasses 137.5 (ECL Eireli – supplier *Mellaço de Cana*), calcium
108 chloride 1.1 (Dinâmica), urea 2 (Ambion), Polysorbate 80 0.5 (Dinâmica) and pH 3.5] until
109 reached a 10⁸ CFU/mL. The yeasts were incubated at 28 °C for 48 h in an orbital shaker set at
110 120 rpm at each growth stage. At the end of growth, the yeasts reach the stationary phase. The
111 cells were recovered by centrifugation (7000 ×g; 10 min) and resuspended in sterile water to a
112 concentration of 10⁹ CFU/mL.

113

114 **2.2 Microencapsulation by spray drying**

115 **2.2.1 Preparation of the solution**

116 Three different wall materials were studied and analyzed separately for each yeast:
117 maltodextrin DE10 (MD) (Ingredion, Brazil), high maltose (MA) (Ingredion, Brazil), and
118 whey powder (WP) (*Jaciara Indústria e Comércio*, Brazil). First, the wall materials were
119 diluted in water, and the concentrations used were detailed in the topic (2.2.2). The MD and
120 MA solutions were autoclaved at 121 °C for 15 min. The solutions with WP were pasteurized
121 at 75 °C for 30 min, followed by rapid cooling (Andrade et al., 2019). Then, the yeasts were
122 added separately at a 10⁸ CFU/mL concentration. Finally, the feed solutions (300 mL) were
123 mixed for 5 min with a magnetic stirrer for homogenization.

124

125 **2.2.2 Experimental design**

126 *Saccharomyces cerevisiae* CCMA 0543, *Torulaspora delbrueckii* CCMA 0684, and
127 *Meyerozyma caribbica* CCMA 1738 were microencapsulated using a more extensive scale
128 spray dryer (model SD 5.0; Labmaq do Brasil, Ribeirão Preto, Brazil). In all experiments, a

129 feed rate of 1.5 L/h, drying airflow of 1.5×10^5 L/h, and atomization air flow rate of 60 L/h
130 were used. These parameters were found in preliminary tests (data not shown). The most
131 critical variables investigated in the microencapsulation process were the wall material
132 concentration and drying air inlet temperature using the Central Composite Rotational Design
133 (CCRD), with three replicas at the central point, totaling 11 treatments for each yeast and wall
134 material. The response variables were cell viability, drying yield, and water activity of the
135 microcapsules. The ranges of variation between the lower and upper limits for the
136 independent variables were determined according to preliminary tests and other studies
137 described in the literature (Braga et al., 2019; Huang et al., 2017; Vanden Braber et al., 2020).
138 Supplementary material: Table S1 shows the complete CCRD in which the levels used for
139 wall material concentration ranged from 17.93 to 32.07% and the air inlet temperature from
140 61.70 to 118.28 °C.

141

142 **2.3 Cell viability, drying yield, and water activity**

143 After drying, the viability of microencapsulated cells was performed. Sample powder (1
144 g) was hydrated in 9 mL of peptone water [in g/L: peptone 1 (Himedia)] for 30 min and
145 vortexed to obtain a homogeneous suspension (Chandralekha et al., 2016). The quantification
146 of microorganisms was performed with serial dilution, followed by micro-drop plating on
147 YEPG culture medium pH 3.5 [in g/L: yeast extract 10 (Himedia), glucose 20 (Dinamica),
148 peptone 20 (Himedia), and agar 20 (Himedia)], incubated at 28 °C for 48 h. The experiment
149 was carried out in triplicate. Then, the cell viability of microencapsulated yeasts (%) was
150 calculated from the number of viable cells (CFU/mL of wet material) in the powder by the
151 number of viable cells (CFU/mL) in the initial suspensions (Vanden Braber et al., 2020). The
152 drying process yield (% w/w) was calculated according to Eq. (1):

$$153 \quad \text{Drying yield (\%)} = [W_p (1 - X_{w, \text{powder}}) / T_s] \times 100 \quad (1)$$

154 where W_p is the weight of the powder collected after drying, $X_{w,powder}$ is the fraction of
155 water present in the powder and T_s is the total dry solids of the feed (Chandrasekha et al.,
156 2016). The water activities (a_w) were measured using a water activity meter (Aqualab 4TE,
157 Decagon Devices, Pullman, Washington, USA).

158

159 **2.4 Process optimization and experimental validation**

160 The region with the highest cell viability and drying yield for each yeast was obtained by
161 the response surface methodology described by Box et al. (1978) based on CCRD data. Then,
162 the model equations were obtained, which are presented as contour curves in Figure 1. The
163 criteria to be achieved by optimizing the processes were: high microorganism viability, the
164 low water activity of microencapsulated powders, and high drying yield. Thus, system
165 responses were optimized simultaneously within the values studied, and cell viability
166 responses were analyzed, considering the maximum water activity of 0.22 (Esftathiou et al.,
167 2002).

168 For model validation, the drying of each yeast with the best parameters found for wall
169 material concentration and drying air inlet temperature was performed.

170

171 **2.5 Characterization of microcapsules**

172 The moisture content of the feed solutions, wall material, and powder was determined by
173 the gravimetric method (AOAC, 2005). Approximately 3 g of the sample was weighed in
174 porcelain capsules of known mass. The capsules were carried to the oven at 105 °C until
175 constant weight. Moisture content was expressed as a percentage of the initial weight. The
176 hygroscopicity of the wall materials and microcapsules was performed according to Braga et
177 al. (2019). Samples (0.3 g) were placed in Petri dishes and stored in a desiccator with no silica
178 at 25 °C, containing a saturated sodium chloride solution. After one week, the hygroscopicity

179 was weighed and expressed as g of water absorbed by the sample per 100 g dry solids. The
180 water solubility of the wall materials and microcapsules were characterized according to
181 Cano-Chauca et al. (2005). Samples (0.5 g) were placed in flasks containing 50 mL of
182 distilled water and homogenized in an orbital shaker at 100 rpm for 30 minutes at room
183 temperature. Then, the solution was centrifuged at 3500 rpm for 5 minutes. The supernatant
184 was transferred to a porcelain capsule of a known weight. Then, it was placed in an oven at
185 105 °C until constant weight. The morphology of microcapsules was evaluated using a
186 scanning electron microscope (SEM) (model Jeol JSM 6360 LV) with an acceleration voltage
187 of 20 kV. A secondary electron detector was used. The analysis was carried out at a high
188 vacuum and without tilt application. The microcapsules were mounted on aluminum bases
189 adhered by double-sided carbon adhesive tape. Then they were coated with gold (3nm) with a
190 vacuum spray applicator (Andrade et al., 2019). The size of the microcapsules was evaluated
191 with the ImageJ 2014 software (Rasban, National Institute of Health, USA) (Vanden Braber et
192 al., 2020). The diameter of 300 particles of each treatment was measured.

193

194 **2.6 Viability of microencapsulated cells during storage**

195 The viability of the starter cultures, *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA
196 0684, and *M. caribbica* CCMA 1738, was monitored every 15 days during three months of
197 storage at 7 and 25 °C. The powders were stored in 250 g packages made of polyester,
198 metallization, and polyethylene. Then they were vacuum-packed. The resulting powder was
199 divided so that each package was opened only once. The cell viability was performed
200 according to topic 2.3.

201

202 **2.7 Application of microencapsulated yeasts in the fermentative process**

203 The yeast fermentation was carried out in a culture medium containing coffee peel and
204 pulp (CPM), according to Ribeiro et al. (2020), with modifications. For *S. cerevisiae* CCMA
205 0543 and *T. delbrueckii*, CCMA 0684 was used, *Coffea arabica*, and for *M. caribbica*,
206 CCMA 1738 was used *Coffea canephora*. For the preparation of CPM medium, 200 g of
207 coffee peel and pulp were added to 1 L of distilled water. Then, they were homogenized in a
208 blender for 5 minutes, filtered, and 15 g of glucose and 15 g of fructose were added. The
209 initial pH was adjusted to 5.5 with HCl (0.1 M). The medium was sterilized at 121 °C for 15
210 min. The treatments performed were *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA 0684
211 and *M. caribbica* CCMA 1738 fresh, and *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA
212 0684, and *M. caribbica* CCMA 1738 microencapsulated with WP. All yeasts were inoculated
213 separately. Fresh yeasts were grown to 10^8 cells/mL in YEPG. Subsequently, the cells were
214 centrifuged and resuspended in a CPM medium. Microencapsulated yeasts (10^8 cells/mL)
215 were reactivated in a CPM medium at 40 °C for 30 min. The inoculum (10^7 cells/mL) was
216 transferred separately to flasks containing CPM medium (200 mL) and kept at 28 °C for 48 h.
217 For chemical and microbiological analysis, samples were collected at 0, 24, and 48 h of
218 fermentation. The fermentations were carried out in triplicate.

219

220 **2.8 Analysis of sugars, alcohol, and organic acids using high-performance liquid** 221 **chromatography (HPLC)**

222 Sugars, alcohol, and organic acids were analyzed. The samples were evaluated at the
223 initial (0 h) and the end of the fermentation process (48 h). Samples of fermented coffee
224 medium were centrifuged ($12,745 \times g$ at 4 °C for 10 min). For acid analysis, the perchloric
225 acid solution was used to adjust the supernatant pH to 2.11 and then re-centrifuged under the
226 same conditions. The supernatant was filtered through a 0.22 μm cellulose acetate membrane.
227 The filtered extract was stored at -18 °C until analysis (Ribeiro et al., 2020). The extracts

228 were analyzed using an HPLC system (Shimadzu) according to Da Mota et al. (2020). A
229 Shim-pack SCR-101H (7.9 mm x 30 cm) column was used for acids with a 100 mM
230 perchloric acid solution as the mobile phase and a flow rate of 0.6 mL/min. A Shim-pack
231 SCR-101C (7.9 mm x 30 cm) column was used for sugars and alcohols with ultra-pure water
232 as the mobile phase and a flow rate of 0.5 mL/min. The oven temperature was maintained at
233 50°C for analysis of the acids, detected with a UV detector at 210 nm, and at 80°C for
234 analysis of the sugars and alcohols, detected with a refractive index detector. The compounds
235 quantification was performed using calibration curves constructed with different
236 concentrations of standard compounds [malic and citric acids were purchased from Merck
237 (Darmstadt, Germany), sucrose, glucose, fructose, alcohol, and lactic, acetic, succinic, and
238 tartaric acids were purchased from Sigma-Aldrich (Saint Louis, MO, United States), butyric
239 acid were purchased from Riedel-deHaen (Seelze, Germany)]. All analyses were performed in
240 triplicate (Evangelista et al., 2014).

241

242 **2.9 Specific growth rate and generation time**

243 Fresh and microencapsulated yeasts' specific growth rate and generation time were
244 evaluated in a CPM medium. First, fresh yeasts were grown in YEPG, centrifuged, and
245 resuspended in a CPM medium. Microencapsulated yeasts were reactivated in a CPM medium
246 at 40 °C for 30 min. Then, the yeasts (10^4 CFU/mL) were added separately in a CPM medium
247 (200 mL) and incubated at 28 °C. Samples were taken every 1.5 hours during nine hours for
248 cell counting by micro-drop plating, as already mentioned. The experiment was carried out in
249 triplicate. The specific growth rate was obtained according to the regression equation between
250 population count (CFU/mL) and time (h). The generation time was calculated according to
251 Eq. (2):

252

$$G = \ln 2 / \mu \quad (2)$$

253 where G is the generation time of each yeast and μ is the specific growth rate (Zhu et al.,
254 2012).

255

256 **2.10 Statistical analysis**

257 The viability of the optimized powders during storage, the wall materials and
258 microcapsules characterization, growth rate, generation time, and the concentrations of
259 carbohydrates and organic acids were evaluated by variance analysis (ANOVA). Scott-Knott
260 test was used to compare means with a 5% significance level.

261

262 **3. Results and discussion**

263 **3.1 Optimization of drying process conditions**

264 The simultaneous effect of drying air inlet temperature and wall material concentration on
265 the cell viability of *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA 0684, and *M. caribbica*
266 CCMA 1738, water activity, and drying yield were evaluated using the CCRD
267 (Supplementary material: Table S1). The cell viability of the encapsulated yeasts ranged from
268 28.18% to 96.15%, while the a_w ranged from 0.05 to 0.37 and the drying yield ranged from
269 30.84 to 63.52%.

270 The highest cell viability achieved by microencapsulated *S. cerevisiae* CCMA 0543 with
271 MD, MA, and WP wall materials was 87.81% (treatment 3), 93.71% (treatment 1), and
272 95.68% (treatment 7), respectively. Conversely, the lowest a_w with MD, MA, and WP was
273 0.11 (treatment 2), 0.13 (treatment 4), and 0.14 (treatments 4 and 8), and the highest drying
274 yield was 60.46% (treatment 3), 63.52% (treatment 3), and 57.67 (treatment 6), respectively
275 (Supplementary material: Table S1).

276 Regarding microencapsulated *T. delbrueckii* CCMA 0684, the highest cell viability
277 achieved with MD, MA, and WP was 85.76% (treatment 7), 93.63% (treatment 7), and

278 96.15% (treatment 3), respectively. On the contrary, the lowest a_w with MD, MA, and WP
279 was 0.10 (treatments 10 and 11), 0.05 (treatment 8), and 0.18 (treatment 4), and the highest
280 drying yield was 61.89 (treatment 6), 57.17 (treatment 6), 58.49 (treatment 3), respectively
281 (Supplementary material: Table S1).

282 On the other hand, the highest cell viability achieved by microencapsulated *M. caribbica*
283 CCMA 1738 with MD, MA, and WP was 59.05% (treatment 7), 94.60% (treatment 7), and
284 86.58% (treatment 7), respectively. Conversely, the lowest a_w with MD, MA, and WP was
285 0.07 (treatment 8), 0.11 (treatment 4), and 0.14 (treatment 8), and the highest drying yield was
286 60.72 (treatment 6), 59.79 (treatment 3), 61.27 (treatment 3), respectively (Supplementary
287 material: Table S1).

288 The contour curves were constructed with the results of cell viability, a_w , and drying yield
289 obtained in the CCRD experiments and are essential to selecting the operating regions with
290 the best results (Fig. 1). Cell viability and a_w of microencapsulated yeasts decreased with
291 increasing inlet temperature of drying air. As the temperature increases, cell death will
292 increase due to thermal inactivation and rapid cell dehydration (Aguirre-Güitrón et al., 2018).
293 Temperature-sensitive components include DNA, RNA, proteins, membranes, and ribosomes.
294 In addition, dehydration stress causes osmotic and oxidative stresses, mainly affecting the
295 cytoplasmic membrane (Garre et al., 2010). On the other hand, the drying yield increased with
296 the increasing concentration of wall materials, probably due to the increase in solids
297 concentration in the solution (Fig. 1).

298 The region marked in red in Figure 1 is higher cell viability and drying yield with water
299 activity at a maximum of 0.22. This region was obtained for each yeast and wall material in
300 the conditions studied. A_w influences microbiological and physicochemical parameters such
301 as cell viability, enzymatic activity, and non-enzymatic browning. Consequently, a_w is an
302 important parameter as it significantly influences the stability of the powder and cells during

303 storage (Schuck et al., 2012). It is generally accepted that optimal stability is achieved with a_w
304 between 0.2 and 0.3. Based on this, a_w was set to 0.22 (Esftathiou et al., 2002).

305 The region for *S. cerevisiae* +MD was obtained with 97.80% of the maximum point of cell
306 viability and drying yield (Fig. 1A1). The region includes drying air inlet temperature and
307 wall material concentration from 71.22 to 77.50 °C and 31.62 to 32.07%, respectively.
308 Results validation was performed at 71 °C and 32.05%. The *S. cerevisiae* + MA region was
309 obtained with 93.40% and ranged from 84.58 to 85.20 °C and 29.34 from 29.68% (Fig. 1A2).
310 The validation was performed at 85 °C and 29.51%. The *S. cerevisiae* + WP region was
311 obtained with 96.40% and ranged from 86.67 to 87.01 °C and 27.78 to 28.06% (Fig. 1A3).
312 The validation was performed at 87 °C and 27.92%.

313 Concerning *T. delbrueckii* + MD, the region was obtained with 85.20% of the maximum
314 point of cell viability and drying yield (Fig. 1B1). The region includes drying air inlet
315 temperature and wall material concentration from 82.65 to 84.69 °C and 30.26 to 30.31%,
316 respectively. Results validation was performed at 83 °C and 30.30%. The region for *T.*
317 *delbrueckii* + MA was obtained at 97.00% and ranged from 74.84 to 75.69 °C and 27.93 to
318 28.65% (Fig. 1B2). The validation was performed at 75 °C and 28.30%. The *T. delbrueckii* +
319 WP region was obtained with 93.80% and ranged from 88.54 to 89.45 °C and 31.83 to
320 32.06% (Fig. 1B3). The validation was performed at 88 °C and 32.06%.

321 Finally, the region for *M. caribbica* + MD was obtained with 94.60% of the maximum
322 point of cell viability and drying yield (Fig. 1C1). The region includes drying air inlet
323 temperature and wall material concentration from 61.7 to 61.81 °C and 29.01 to 29.38%,
324 respectively. The validation was performed at 62 °C and 29.2%. The region for *M. caribbica*
325 + MA was obtained with 88.20% and ranged from 84.64 to 85.09 °C and 21.54 to 23.41%
326 (Fig. 1C2). Results validation was performed at 85 °C and 22.47%. The region for *M.*

327 *caribbica* + WP was obtained with 92.80% and ranged from 82.88 to 83.45 °C and 30.40 to
328 30.54% (Fig. 1C3). The validation was performed at 83 °C and 30.47%.

329 The experimental results were similar to the model, indicating that the models represent
330 microencapsulation of the three epiphytic coffee yeasts by spray drying using MD, MA, or
331 WP as wall materials (Table 1). After drying the optimal points, cell viability above 90% was
332 achieved, showing promising results. Total solids contents between 20 and 30% were reported
333 in the literature as ideal to ensure high cell viability (Huang et al., 2017), corroborating the
334 results obtained in this study. The drying air outlet temperature ranged between 45 and 68 °C,
335 and this parameter also has an impact on cell viability. The drying yields obtained were above
336 50% (Table 1). This parameter is important because it shows the productivity of the drying
337 process, being an essential factor for the industry due to the cost-effectiveness (Huang et al.,
338 2017).

339 The cell viability of *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA 0684 and *M.*
340 *caribbica* CCMA 1738 achieved 94% (with WP), 96.58% (with MA), and 76.56% (with WP),
341 respectively. *M. caribbica* showed to be more sensitive to the spray drying process. These
342 differences occur because microorganisms' tolerance and stress response vary between species
343 and strains (Fu and Chen, 2011). Torrellas et al. (2020) evaluated the cell viability of eight
344 non-*Saccharomyces* wine species after the drying process. *M. pulcherrima*, *M.*
345 *fructicola*, and *S. bacillaris* showed cell viability above 80% and high catalase activity and
346 glutathione levels. On the other hand, *K. wickerhamii* (23.18%) and *H. vineae* (1.83%)
347 showed low viability and low concentration of trehalose, which may explain the worse
348 performance. Enzymatic activities (catalase, superoxide dismutase, and glutathione reductase)
349 and protective molecules (trehalose and glutathione) are the primary defense mechanisms that
350 help to maintain redox balance or eliminate reactive oxygen species (Herrero et al., 2008).

351 During yeast dehydration and rehydration, essential structural and functional changes
352 occur in virtually all organelles and cellular components. Therefore, mechanical, structural,
353 and oxidative restrictions can cause cell death (Rapoport, 2019). A strategy used to improve
354 cell protection is the addition of specific components that have protective properties (Huang et
355 al., 2017), such as maltose, maltodextrin, and whey powder used in this work.

356 High maltose, maltodextrin, and whey powder proved to be efficient for drying the
357 epiphytic coffee yeasts, probably due to the stabilization of parts of the cell membrane,
358 resulting in greater viability (Aguirre-Güitrón et al., 2018). However, MD proved to be the
359 wall material with the lowest cell protection since the cell viability of the three yeasts was
360 lower than with MA and WP (Table 1). This comparison is necessary because cell survival is
361 the most crucial parameter since the drying technique will only be helpful if the
362 microorganisms maintain their function and reproducibility (Tan et al., 2018).

363

364 **3.2 Characterization of microcapsules**

365 The moisture, solubility, hygroscopicity, and a_w of the wall materials were evaluated
366 (Table 2). There was a statistical difference among MA, MD, and WP in all parameters
367 evaluated, except for the moisture content, which varied between 5.02 and 6.74%. WP
368 powder was the wall material with the lowest a_w (0.33) and hygroscopicity (5.73 g/100g). On
369 the other hand, MD showed higher a_w (0.49) and lower solubility (91.51%). Finally, MA
370 showed the highest solubility (96.53%) and hygroscopicity (20.76 g/100g) (Table 2), which is
371 classified as a very hygroscopic powder (Schuck et al., 2012). That said, the characterization
372 of the wall material is essential to understanding the drying process's effectiveness and
373 influence during the storage of the microcapsules (Gharsallaoui et al., 2007).

374 The microencapsulated yeasts obtained from the optimal condition determined in this
375 study of the drying process were characterized in terms of moisture content, hygroscopicity,

376 water solubility, and particle size (Table 3). The moisture of the microcapsules varied
377 between 4.04 and 8.53%. *M. caribbica* CCMA 1738 + MD showed a statistical difference and
378 obtained the highest moisture content (8.53%), probably due to the low inlet temperature of
379 the drying air used (62 °C). The water content of a powder is strongly influenced by the
380 thermodynamic characteristics of the drying air and droplet size. As with a_w , moisture content
381 significantly influences powder storage capacity (Schuck et al., 2012).

382 Yeasts did not significantly influence the hygroscopicity of the powders, in contrast to the
383 wall material. The yeasts microencapsulated with MA obtained higher hygroscopicity,
384 varying between 24.26 and 26.92 g/100g (Table 3). A powder is considered extremely
385 hygroscopic if the percentage is greater than 25% (Schuck et al., 2012), as occurred with the
386 yeasts microencapsulated with MA. This result was expected because MA proved to be a very
387 hygroscopic powder (20.76 g/100g) (Table 2). On the other hand, there was no significant
388 difference between microencapsulated yeasts with MD and WP, ranging from 8.73 to 12.98
389 g/100g (Table 3). These values are characterized as slightly hygroscopic powders. In this way,
390 fewer hygroscopic powders are desired as they facilitate handling and help stabilize the
391 microcapsules (Schuck et al., 2012).

392 There was no statistical difference between yeasts and wall materials (Table 3). The water
393 solubility ranged from 79.89 to 92.07%. This parameter is essential in powders that will be
394 incorporated into the aqueous phase (Schuck et al., 2012). The yeasts will be reactivated in
395 water for later use in the coffee fermentation. Thus, a high solubility is desired to contribute to
396 cell reactivation and homogeneous coffee distribution.

397 The size of the microcapsules ranged from 3.57 to 4.97 μm (Table 3). However, there was
398 a statistical difference between yeasts and wall materials. This variation was expected because
399 the concentration of MA, MD, and WP was different for each yeast. Therefore, the size of

400 microcapsules is crucial because it affects physical and functional properties, such as
401 solubility and hygroscopicity, as these depend on the contact surface (Schuck et al., 2012).

402 The micrographs of the microencapsulated yeasts with MD, MA, and WP can be seen in
403 Supplementary material: Fig. S1. The wall material influenced the shape of the microcapsules.
404 The three yeasts microencapsulated with MD showed undefined and irregular matrix shapes.
405 Microcapsules are deformed, with concavities, invaginations, and sizes. These imperfections
406 observed on the surfaces may be related to a slow film formation process during drying (Ré,
407 1998). On the other hand, yeasts microencapsulated with MA and WP showed spherical and
408 smooth microcapsules of different sizes. Regardless of the wall material used, the
409 microcapsules did not show ruptures or cracks, confirming good structural integrity.

410

411 **3.3 Viability of microencapsulation yeasts during storage**

412 The cell viability data were represented as relative viability taken to the number of cells
413 evaluated before drying as 100% (Fig. 2). *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA
414 0684, and *M. caribbica* CCMA 1738 were evaluated during 90 days of storage, and storage
415 temperatures were evaluated at 25 °C and 7 °C. There was a statistical difference in cell
416 viability of all microencapsulated yeasts during storage concerning the wall material used.

417 During the entire storage at 25 °C, *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA 0684,
418 and *M. caribbica* CCMA 1738 had higher cell viability with WP. After 90 days of storage, *S.*
419 *cerevisiae* + WP had a 13.02% decrease in cell viability. In contrast, *S. cerevisiae* + MA and
420 *S. cerevisiae* + MD decreased by 30.51 and 45.57%, respectively (Fig. 2.A1). *T. delbrueckii* +
421 WP decreased 7.38%. In comparison, *T. delbrueckii* + MA and *T. delbrueckii* + MD
422 decreased 43.18 and 46.29%, respectively (Fig. 2.B1). Finally, *M. caribbica* + WP had a
423 decrease of 57.82%. At the same time, *M. caribbica* + MA and *M. caribbica* + MD had
424 viability lower than 20% (Fig. 2.C1).

425 Thus, after 90 days of storage at 25 °C, there was a reduction in the cell viability of *S.*
426 *cerevisiae* + WP, *T. delbrueckii* + WP and *M. caribbica* + WP of 13.02, 7.38 and 57.82%
427 (Fig. 2). Based on these results, it could be observed that *M. caribbica* CCMA 1738 was also
428 less resistant to storage than *S. cerevisiae* CCMA 0543 and *T. delbrueckii* CCMA 0684.

429 On the other hand, after 90 days of storage at 7 °C, there was a statistical difference in the
430 cell viability of yeasts stored with different wall materials. *S. cerevisiae* microencapsulated
431 with WP (92.39%) obtained higher cell viability, followed by MA (88.69%) and MD (79.52)
432 (Fig. 2.A2). Regarding *T. delbrueckii*, there was no statistical difference between WP
433 (92.46%) and MA (94.53%), followed by MD (76.70%) (Fig. 2.B2). *M. caribbica* also
434 obtained greater viability with WP (66.64%) and MA (66.24%), followed by MD (49.97%)
435 (Fig. 2.C2). Thus, it could be observed that the shelf life of microencapsulated yeasts depends
436 on the strain used since the decrease in cell viability is related to microbial metabolism and
437 the wall material used in the drying process (Chandralekha et al., 2016; Rapoport et al., 2019).

438 During storage, microorganisms' cell viability decreases due to the natural degradation of
439 macromolecules essential to life, such as lipids and proteins. Although room temperature
440 storage presents a significant challenge, the industry does not indicate refrigeration
441 temperature storage. As a result, storage and refrigerated transport costs are high
442 (D'Alessandro et al., 2021; Fu and Chen, 2011; Huang et al., 2017). Thus, storing
443 microencapsulated epiphytic coffee yeasts at room temperature is economically viable.
444 Although maltodextrin has been used as a carrier material in many studies, the polysaccharide
445 shows a decreased tendency to bind to the cell membrane and can reduce cell viability
446 (Chandralekha et al., 2016; Semyonov et al., 2010; Sohail et al., 2013), with was observed in
447 our results presented here (Fig. 2). Based on this, WP maintained the cell viability of the three
448 yeasts over 90 days of storage at room temperature. Therefore, WP was selected as a wall
449 material for the three yeasts.

450 The whey powder used in this work is predominantly composed of carbohydrates (5%)
451 and proteins (3%). Proteins exhibit good film-forming ability. Thus, a protective coating on
452 the cell wall can be formed during spray drying. This coating prevents cell injury by
453 stabilizing membrane constituents (Liu et al., 2019). Furthermore, lactose appears to support
454 this protective effect synergistically. López-Rubio et al. (2012) observed that bacteria
455 encapsulated only with carbohydrates were less protected than those encapsulated with whey
456 protein.

457

458 **3.4 Generation time and microencapsulated yeast behavior in the coffee medium**

459 The specific growth rate and generation time of the fresh and microencapsulated yeasts
460 with WP was evaluated in the CPM medium (Table 4), and it was found a statistical
461 difference between the behavior of the yeasts in the fresh microencapsulated state. *S.*
462 *cerevisiae* CCMA 0543 and *T. delbrueckii* CCMA 0684 had higher specific growth rates and
463 shorter generation times in the fresh state. However, *M. caribbica* CCMA 1738 showed the
464 opposite behavior (Table 4). The specific growth rate of microencapsulated yeasts may be
465 lower than that of fresh yeasts depending on the type and level of damage caused during
466 drying (Márquez-Montes et al., 2007; Rapoport, 2017). In a rich medium, intact and injured
467 cells can reproduce, but injured cells will probably have a longer latency due to the repair
468 process (Fu and Chen, 2011). On the other hand, the increase in biomass yield with dry yeasts
469 compared with fresh yeasts has also been reported in the literature (Rapoport, 2017).

470 Then, the behavior of the yeasts in the two states (fresh and microencapsulated) was
471 compared during fermentation in the CPM medium. The fermentation of the three yeasts
472 lasted 48 hours. In general, pH started at 5.5, decreasing to 4.0, and Brix started at 5.0,
473 decreasing to 1.0 °Brix (Fig. 3).

474 After 48h of fermentation, there was no statistical difference in the population count
475 between fresh and microencapsulated yeasts (Fig. 3). Thus, despite having shown different
476 behavior concerning generation time, the microencapsulation of yeasts with WP did not
477 change the population growth during fermentation in the CPM medium. This result is
478 significant because the spray drying process will be only helpful if the epiphytic coffee yeasts
479 maintain their function and reproducibility in coffee (Tan et al., 2018).

480 Carbohydrate consumption and production of alcohols and organic acids during growth in
481 the CPM medium were also evaluated (Fig. 4). However, there were some statistical
482 differences in compound production between fresh and microencapsulated yeasts. Sucrose,
483 glucose, and fructose were analyzed as total reducing sugar (TRS). Ethanol and citric, malic,
484 and succinic acids were detected in all fermentations.

485 *S. cerevisiae* showed no statistical difference in ethanol and succinic acid production.
486 Microencapsulated *S. cerevisiae* had higher consumption of TRS (0.07 g/L) and higher
487 production of malic (0.25 g/L). However, *T. delbrueckii* did not obtain statistical differences
488 only for ethanol production. Microencapsulated *T. delbrueckii* showed higher consumption of
489 TRS (0.023 g/L) and higher production of malic (0.87 g/L). Finally, *M. caribbica* showed no
490 significant difference in citric and malic acids. Microencapsulated *M. caribbica* showed
491 higher production of ethanol (0.61 g/L) and succinic (0.67 g/L) acids.

492 In microencapsulated yeast preparations for industrial purposes, the cells must maintain a
493 high cell viability rate during storage. In addition, it is essential that the yeasts not lose their
494 main biotechnological characteristics, as these will influence the characteristics of the product
495 obtained (Rapoport, 2019).

496 Kim et al. (2019) observed that dehydration of non-*Saccharomyces* yeasts did not change
497 the fermentation characteristics of persimmon wine and apple cider. On the other hand,
498 Torrellas et al. (2020) observed a loss of fermentative capacity of eight non-*Saccharomyces*

499 wine yeasts after drying. In addition, laboratory-scale wines produced with active dry yeast
500 showed an improvement in fermentation behavior (Roca Domènech et al., 2018),
501 corroborating the data found in this study.

502 Therefore, some differences were found in the fermentation of the CPM medium with *S.*
503 *cerevisiae* CCMA 0543, *T. delbrueckii* CCMA 0684, and *M. caribbica* CCMA 1738.
504 Nevertheless, the microencapsulated yeasts maintained their biotechnological characteristics.
505 Based on this, in the next step, it is necessary to evaluate them during coffee fermentation in
506 bioreactors to assess whether the differences obtained will impact the formation of volatile
507 compounds and the sensory quality of the beverage.

508

509 **4 Conclusion**

510 The region with the highest cell viability and drying yield with water activity lower than
511 0.22 were obtained for each yeast with wall-specific material studied. The experimental
512 results were similar to the model, indicating that the models represent microencapsulation of
513 *S. cerevisiae* CCMA 0543, *T. delbrueckii* CCMA 0684, and *M. caribbica* CCMA 1738 by
514 spray drying. Cell viability above 90% was achieved, showing promising results. However,
515 *M. caribbica* showed to be more sensitive to the spray drying process and less resistant to
516 storage. WP maintained the cell viability of the three yeasts over 90 days of storage at room
517 temperature and was selected as a wall material for the three yeasts. Finally, some differences
518 were found in the fermentation of the CPM medium. However, the microencapsulated yeasts
519 maintained their biotechnological characteristics. Therefore, the microencapsulation of
520 epiphytic coffee yeasts by spray drying was promising to be used in coffee fermentation.
521 Other studies need to be carried out to evaluate the differences in the formation of volatile
522 compounds and the sensory quality of the beverage.

523

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532

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534

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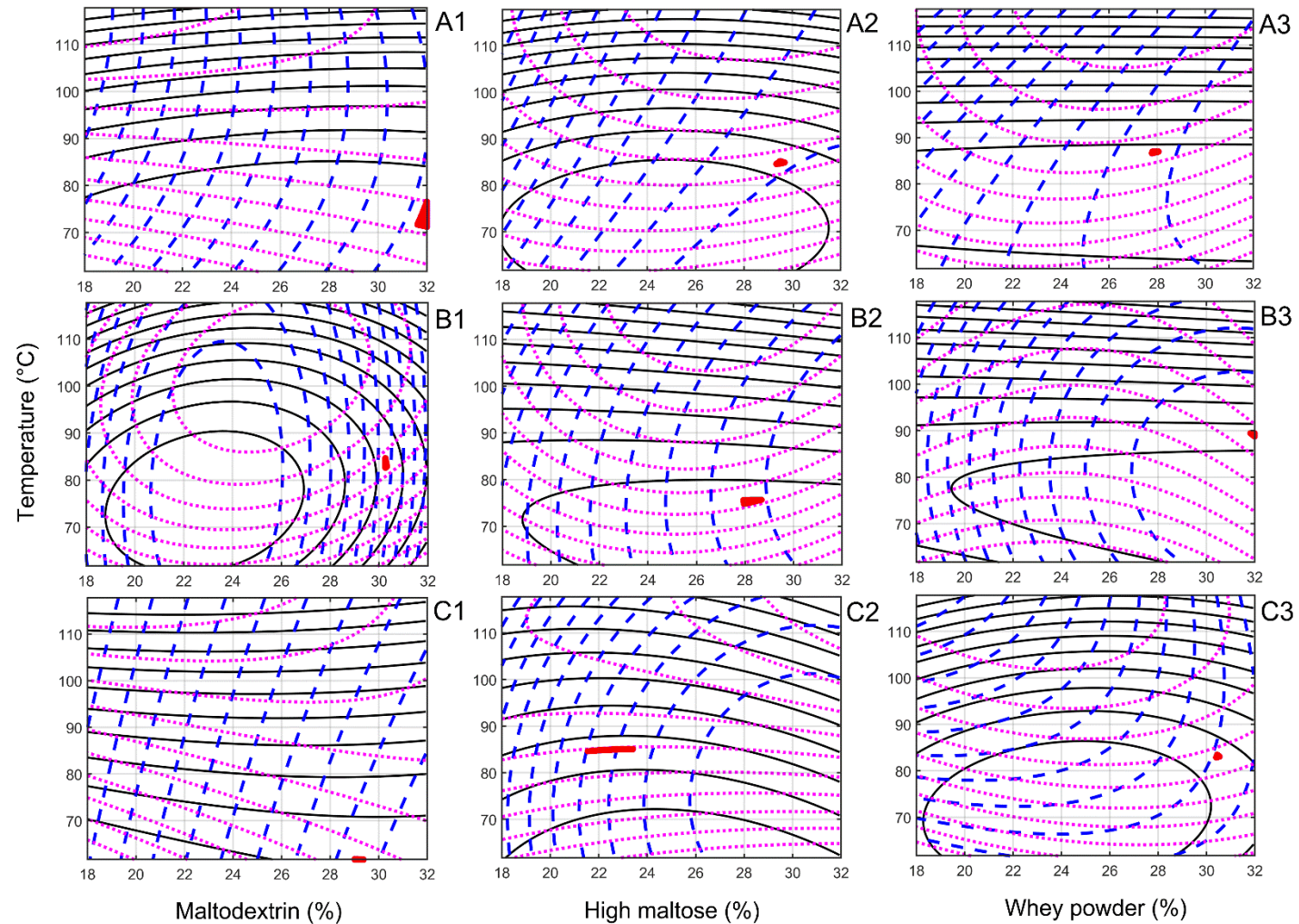
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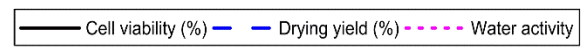
689 **Figures caption**

690 **Figure 1.** Contour curves for wall material concentration (maltodextrin (1), high maltose (2), and whey powder (3)) and
691 inlet temperature related to cell viability, drying yield, and water activity: (A) *S. cerevisiae* CCMA 0543 (B) *T.*
692 *delbrueckii* CCMA 0684 and (C) *M. caribbica* CCMA 1738. The red region corresponds to the zone of higher cell
693 viability and drying yield with water activity at a maximum of 0.22.

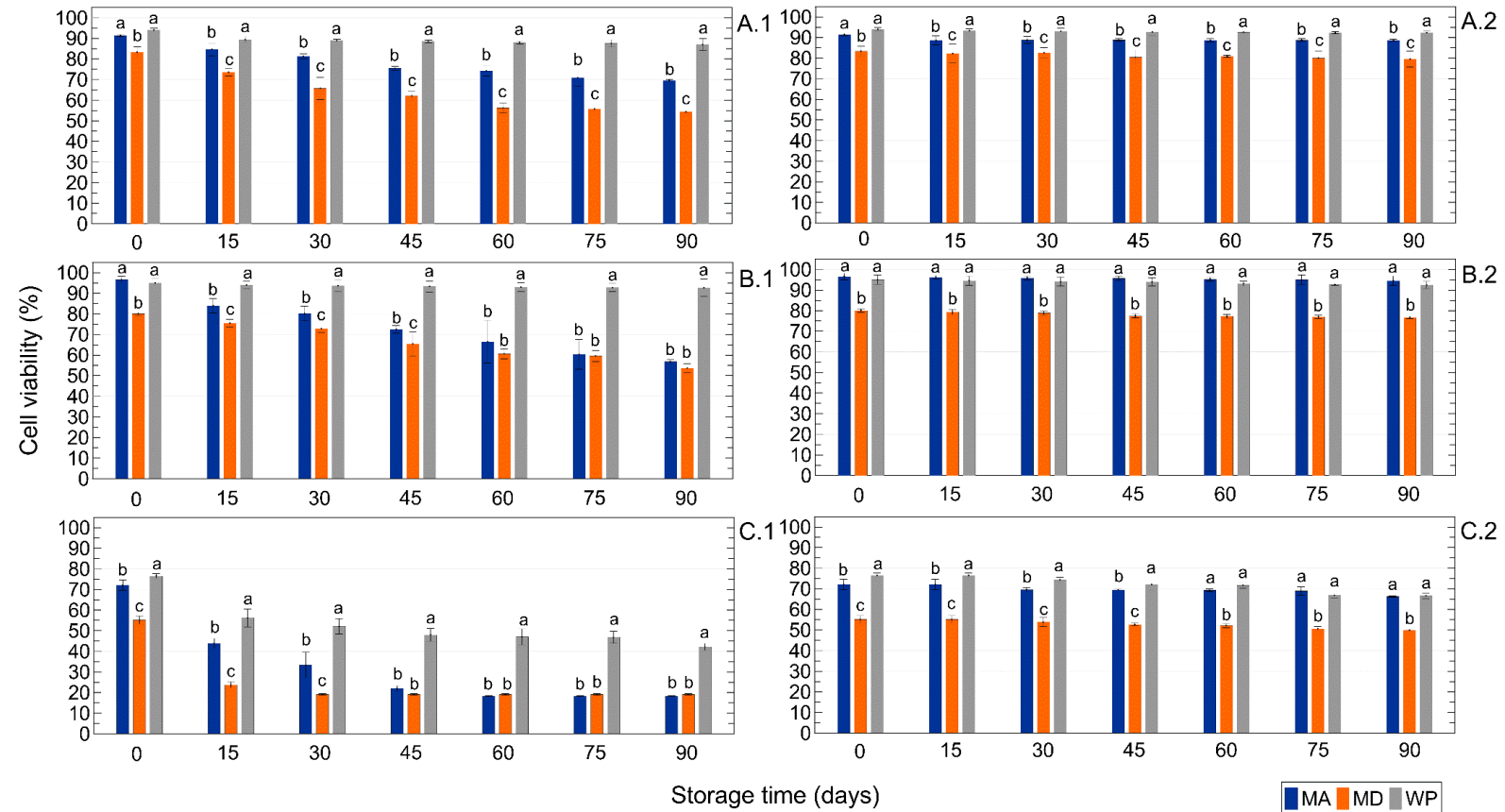
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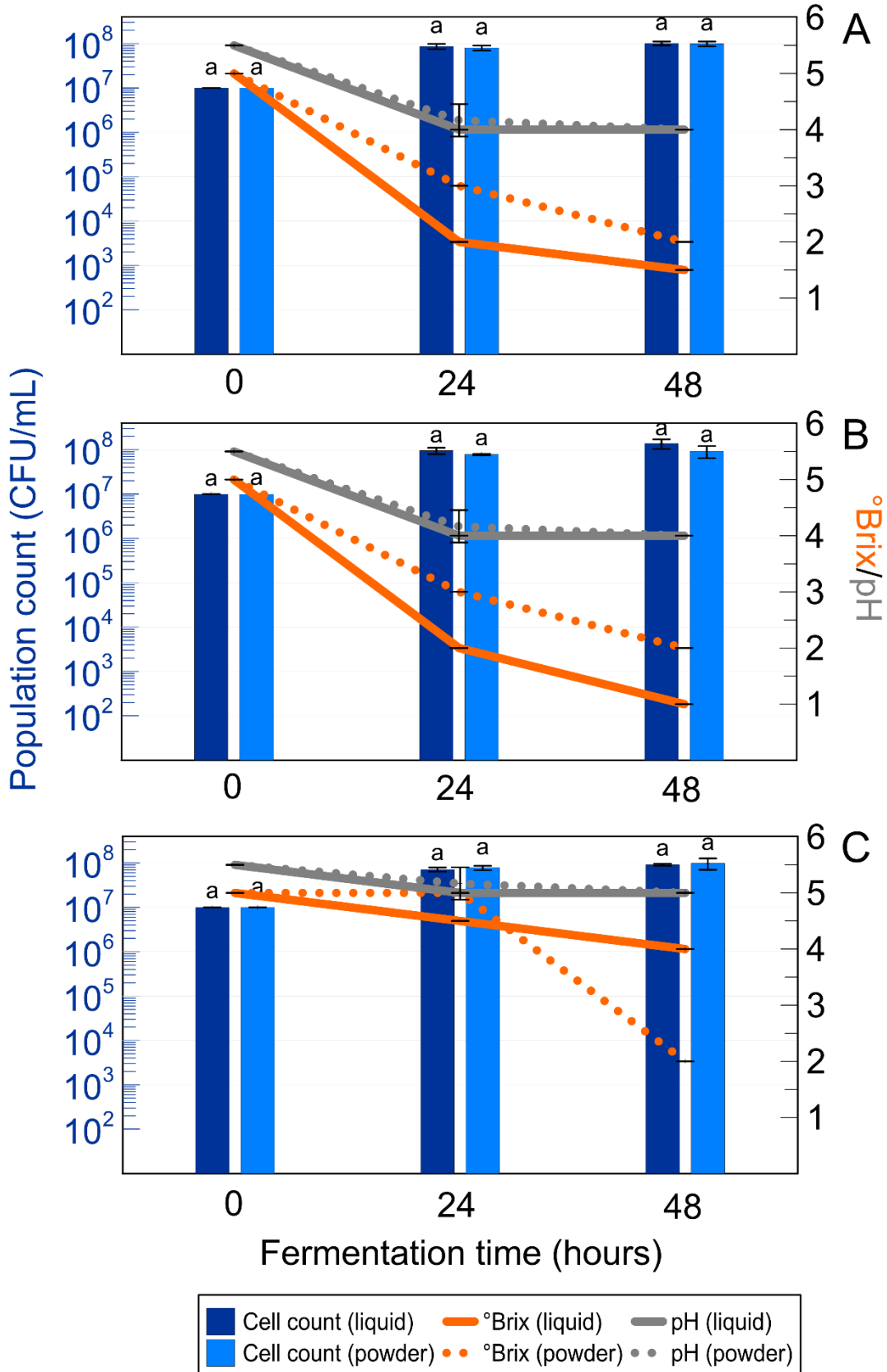


696 **Figure 2.** Cell viability of microencapsulated *S. cerevisiae* CCMA 0543 (A), *T. delbrueckii* CCMA 0684 (B) and *M.*
 697 *caribbica* CCMA 1738 (C) during storage at 25 °C (1) and 7 °C (2). MA = maltose; MD = maltodextrin; WP = whey
 698 powder.

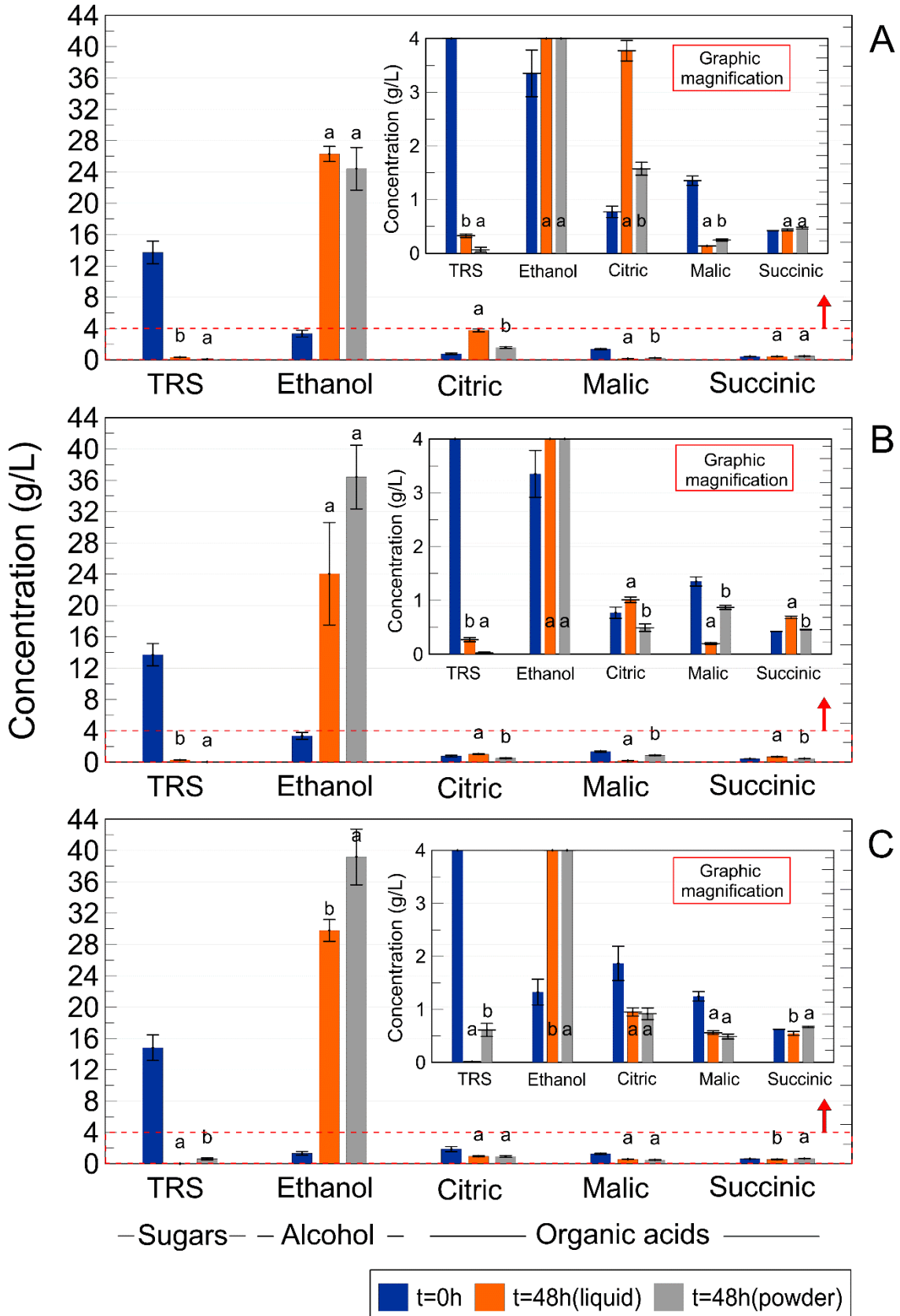


699

700 **Figure 3.** Population count, °Brix and pH during fermentation. Inoculation with (A) *S.*
 701 *cerevisiae* CCMA 0543, (B) *T. delbrueckii* CCMA 0684 and (C) *M. caribbica* CCMA 1738 in
 702 a fresh (1) and microencapsulated with whey powder (2).



704 **Figure 4.** Concentrations of total reducing sugars (TRS), ethanol and acids (citric, malic,
 705 succinic, lactic and acetic) during fermentation. Inoculation with (A) *S. cerevisiae* CCMA
 706 0543, (B) *T. delbrueckii* CCMA 0684 and (C) *M. caribbica* CCMA 1738.



708 **Tables**

709 **Table 1.** Comparison between predicted and experimental values from the model validation
 710 test.

Treatments		Cell viability (%)	Water activity	Drying yield (%)
<i>S. cerevisiae</i>	Theoretical value	88.56 ^b	0.22 ^a	56.89 ^a
CCMA 0543 + maltose	Experimental value	91.44 ± 0.58 ^a	0.23 ± 0.01 ^a	56.30 ± 0.07 ^b
<i>S. cerevisiae</i>	Theoretical value	85.83 ^a	0.22 ^a	60.26 ^a
CCMA 0543 + maltodextrin	Experimental value	83.39 ± 2.45 ^a	0.23 ± 0.01 ^a	57.57 ± 0.58 ^b
<i>S. cerevisiae</i>	Theoretical value	94.74 ^a	0.22 ^a	55.69 ^a
CCMA 0543 + whey powder	Experimental value	94.00 ± 0.93 ^a	0.21 ± 0.01 ^a	56.63 ± 0.65 ^a
<i>T. delbrueckii</i>	Theoretical value	90.94 ^b	0.22 ^a	54.51 ^a
CCMA 0684 + maltose	Experimental value	96.58 ± 1.60 ^a	0.23 ± 0.01 ^a	55.43 ± 1.93 ^a
<i>T. delbrueckii</i>	Theoretical value	72.72 ^b	0.22 ^a	57.30 ^a
CCMA 0684 + maltodextrin	Experimental value	80.04 ± 0.89 ^a	0.22 ± 0.02 ^a	58.33 ± 0.82 ^a
<i>T. delbrueckii</i>	Theoretical value	94.40 ^a	0.22 ^a	58.59 ^a
CCMA 0684 + whey powder	Experimental value	95.01 ± 2.30 ^a	0.22 ± 0.01 ^a	59.06 ± 0.65 ^a
<i>M. caribbica</i>	Theoretical value	82.96 ^a	0.22 ^a	52.98 ^a
CCMA 1738 + maltose	Experimental value	72.10 ± 2.55 ^b	0.22 ± 0.02 ^a	50.54 ± 1.55 ^a
<i>M. caribbica</i>	Theoretical value	57.46 ^a	0.20 ^a	59.39 ^a
CCMA 1738 + maltodextrin	Experimental value	55.16 ± 1.89 ^a	0.40 ± 0.02 ^b	52.18 ± 0.12 ^b
<i>M. caribbica</i>	Theoretical value	81.47 ^a	0.22 ^a	52.88 ^a
CCMA 1738 + whey powder	Experimental value	76.56 ± 1.07 ^b	0.22 ± 0.01 ^a	52.09 ± 2.43 ^a

711 Data are presented as mean. a–b for each column, mean values with different letters are
 712 significant at $p \leq 0.05$ by Scott–Knott test.

713

714 **Table 2.** Characterization of wall materials.

Wall materials	Moisture content (%)	Water solubility (%)	Hygroscopicity (g/100g)	Water activity
Maltose	5.33 ± 0.22 ^a	96.53 ± 0.79 ^a	20.76 ± 1.17 ^b	0.36 ± 0.00 ^b
Maltodextrin	6.74 ± 0.41 ^a	91.51 ± 0.44 ^c	7.11 ± 0.63 ^a	0.49 ± 0.01 ^c
Whey powder	5.02 ± 3.39 ^a	95.05 ± 0.54 ^b	5.73 ± 2.25 ^a	0.33 ± 0.01 ^a

715 Data are presented as mean. a–c for each column, mean values with different letters are
716 significant at $p \leq 0.05$ by Scott–Knott test.

717 **Table 3.** Microcapsules characterization obtained after drying of optimum condition.

Characterization after spray drying	Yeasts	Wall materials		
		MA ^a	MD ^b	WP ^c
Moisture content (%)	<i>S. cerevisiae</i> CCMA 0543	4.04 ± 0.23 ^{aA}	6.33 ± 0.75 ^{aA}	5.24 ± 0.25 ^{aA}
	<i>T. delbrueckii</i> CCMA 0684	4.37 ± 0.45 ^{aA}	5.29 ± 0.04 ^{aA}	5.42 ± 0.22 ^{aA}
	<i>M. caribbica</i> CCMA 1738	4.67 ± 0.21 ^{aA}	8.53 ± 0.13 ^{bB}	5.98 ± 0.07 ^{aA}
Hygroscopicity (g/100g)	<i>S. cerevisiae</i> CCMA 0543	26.26 ± 1.51 ^{aB}	12.36 ± 1.09 ^{aA}	8.73 ± 1.01 ^{aA}
	<i>T. delbrueckii</i> CCMA 0684	26.92 ± 0.06 ^{aB}	12.98 ± 0.26 ^{aA}	10.54 ± 1.47 ^{aA}
	<i>M. caribbica</i> CCMA 1738	24.26 ± 0.24 ^{aB}	12.37 ± 3.73 ^{aA}	10.85 ± 1.43 ^{aA}
Water solubility (%)	<i>S. cerevisiae</i> CCMA 0543	90.23 ± 2.77 ^{aA}	79.89 ± 6.32 ^{aA}	86.58 ± 0.77 ^{aA}
	<i>T. delbrueckii</i> CCMA 0684	92.07 ± 1.63 ^{aA}	83.61 ± 1.46 ^{aA}	88.18 ± 2.40 ^{aA}
	<i>M. caribbica</i> CCMA 1738	89.43 ± 4.50 ^{aA}	82.31 ± 3.46 ^{aA}	87.27 ± 3.47 ^{aA}
Particle size D ₅₀ (µm)	<i>S. cerevisiae</i> CCMA 0543	4.53 ± 1.71 ^{bA}	4.97 ± 1.92 ^{cB}	4.48 ± 1.87 ^{bA}
	<i>T. delbrueckii</i> CCMA 0684	4.36 ± 1.75 ^{bA}	4.04 ± 2.52 ^{bA}	4.16 ± 2.03 ^{aA}
	<i>M. caribbica</i> CCMA 1738	3.57 ± 1.55 ^{aA}	3.59 ± 2.18 ^{aA}	4.67 ± 1.86 ^{bB}

718 Data are presented as mean. a–c for each column, mean values with different lowercase letters are significant at $p \leq 0.05$ by Scott–Knott test. A–
719 C for each row, mean values with different capital letters are significant at $p \leq 0.05$ by Scott–Knott test.

720 ^aMaltose

721 ^bMaltodextrin

722 ^cWhey powder

723

Table 4. Growth rate and generation time of fresh and microencapsulated yeasts with WP.

Yeast	μ (1/h)^a	G (h)^b
<i>S. cerevisiae</i> CCMA 0543 fresh	0.423 ± 0.023 ^a	1.641 ± 0.091 ^a
<i>S. cerevisiae</i> CCMA 0543 powder	0.187 ± 0.002 ^b	3.700 ± 0.036 ^b
Yeast	μ (1/h)^a	tg (h)^b
<i>T. delbrueckii</i> CCMA 0684 fresh	0.410 ± 0.001 ^a	1.685 ± 0.001 ^a
<i>T. delbrueckii</i> CCMA 0684 powder	0.141 ± 0.005 ^b	4.911 ± 0.164 ^b
Yeast	μ (1/h)^a	tg (h)^b
<i>M. caribbica</i> CCMA 1738 fresh	0.236 ± 0.012 ^b	2.944 ± 0.153 ^b
<i>M. caribbica</i> CCMA 1738 powder	0.279 ± 0.015 ^a	2.493 ± 0.135 ^a

724

Data are presented as mean. a–b for each column, mean values with different lowercase letters are significant at $p \leq 0.05$ by Scott–Knott test.

725

726

^aSpecific growth rate

727

^bGeneration time

728 **Supporting Information - Supplementary material**

729 **Table S1.** Central Composite Rotational Design used in microencapsulation assays by spray drying of *S. cerevisiae* CCMA 0543, *T. delbrueckii*
 730 CCMA 0684 and *M. caribbica* CCMA 1738.

***S. cerevisiae* - CCMA 0543**

Experiments	Wall material (%)	Temperature (°C)	MD ^a			MA ^b			WP ^c		
			Viability (%)	A _w	Yield (%)	Viability (%)	A _w	Yield (%)	Viability (%)	A _w	Yield (%)
1	20.00 (-1)	70.00 (-1)	86.99	0.29	49.34	93.71	0.27	48.50	91.49	0.30	50.69
2	20.00 (-1)	110.00 (+1)	66.30	0.11	46.32	70.33	0.18	30.84	65.70	0.18	45.27
3	30.00 (+1)	70.00 (-1)	87.81	0.22	60.46	93.14	0.27	63.52	94.52	0.32	56.17
4	30.00 (+1)	110.00 (+1)	70.30	0.12	59.65	70.80	0.13	53.00	67.18	0.14	55.09
5	17.93 (-α)	90.00 (0)	72.59	0.17	45.23	78.38	0.23	32.55	95.25	0.24	49.75
6	32.07 (+α)	90.00 (0)	75.97	0.18	57.10	78.29	0.23	55.31	93.51	0.25	57.67
7	25.00 (0)	61.70 (-α)	85.95	0.31	54.62	93.16	0.34	52.92	95.68	0.34	55.73
8	25.00 (0)	118.28 (+α)	42.02	0.10	51.04	42.95	0.13	47.15	50.58	0.14	50.65
9	25.00 (0)	90.00 (0)	78.96	0.17	52.17	87.44	0.18	50.54	91.51	0.18	54.71
10	25.00 (0)	90.00 (0)	79.86	0.16	52.91	87.86	0.18	50.03	93.36	0.2	53.43
11	25.00 (0)	90.00 (0)	81.85	0.18	52.80	86.68	0.22	51.43	93.11	0.22	53.13

***T. delbrueckii* - CCMA 0684**

Experiments	Wall material (%)	Temperature (°C)	MD			MA			WP		
			Viability (%)	A _w	Yield (%)	Viability (%)	A _w	Yield (%)	Viability (%)	A _w	Yield (%)
1	20.00 (-1)	70.00 (-1)	81.17	0.31	51.01	89.37	0.33	48.80	95.98	0.33	50.19
2	20.00 (-1)	110.00 (+1)	63.15	0.21	52.50	71.85	0.16	46.77	78.78	0.20	50.06
3	30.00 (+1)	70.00 (-1)	64.73	0.35	60.56	89.87	0.29	53.88	96.15	0.29	58.49
4	30.00 (+1)	110.00 (+1)	55.98	0.15	59.82	63.88	0.08	52.99	71.95	0.18	57.89
5	17.93 (-α)	90.00 (0)	73.06	0.18	49.09	80.72	0.16	46.51	89.53	0.22	46.04
6	32.07 (+α)	90.00 (0)	71.56	0.21	61.89	81.64	0.18	57.17	95.27	0.23	57.65

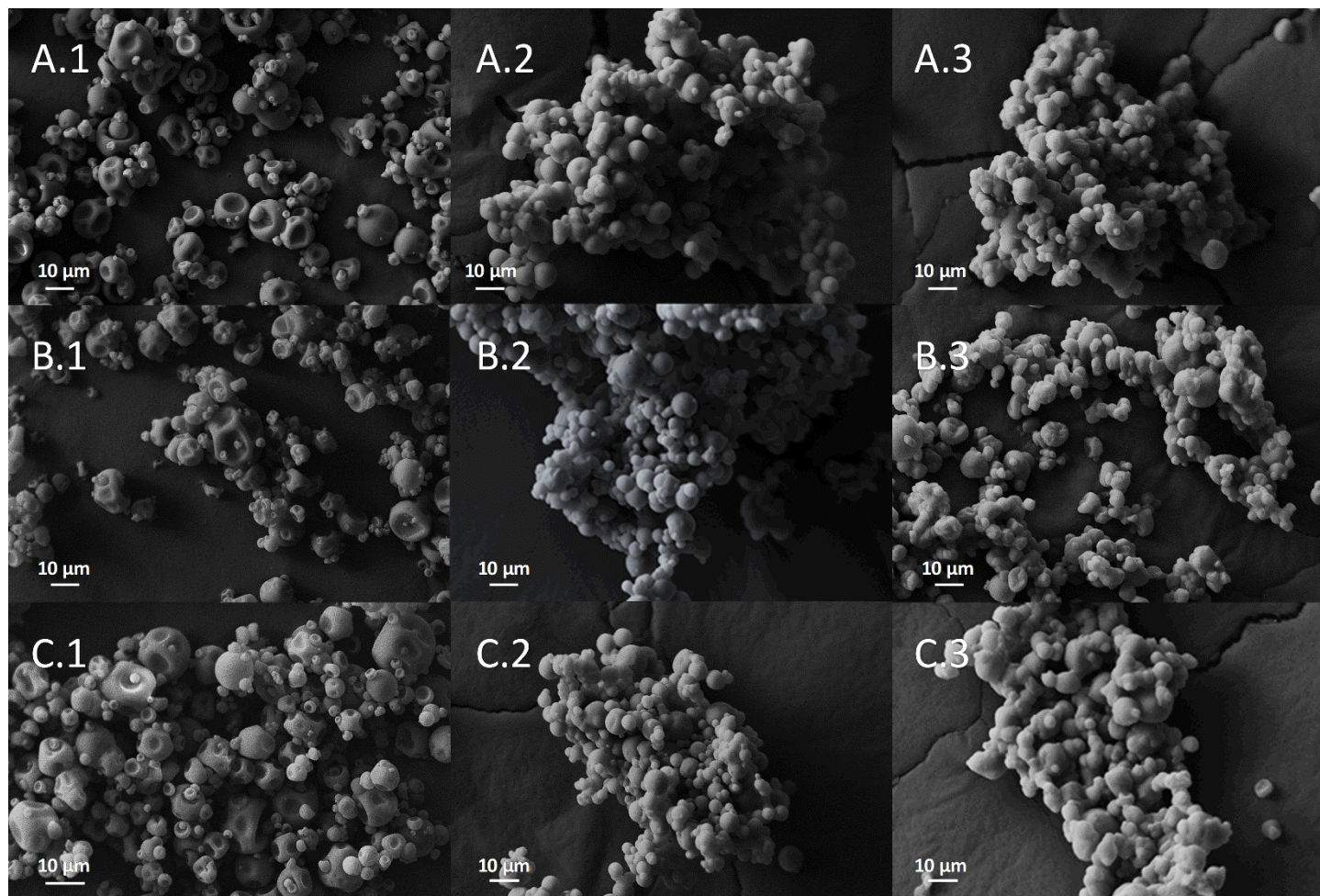
7	25.00 (0)	61.70 (- α)	85.76	0.26	41.29	93.63	0.26	53.26	95.20	0.37	55.17
8	25.00 (0)	118.28 (+ α)	55.33	0.21	45.13	46.41	0.05	50.80	59.50	0.19	50.62
9	25.00 (0)	90.00 (0)	85.49	0.15	41.93	84.94	0.12	51.14	91.12	0.27	54.80
10	25.00 (0)	90.00 (0)	77.06	0.10	46.64	81.23	0.14	53.22	94.42	0.26	58.31
11	25.00 (0)	90.00 (0)	81.03	0.10	45.45	84.78	0.14	53.01	93.89	0.25	54.57

***M. caribbica* - CCMA 1738**

Experiments	Wall material (%)	Temperature (°C)	MD			MA			WP		
			Viability (%)	A _w	Yield (%)	Viability (%)	A _w	Yield (%)	Viability (%)	A _w	Yield (%)
1	20.00 (-1)	70.00 (-1)	57.07	0.25	46.62	87.39	0.31	47.06	85.35	0.31	50.04
2	20.00 (-1)	110.00 (+1)	40.24	0.10	44.04	66.51	0.18	41.39	57.76	0.16	32.36
3	30.00 (+1)	70.00 (-1)	55.53	0.17	58.84	89.21	0.31	59.79	82.19	0.26	61.27
4	30.00 (+1)	110.00 (+1)	41.30	0.10	55.60	62.94	0.11	55.17	58.30	0.15	55.12
5	17.93 (- α)	90.00 (0)	48.50	0.14	42.22	78.48	0.17	49.51	76.54	0.18	48.89
6	32.07 (+ α)	90.00 (0)	47.56	0.14	60.72	69.70	0.19	56.00	78.63	0.23	47.30
7	25.00 (0)	61.70 (- α)	59.05	0.21	54.85	94.60	0.34	55.94	86.58	0.30	50.55
8	25.00 (0)	118.28 (+ α)	28.18	0.07	50.16	53.09	0.14	53.29	53.93	0.14	44.01
9	25.00 (0)	90.00 (0)	48.05	0.12	51.17	76.86	0.21	54.58	84.04	0.18	48.56
10	25.00 (0)	90.00 (0)	48.68	0.15	52.97	78.71	0.21	55.36	81.90	0.20	47.54
11	25.00 (0)	90.00 (0)	48.85	0.14	52.42	83.28	0.18	56.11	78.87	0.17	43.71

731 ^aMaltodextrin732 ^bHigh maltose733 ^cWhey powder

734 **Fig. S1.** Scanning electron microscope of *S. cerevisiae* CCMA 0543 (A), *T. delbrueckii* CCMA 0684 (B) and *M.*
735 *caribbica* CCMA 1738 (C) microencapsulated with maltodextrin (1), maltose (2) and whey powder (3).



736

1 **ARTIGO 3 - USE OF MICROENCAPSULATED STARTER CULTURES BY SPRAY**
2 **DRYING IN COFFEE UNDER SELF-INDUCED ANAEROBIOSES FERMENTATION**
3 **(SIAF)**

4
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28 Abstract

29 Using starter culture in liquid form is not economically viable in the coffee fermentation
30 process. This work aimed to compare the fermentative performances of fresh and
31 microencapsulated yeasts in coffee under self-induced anaerobic fermentation (SIAF). The
32 inoculum permanence was monitored, and sugars, alcohols, acids, and volatile compounds
33 were analyzed by chromatography. In addition, sensory analysis was performed on roasted
34 beans. After 180 h of fermentation in the natural process, microencapsulated *Torulaspora*
35 *delbrueckii* (MT) (7.97×10^7 cell/g) showed a higher population than fresh *Torulaspora*
36 *delbrueckii* (FT) (1.76×10^7 cell/g). The same acids and volatile compounds were detected in
37 coffees with fresh and microencapsulated yeast. However, the yeast state influenced the
38 concentration of the compounds. In pulped coffee, the coffee inoculated
39 with microencapsulated *Saccharomyces cerevisiae* (MS) obtained the highest concentration of
40 alcohols (67%), ketones (60%), pyrazines (54%), pyrroles (58%), phenols (54%), esters
41 (57%), and others (63%) compared with fresh *Saccharomyces cerevisiae* (FS). Furthermore,
42 the coffee inoculated with MT obtained the highest concentration in 11 of the 12 chemical
43 classes in both processes compared with FT. These differences ranged from 0.9 to 39.7%.
44 Regarding sensory analysis, coffees inoculated with MS showed dominant notes of fruity,
45 caramel, and nuts in the natural process. Otherwise, in pulped process, coffees inoculated with
46 MT showed caramel, honey, and nuts. Therefore, the microencapsulated yeasts were
47 metabolically active and may be considered with commercial potential. Considering the
48 parameters analyzed, the most suitable yeast for natural and pulped processing would be MS
49 and MT, respectively.

50

51 **Keywords:** Fresh yeast; Dried yeast; Active dry yeast, Starter culture; Whey powder; Coffee
52 fermentation

53 **1. Introduction**

54 Self-induced anaerobic fermentation (SIAF) is a new technology used to ferment coffees
55 in which anaerobiosis is formed gradually through microbial metabolism (da Mota et al.,
56 2022; Cassimiro et al., 2022; Pereira et al., 2022). This technology improves the fermentative
57 performance of yeasts and lactic acid bacteria during natural, pulped, and wet processing.
58 Consequently, the production of volatile and non-volatile compounds is intensified,
59 contributing to flavors and aromas in coffee beverages (Bressani et al., 2021; Elhalis et al.,
60 2020; Martinez et al., 2021).

61 In addition to this technology, selected fresh yeasts have been used as starter cultures in
62 the coffee fermentation process (da Silva et al., 2021; Elhalis et al., 2021; Martinez et al.,
63 2021). The use of yeasts is an economically viable alternative to obtain coffee with different
64 flavors and standardize the fermentation process (Bressani et al., 2021; Da Mota et al., 2020;
65 da Silva et al., 2022). Also, it can bring benefits such as a reduction in fermentation time,
66 inhibition of the growth of undesirable microorganisms, and production of promising
67 compounds for the final quality of the beverage (Bressani et al., 2021).

68 However, the use of microorganisms in liquid form is not economically viable. During
69 long-term storage, cell viability and strain stability decrease (Tan et al., 2018). In addition, the
70 commercialization of fresh yeast results in shorter shelf life, greater risk of contamination, and
71 higher cost with transportation and refrigerated storage (Márquez-Montes et al., 2007; Tan et
72 al., 2018). These factors mentioned making it difficult to use and commercialize these starter
73 cultures.

74 Based on this, drying may be an alternative for preserving coffee epiphytic yeasts. During
75 this process, cells enter a state of anhydrobiosis, in which their metabolism is temporarily and
76 reversibly suspended or slowed. This state is used for the industrial production of active dry
77 yeasts (ADY) (Rapoport et al., 2019). As a result, ADY has more excellent stability and less

78 risk of contamination. In addition, it contributes to transport and storage, facilitates handling,
79 and reduces odor (Márquez-Montes et al., 2007; Tan et al., 2018).

80 Studies showed that microencapsulation by spray drying is a preservation method that can
81 be used for drying yeasts (López-Cruz et al., 2020; Suryabhan et al., 2019; Vanden Braber et
82 al., 2020). Furthermore, this method can be used quickly and continuously, allowing ADY
83 production on an industrial scale with low operating costs (Aponte et al., 2016). In addition,
84 microencapsulation reduces the impact of high temperatures on cells and protects the
85 microorganism from adverse environmental conditions such as temperature, moisture content,
86 oxygen, and light. Consequently, it contributes to increased stability and maintenance of cell
87 viability during storage (Desai & Park, 2005; Liu et al., 2019; Rokka & Rantamäki, 2010).

88 Our research group studied and optimized the microencapsulation by spray drying of two
89 potential yeasts starter for coffee fermentation (Martins et al., 2022a, 2022b). In addition, the
90 microencapsulated yeast fermentative performance was evaluated in coffee peel and pulp
91 media. Some differences were found, but the microencapsulated yeasts maintained their
92 biotechnological characteristics. Thus, microencapsulated yeasts have shown promise to be
93 used in coffee fermentation (Martins et al., 2022b). However, a better understanding of the
94 viability and vitality of epiphytic coffee yeasts after the drying process will help develop
95 suitable ADY for coffee fermentation. Therefore, this work aimed to compare the
96 fermentative performances of fresh and microencapsulated yeasts in coffee during self-
97 induced anaerobiosis fermentation (SIAF).

98

99 **2. Material and methods**

100 **2.1 Microorganisms**

101 *Saccharomyces cerevisiae* CCMA 0543 (access number KF728798.1) and *Torulaspora*
102 *delbrueckii* CCMA 0684 (access number KM402082.1) previously isolated from *Coffea*

103 *arabica* (Silva et al., 2000; Vilela et al., 2010) were used. These strains belong to the Culture
104 Collection of Agricultural Microbiology (CCMA, Federal University of Lavras, Lavras,
105 Minas Gerais, Brazil). The isolates (1 mL) stored at -80 °C in YEPD containing 20% glycerol
106 (w/w) were reactivated and grown in molasses liquid medium [in g/L: molasses 137.5 (ECL
107 Eireli – supplier *Mellaço de Cana*), calcium chloride 1.1 (Dinâmica), urea 2 (Ambion),
108 Polysorbate 80 0.5 (Dinâmica) and pH 3.5] until reached a 10^8 CFU/mL. The yeasts were
109 incubated at 28 °C for 48 h in an orbital shaker set at 120 rpm at each growth stage. At the
110 end of growth, the yeasts reach the stationary phase. The cells were recovered by
111 centrifugation ($7000 \times g$; 10 min) and resuspended in sterile water to a concentration of 10^9
112 CFU/mL (Martins et al., 2022a).

113

114 **2.2 Microencapsulation by spray drying**

115 **2.2.1 Solution preparation**

116 Whey powder (WP) (Jacira Indústria e Comércio, Brazil) was used as wall material, and
117 the concentrations were previously optimized for each yeast (Martins et al., 2022b). The
118 concentrations used for *S. cerevisiae* CCMA 0543 and *T. delbrueckii* CCMA 0684 were 27.92
119 and 32%, respectively. First, the wall materials were diluted in water and pasteurized at 75 °C
120 for 30 min, followed by rapid cooling (Andrade et al., 2019). Then, the yeasts were added
121 separately at an 8×10^8 cells/mL concentration. Finally, the feed solutions (2 L) were mixed
122 for 5 min with a magnetic stirrer for homogenization.

123

124 **2.2.2 Spray drying conditions**

125 *Saccharomyces cerevisiae* CCMA 0543 and *Torulaspora delbrueckii* CCMA 0684 were
126 microencapsulated using a more extensive scale spray dryer (model SD 5.0; Labmaq do
127 Brasil, Ribeirão Preto, Brazil). The drying air inlet temperature was previously optimized for

128 each strain (Martins et al., 2022b). Thus, the temperature for *S. cerevisiae* and *T. delbrueckii*
129 was 87 and 88 °C, respectively. The feed solutions (2 L) were kept under constant magnetic
130 stirring at room temperature. In drying both yeasts, a feed rate of 1.5 L/h, drying airflow of
131 1.5×10^5 L/h, and atomization air flow rate of 60 L/h were used (Martins et al., 2022b). The
132 resulting powder was collected at the cyclone base and stored in a 500 g package made of
133 polyester, metallization, and polyethylene. Then the packages were vacuum-sealed. The
134 samples were stored at room temperature (25 °C).

135

136 **2.3 Coffee processing and yeast inoculation**

137 Coffees (*Coffea arabica* L.) of the Topazio Amarelo variety were mechanically collected
138 at the Cafés Monte Alegre farm (S 1°59'56", W 54°4'58") located in Alfenas (Minas Gerais,
139 Brazil) at 850 m above sea level. Two processing were carried out: natural and pulped
140 processes. In the natural process, the coffee fruit was fermented with a peel. The peel and part
141 of the mucilage were mechanically removed in the pulped process. In both processes, 40 L of
142 coffee cherries were manually selected and transferred to cylindrical high-density
143 polyethylene bioreactors with 50 L (Picillo, São Paulo, Brazil). The method used was self-
144 induced anaerobiosis fermentation (SIAF), according to da Mota et al. (2022). Five treatments
145 were performed: SIAF control (without inoculation), fresh *S. cerevisiae* CCMA0543 (FS),
146 fresh *T. delbrueckii* CCMA0684 (FT), microencapsulated *S. cerevisiae* CCMA0543 (MS),
147 and microencapsulated *T. delbrueckii* CCMA0684 (MT). The fresh yeast cells were recovered
148 by centrifugation and resuspended in 500 mL distilled water. The microencapsulated yeasts
149 were previously reactivated in water at 40 °C for 30 min. For this, distilled water was added
150 to 250 g of microencapsulated yeast until a final volume of 500 mL. Then, the yeasts were
151 inoculated into coffee at a final concentration of approximately 10^7 cells/g. The fermentation
152 was carried out in duplicate. The coffee fermentation temperature (glass thermometer

153 standard, - 20 to + 110 °C) and soluble solids concentration (°Brix – refractometer, Lorben,
154 Brazil) were monitored once a day during all processing. Then, the coffee was dried in the sun
155 on suspended terraces until obtaining 11-12% moisture during 12 and 11 days for natural and
156 pulped coffee, respectively. Samples (100 g) were taken at 0, 96, and 180 h of fermentation
157 and the end of drying. Finally, the samples were stored at -20 °C for further analysis.

158

159 **2.4 DNA extraction from samples and real-time PCR (qPCR)**

160 The yeast populations were monitored by real-time PCR (qPCR). First, DNA from strains
161 and coffee samples collected at 0, 96, and 180 h of fermentation and at the final drying time
162 were extracted using the QIAamp DNA Mini Kit (Qiagen, Hilden, Germany) following the
163 “DNA Purification from Tissues.” For the standard curves, the starter cultures were grown
164 separately on a YEPG medium at 28 °C for 24 h. Then, serial dilutions (1:10) from 10³ to 10⁸
165 cells/mL were performed. Cells were counted using the Neubauer chamber. Each point on the
166 curve was measured in triplicate.

167 The qPCR analysis was performed using the Rotor-Gene Q system (Qiagen,
168 Hombrechtikon, ZH, Switzerland). The primers used for *S. cerevisiae* CCMA 0543 were SC-
169 5fw 5'AGGAGTGCGGTTCTTTGTAAAG-3' and SC-3bw 5'-
170 TGAAATGCGAGATTCCCCA-3'. In addition, the primers Tods L2 5'-
171 CAAAGTCATCCAAGCCAGC-3' and Tods R2 5'-TTCTCAAACAATCATGTTTGGTAG-
172 3' were used for *T. delbrueckii* CCMA 0684 amplification (Díaz et al., 2013; Zott et al.,
173 2010). The specificity of each pair of primers was confirmed by searching GenBank using
174 BLAST (<http://www.ncbi.nlm.nih.gov/BLAST/>).

175

176 **2.5 Sugars, alcohols, and organic acids by high-performance liquid** 177 **chromatography (HPLC)**

178 Sugars, alcohols, and organic acids were analyzed at 0, 96, and 180 h of fermentation and
179 at the final drying time. The extraction was performed according to da Mota et al. (2022),
180 with modifications. The coffee sample (10 g) was extracted twice with 10 mL of Milli-Q water
181 and vortexed for 5 min at room temperature. Then, the tubes containing 20 mL of solution
182 were centrifuged ($12,745 \times g$ at 4 °C for 10 min). Only for acid analysis, the perchloric acid
183 solution was used for adjusting the supernatant pH to 2.11 and then re-centrifuged under the
184 same conditions. The supernatant was filtered through a 0.22 μm cellulose acetate membrane.
185 The filtered extract was stored at -18 °C until analysis. The extracts were analyzed using an
186 HPLC system (Shimadzu) according to da Mota et al. (2022). A Shim-pack SCR-101H (7.9
187 mm x 30 cm) column was used for acids with a 100 mM perchloric acid solution as the
188 mobile phase and a 0.6 mL/min flow rate. A Shim-pack SCR-101C (7.9 mm x 30 cm) column
189 was used for sugars and alcohols with ultra-pure water as the mobile phase and a flow rate of
190 0.5 mL/min. The oven temperature was maintained at 50°C for analysis of the acids, detected
191 with a UV detector at 210 nm, and at 80°C for analysis of the sugars and alcohols, detected
192 with a refractive index detector. The quantification of compounds was performed using
193 calibration curves constructed with different concentrations of standard compounds [malic
194 and citric acids were purchased from Merck (Darmstadt, Germany), sucrose, glucose,
195 fructose, alcohol, lactic, acetic, succinic, and tartaric acids were purchased from Sigma-
196 Aldrich (Saint Louis, MO, United States), butyric acid was purchased from Riedel-deHaen
197 (Seelze, Germany)] (Evangelista et al., 2014). All analyses were performed in triplicate.

198

199 **2.6 Volatile compounds**

200 The volatile compounds were extracted by the headspace solid-phase microextraction
201 technique (SPME-HS). The fiber (divinylbenzene/carboxy/polydimethylsiloxane HS-SPME
202 50/30 μm ; Supelco Co., Bellefonte, PA, USA) was used to extract the volatile compounds.

203 First, the green and roasted coffee (2 g) were macerated with liquid nitrogen separately. Then,
204 the samples were placed in a 15 mL hermetically sealed vial. The fiber was equilibrated for 15
205 min at 60 °C and then exposed to coffee for 30 min at the same temperature (Cassimiro et al.,
206 2022). Then, the injections were performed by exposing the fibers for 2 min. Volatile
207 compounds were analyzed by gas chromatography-mass spectrometry (GCMS-QP 2010,
208 Shimadzu) equipped with a Carbo-Wax 20M column (30 m×0.25 mm×0.25 µm). The oven
209 temperature was adjusted to 60 °C for 5 min, followed by an increase to 230 °C at 10 °C/min
210 rate. Then, it was kept at 230 °C for 15 min. The carrier gas (He) was used at 1.9 mL/min
211 (Martinez et al., 2021). Finally, the compounds were identified using the GC-MS software
212 (version 2.6), and the mass spectra for each peak were evaluated in the NIST11 database. In
213 addition, a series of alkanes (C10–C40) was used to calculate each compound's retention
214 index (RI). Then, it was compared with the RI values from the literature. All samples were
215 analyzed in triplicate.

216

217 **2.7 Temporal dominance of sensations (TDS) with Q-grader tasters**

218 Sensory analysis was performed after approval by the Ethics Committee of the Federal
219 University of Lavras (CAAE: 63924722.9.0000.5148). According to the Specialty Coffee
220 Association guidelines (SCA, 2018), the coffees were prepared. The samples (100 g) were
221 roasted in a roaster (Probatino, Curitiba, BRA) and ground in an electric mill (Pinhalense, São
222 Paulo, BRA). The proportion used was 8.25 g of coffee per 150 mL of water. Three trained
223 coffee experts evaluated the samples with Q-Grader Coffee Certificates. The temperature used
224 was between 50 and 55 °C. The attributes were defined in the first evaluation, and the eight
225 most cited attributes were selected for evaluation in the TDS (Pineau et al., 2009). The
226 samples were coded with three digits and evaluated in three repetitions. First, the tasters left
227 the coffee in their mouths for 3 s, and then each sample was evaluated for 20 s. The panelists

228 were trained to use the SensoMaker software version 1.8 (Pineiro et al., 2013) and the
229 procedures for data acquisition.

230

231 **2.8 Statistics analysis**

232 In order to evaluate the best state for the use of yeast, the qPCR data, carbohydrates,
233 alcohol, organic acids, and volatile compounds were evaluated by analysis of variance
234 (ANOVA), adopting a significance level of 5% probability. ANOVA was used to compare
235 means between the same yeast strain in the fresh and microencapsulated state at each
236 processing time. The software used was Sisvar 5.6 (Ferreira, 2014). Volatile compounds were
237 also evaluated by principal component analysis (PCA) using the Chemoface software (Nunes
238 et al., 2012).

239

240 **3. Results and discussion**

241 **3.1 Physicochemical characterization during SIAF**

242 When performed correctly, coffee fermentation by self-induced anaerobiosis may
243 standardize the beverage's quality and reduce the economic loss for producers (da Mota et al.,
244 2022; Huch & Franz, 2015). In addition, the use of ADY as a starter culture contributes to the
245 genetic stability of the strain at room temperature and, consequently, reduces the producers'
246 costs with transport and storage (Rodriguez-Porrata et al., 2008).

247 The parameters measured during SIAF can be seen in Table 1. The coffee temperature
248 ranged from 15.5 to 19.9 °C. This temperature increase is expected due to the exothermic
249 reaction during the intense metabolic activity of starter cultures and epiphytic coffee
250 microorganisms (Correa et al., 2014). In natural and pulped coffee, there was no statistical
251 difference in coffee temperature between FS and MS after 180 h. However, regarding *T*.

252 *delbrueckii*, there was a difference between fresh and microencapsulated yeast in natural
253 processing. The temperature was higher with fresh yeast, with an increase of 0.5 °C.

254 In both processes, a decrease or stabilization of the coffee temperature was observed after
255 180 h of fermentation, indicating the process's end. The concentration of soluble solids in the
256 coffee beans started at 26 °Brix, and after 96 hours, it reached 15.2 °Brix. However, it was
257 impossible to evaluate after 180 h of fermentation due to the lack of mucilage adhered to the
258 beans.

259

260 **3.2 Monitoring of starter cultures by qPCR**

261 Yeast populations were monitored in natural and pulped coffee by qPCR (Fig. 1). This is a
262 fast and reliable technique used to identify and quantify microorganisms in different foods
263 (Zott et al., 2010). *S. cerevisiae* and *T. delbrueckii* are species found naturally in the coffee
264 fruit. However, the inoculated coffees showed higher populations during the times evaluated
265 in both processing.

266 In order to evaluate cell viability, fresh and microencapsulated yeast populations were
267 statistically compared during fermentation and at the end of drying (Fig. 1). After 180h of
268 fermentation, in the pulped processing, there was no statistical difference in the yeast
269 populations. However, in natural processing, FS (2.05×10^7 cell/g) showed a higher population
270 than MS (1.09×10^7 cell/g), while MT (7.97×10^7 cell/g) showed a higher population than FT
271 (1.76×10^7 cell/g).

272 At the end of drying, in natural processing, FS (5.16×10^7 cell/g) reached a higher
273 population than MS (3.24×10^7 cell/g). However, the opposite behavior was observed in
274 pulped coffee. MS (3.26×10^8 cell/g) obtained a higher population than FS (1.83×10^8 cell/g).
275 Finally, MT (2.23×10^8 cell/g) reached a higher population in natural processing than FT
276 (1.27×10^8 cell/g), but there was no difference in pulped coffee.

277 Fresh yeast undergoes stress situations during biomass production in a molasses-based
278 medium that may affect its fermentative capacity and technological performance (Gómez-
279 Pastor et al., 2011). The same behavior can be observed with microencapsulated yeast. During
280 spray drying, cells are mainly subjected to thermal and osmotic stress (Fu & Chen, 2011).
281 Nevertheless, intact and injured cells can reproduce in a growth medium with appropriate
282 nutrients, such as coffee fruit. However, due to the repair process, injured cells tend to have a
283 more extended latency (Fu & Chen, 2011; Martins et al., 2022b), which probably caused these
284 differences in cell viability.

285 Although differences were observed between fresh and microencapsulated yeast
286 populations, both could adapt and compete with the epiphytic microbiota of coffee fruits.
287 These factors are essential because the metabolic activity of each yeast may be related to
288 differences detected in volatile and non-volatile compounds and, consequently, in the sensory
289 characteristics of the beverage (Bressani et al., 2021).

290

291 **3.3 Carbohydrates, alcohol, and organic acids**

292 The coffee fruit has essential compounds that allow the growth of microorganisms, such
293 as fructose, glucose, sucrose, citric, malic, and succinic acids (Silva, 2015). In this way, the
294 starter cultures and the microorganisms in the fruit metabolize these compounds during
295 fermentation, producing organic acids, alcohol, and other metabolic compounds that affect the
296 sensory characteristics of the beverage (Cassimiro et al., 2022; Prakash et al., 2022; Shankar
297 et al., 2022).

298 Sucrose, glucose, fructose, and ethanol concentrations were statistically compared
299 between coffees fermented with fresh and microencapsulated yeast, and some differences
300 were observed (Table 2). After 180 h of fermentation, in the coffees inoculated with *S.*
301 *cerevisiae*, there was a statistical difference only for the sucrose concentration in the natural

302 processing. Coffee fermented with FS (0.04 g/kg) showed a higher concentration than coffee
303 inoculated with MS (not detected). Regarding coffees inoculated with *T. delbrueckii*, there
304 was no difference in the concentration of carbohydrates and ethanol between FT and MT in
305 both processes.

306 At the end of drying, there was no difference between the compound's concentration
307 detected in coffees inoculated with FS and MS in natural processing. However, in pulped
308 coffee, coffee fermented with FS showed a lower concentration of glucose, fructose, and
309 ethanol and a higher concentration of sucrose, with differences of 0.07, 0.43, 2.05, and 0.05
310 g/kg. Regarding coffee fermented with *T. delbrueckii*, in natural processing, coffee with MT
311 showed a lower concentration of sucrose, glucose, and ethanol, with differences of 0.54, 0.82,
312 and 1.59 g/kg. On the other hand, in the pulped processing, coffee fermented with MT showed
313 a lower concentration of glucose and fructose and a higher concentration of sucrose, with
314 differences of 0.05, 0.08, and 0.13 g/kg.

315 These differences in the compound's concentrations were also found in other works. For
316 example, Márquez-Montes et al. (2007) compared the metabolic activity of Mexican brewer's
317 yeast dehydrated by spray drying with fresh yeast. There was a difference in reducing sugar
318 concentration during fermentation, but the final residual concentration was similar. Regarding
319 ethanol, fresh yeast (6.51%) had a higher concentration than dried yeast (4.73%).

320 Citric, malic, succinic, lactic, and acetic acids were detected in both processing after
321 fermentation. However, oxalic and tartaric acids were detected only in pulped coffee (Table
322 3). These organic acids contribute to the beverage's acidity, an essential attribute of the coffee
323 quality. The desirable acidity contributes to the coffee beverage's freshness. In addition, it
324 may increase the perception of sweetness (Farah & de Lima, 2019).

325 The yeast behavior in the fresh and microencapsulated states was statistically compared.
326 At the end of fermentation, coffee fermented with MS showed lower citric, malic, and

327 succinic acid consumption in both processes, with differences of up to 1.43 g/kg. On the other
328 hand, coffee with MS showed higher production of lactic (4.72 g/kg) and acetic acid (0.30
329 g/kg) in natural coffee. However, coffee fermented with FS showed higher production of
330 lactic and acetic acids in pulped coffee, with an increase of 3.09 and 0.18 g/kg.

331 Regarding coffee fermented with *T. delbrueckii*, in pulped processing, microencapsulated
332 yeast showed lower consumption of citric and malic acids than fresh yeast, with differences of
333 0.63 and 0.04 g/kg. Coffee samples fermented with MT produced a higher concentration of
334 acetic acid in both processing and tartaric acid in the pulped coffee, with an increase of up to
335 0.23 g/kg. However, in natural processing, coffee fermented with FT (0.68 g/kg) showed
336 lower succinic acid consumption than coffee fermented with MT (0.49 g/kg).

337 During coffee fermentation, yeasts produce organic acids, such as acetic and succinic
338 acids. These acids contribute to beverage acidity and are formed through pyruvate metabolism
339 and tricarboxylic acid cycle activity (De Vuyst & Leroy, 2020). The low oxygen
340 concentration during SIAF also favors the growth of lactic acid bacteria (Cassimiro et al.,
341 2022). These bacteria are naturally present in the coffee fruit (Pereira et al., 2022). Based on
342 this, lactic acid production may be related to the presence of lactic acid bacteria. In addition,
343 some species also produce ethanol, CO₂, and acetic acid (Vandenberghes et al., 2018).

344 At the end of drying, acetic acid was not detected in any treatment, and lactic acid had the
345 highest concentration (14.23 g/kg). In both processes, coffee fermented with MS reached the
346 highest concentration of succinic acids, increasing up to 2.09 g/kg. In addition, it showed a
347 higher concentration of oxalic, citric, and malic acids in pulped coffee, with differences of
348 0.02, 1.19, and 0.07 g/kg. Coffee samples fermented with FS showed higher concentrations of
349 tartaric and lactic acids in pulped coffee, with differences of 0.13 and 0.90 g/kg.

350 Concerning coffee fermented with *T. delbrueckii*, the microencapsulated yeast showed a
351 higher concentration of oxalic acid (0.03 g/kg) and malic acid (0.10 g/kg) in the pulped

352 coffee. However, FT showed the highest concentration of citric acid in pulped coffee and
353 succinic acid in both processes, with an increase of up to 0.83 g/kg. In addition, it showed
354 higher concentrations of citric (6.23 g/kg), malic (0.29 g/kg), and lactic (10.50 g/kg) acids in
355 natural coffee, with increases of 2.00, 0.16, and 4.16 g/kg.

356 These organic acids detected at the end of drying may influence the beverage's sensory
357 attributes. For example, citric acid has a fresh acidity, contributing notes of orange and lemon.
358 Malic acid has a mild flavor and contributes to fruity notes like apples (Farah & de Lima,
359 2019). That said, fruity notes were mainly detected in natural coffee inoculated with *S.*
360 *cerevisiae*. Finally, lactic acid may contribute to buttery notes (Farah & de Lima, 2019).
361 However, this attribute was not perceived in any treatment in this study.

362 Thus, the yeast state (fresh and microencapsulated) influenced the concentration of the
363 compounds. This result may be related to the differences in cell viability found during SIAF
364 and at the drying end (Fig. 1). Martins et al. (2022b) also found differences between fresh
365 and microencapsulated yeast in coffee peel and pulp fermentation. However, despite these
366 differences, both microencapsulated yeasts were metabolically active. Like fresh yeasts, they
367 could metabolize the sugars and acids of the coffee fruit during the SIAF, corroborating with
368 the data found in this study.

369

370 **3.4 Volatile compounds**

371 Different molecules can be generated through yeasts' carbon and nitrogen metabolism
372 during coffee fermentation, influencing the beverage's aroma (Bressani et al., 2021; Elhalis et
373 al., 2021). Eighteen volatile compounds were identified in green coffee and 42 in roasted
374 coffee (Supplementary material – Table S1 and Table S2). These compounds were grouped
375 into 12 chemical classes: acids, alcohols, aldehydes, esters, furanone, furans, ketones,
376 phenols, pyrazines, pyridines, pyrroles, and others.

377 The PCA was performed to evaluate the differences between fresh and microencapsulated
378 yeasts since similar samples tend to be grouped (Fig. 2). In green coffee, more significant
379 correlations can be observed between coffees inoculated with fresh yeasts in both processes.
380 This result is due to their proximity and the acute angle between them. In natural
381 processing, coffee inoculated with MS correlated with compounds belonging to the esters
382 class. On the other hand, coffee inoculated with MT was not correlated with any other
383 treatment. This behavior was probably observed because the coffee inoculated with MT had a
384 lower concentration of several volatile compounds than the other treatments (Supplementary
385 material – Table S1). Finally, coffee inoculated with MS and MT in pulped coffee correlated
386 with compounds belonging to the ketone and alcohol classes, respectively (Fig. 2).

387 In roasted coffee, there was a separation between coffees inoculated with fresh and
388 microencapsulated yeasts in both processes. Coffees inoculated with fresh yeasts were found
389 on the left side of the PCA, while coffees inoculated with microencapsulated yeasts were
390 found on the right side (Fig. 2). In natural and pulped coffee, only three and five volatile
391 compounds were on the left side. Thus, all other volatile compounds correlated with coffees
392 inoculated with microencapsulated yeasts. The volatile compounds detected in coffees
393 inoculated with fresh and microencapsulated yeasts were the same. However, the areas of
394 some compounds were statistically different, which probably contributed to this separation
395 (Supplementary material – Table S2). The same results were found by Romano et al. (2014)
396 in wine fermentation.

397 The most significant volatile compounds detected were 2-Furanmethanol, Furfural, 2-
398 Furancarboxaldehyde, 5-methyl-, 2-Furanmethanol, acetate, and Ethanone, 1-(2-furanyl)-
399 belonging to the furan class. Furthermore, Pyrazine, 2,6-dimethyl - and Butanoic acid, 4-
400 hydroxy- belonging to pyrazines and acids were also detected. These volatile compounds

401 contribute sweet, caramel, chocolate, nuts, and fruity flavors (Flament, 2001). These attributes
402 were detected as dominant in the SIAF coffees by TDS.

403 In order to facilitate the identification of fermentation efficiency using fresh and
404 microencapsulated yeasts, the volatile compounds detected in roasted coffee were analyzed by
405 chemical classes (Fig. 3). The relation between the total area was statistically compared.
406 Concerning natural coffee, the coffee inoculated with FS had the highest pyrazine
407 concentration (57%). Pyrazines are essential to the coffee flavor and may contribute sensory
408 notes of roasted nuts, walnuts, cocoa, and caramel (Flament, 2001; Sunarharum et al., 2014).
409 However, only the caramel attribute was detected in TDS as dominant in coffee inoculated
410 with FS. Conversely, the coffee inoculated with MS had the highest pyrroles (53%) and
411 pyridines (60%) concentration. Pyrroles may contribute to fruity, sweet, and nutty notes
412 (Flament, 2001). These attributes were also detected as dominant in coffee inoculated with
413 MS.

414 However, in pulped coffee, the coffee inoculated with MS obtained the highest
415 concentration of alcohols (67%), ketones (60%), pyrazines (54%), pyrroles (58%), phenols
416 (54%), esters (57%) and others (63%). Concerning *T. delbrueckii*, the coffee inoculated with
417 the microencapsulated yeast obtained the highest concentration in 11 of the 12 chemical
418 classes in both processes. These differences ranged from 0.9 to 39.7%.

419 According to the literature, wines obtained with dried yeast also produced higher
420 concentrations of volatile compounds than those obtained from fresh yeast. In addition, wines
421 obtained with dried yeast showed a higher number of volatile compounds (Romano et al.,
422 2014). In another study, microencapsulated cells increased the fermentation efficiency of
423 *Hanseniaspora osmophila* compared to free cells (Alberico et al., 2021).

424 In this context, studies evaluated different genes involved in the yeast response to the
425 stress suffered during the drying process (Nakamura et al., 2008; Singh et al., 2005). These

426 authors concluded that desiccation tolerance is a complex process with contributions from
427 hundreds of genes. In addition, some of these genes may be related to metabolic pathways
428 involved in producing volatile compounds (Romano et al., 2014).

429 However, based on the results found in this work, both microencapsulated yeasts
430 maintained viability and vitality during coffee fermentation. Thus, these results are promising
431 because these are the main parameters that influence active dry yeasts' physiological stability
432 and fitness (Rodriguez-Porrata et al., 2008).

433

434 **3.5 Sensory analysis**

435 The temporal dominance of sensations is used to record multiple sensory attributes
436 simultaneously over time. Thus, the panelist identifies which attribute is dominant at each test
437 moment. This technique is an excellent alternative for evaluating complex products such as
438 coffee (Pineau et al., 2009). In this way, SIAF coffees' temporal dominance of sensations in
439 natural processing is described in Figure 4.

440 The SIAF control showed dominant notes of nuts (from 4.6 to 7.1 s) and caramel (from
441 6.5 to 7.2, from 8.5 to 11.5, and from 14.5 to 20.0 s) (Fig. 4A). The coffee inoculated with FS
442 showed fruity (from 4.8 to 5.2 s), and caramel (from 8.1 to 20 s) notes (Fig. 4B). Conversely,
443 coffee inoculated with MS showed fruity (from 4.5 to 5.5 s), caramel (from 7.5 to 9 s) and
444 nuts (from 9.0 to 10.9 s) notes (Fig. 4D). The coffee inoculated with FT showed dominant
445 notes of nuts (from 7.5 to 11.5 s) and caramel (from 8.9 to 20.0 s) (Fig. 4C), while coffee
446 inoculated with MT showed only notes of caramel (from 10.1 to 20.0 s) (Fig. 4E).

447 Thus, in natural coffee, the fruity attribute was dominant only in coffee inoculated with *S.*
448 *cerevisiae*. The volatile compound 2-Furanmethanol, acetate was detected in more significant
449 concentrations in these coffees and may have contributed to this sensory perception

450 (Supplementary material – Table S2). This compound contributes fruity, banana, and sweet
451 notes (Flament, 2001).

452 Regarding pulped coffee, the TDS is described in Figure 5. The SIAF control showed
453 dominant notes of fruity (from 3.8 to 4.7 s) and caramel (from 9.5 to 12.5 s) (Fig. 5A). Both
454 coffees inoculated with *S. cerevisiae* showed only dominant notes of caramel and honey.
455 Conversely, coffee inoculated with FT showed dominant notes of nuts (from 4.5 to 5.9 s),
456 caramel (5.9 to 8.0 s), chocolate (12.5 to 15.5 s), and floral (17.5 to 18.5 s) (Fig. 5C). The
457 coffee inoculated with MT showed notes of caramel (from 6.5 to 7.5 and 8.3 to 9.6 s), honey
458 (from 9.5 to 11.3 s) and nuts (from 12.1 to 20.0 s) (Fig. 5E).

459 Thus, coffees inoculated with *T. delbrueckii* showed a greater diversity of dominant
460 attributes in pulped coffee. The nuts attribute was detected as dominant only in this treatment
461 and may be related to the volatile compounds Ethanone, 1-(2-furanyl), Pyrazine, 3-ethyl-2,5-
462 dimethyl-, Ethanone, 1-(1H-pyrrol-2-yl)- (Supplementary material – Table S2). The caramel
463 attribute was detected as dominant in all treatments and may be characteristic of the variety
464 used. The volatile compounds 2-Furanmethanol, Furfural, 2-Furancarboxaldehyde, 5-methyl-,
465 Ethanone, 1-(2-furanyl)- and Butanoic acid, 4-hydroxy- probably contributed to this sensory
466 perception (Supplementary material – Table S2).

467 Therefore, there were some differences in the dominant attributes between coffees
468 inoculated with fresh and microencapsulated yeast. This result was expected since there were
469 significant differences in the concentration of organic (Table 3) and volatile compounds
470 (Supplementary material – Table S2) in the SIAF coffee beans. These differences probably
471 influenced the sensory perception of the panelists.

472 Coffees inoculated with FS and MS in pulped coffee were the only ones that showed no
473 differences between the dominant attributes. On the other hand, coffees inoculated with FT
474 and MT in pulped coffee showed more significant differences between the attributes.

475 However, despite the differences, both microencapsulated yeasts proved efficient and can be
476 used as a starter culture in the coffee fermentation process.

477

478 **4. Conclusion**

479 Some differences were found between fresh and microencapsulated yeast behavior during
480 and after SIAF. However, despite the differences, both microencapsulated yeasts could adapt
481 and compete with the microorganisms naturally present in the coffee fruit. In addition, the
482 microencapsulated yeasts were metabolically active, contributing important sensory attributes
483 to the coffees. Therefore, both microencapsulated yeasts may be considered with commercial
484 potential, particularly for coffee producers interested in using starter cultures during SIAF.
485 Finally, considering the parameters analyzed, the most suitable yeast for natural and pulped
486 processing would be MS and MT, respectively.

487

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498

499 **Declarations**

500 **Conflict of Interest**

501 The authors declare no competing interests.

502

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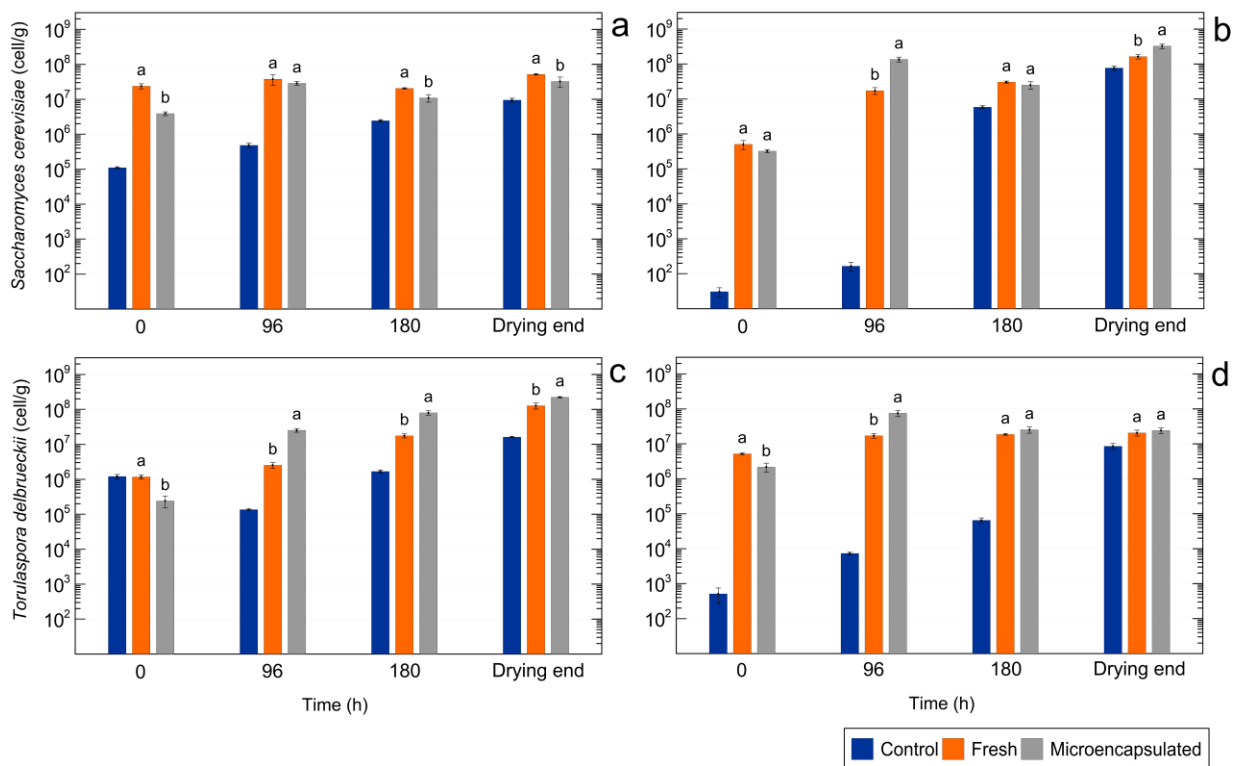
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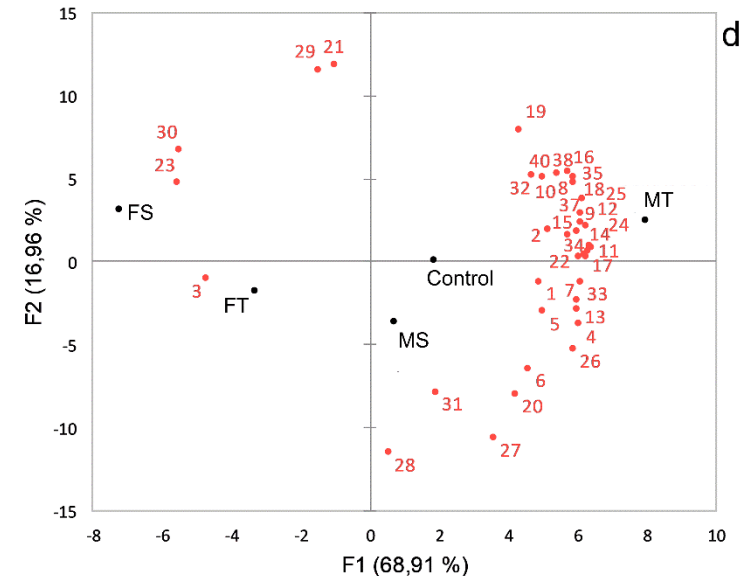
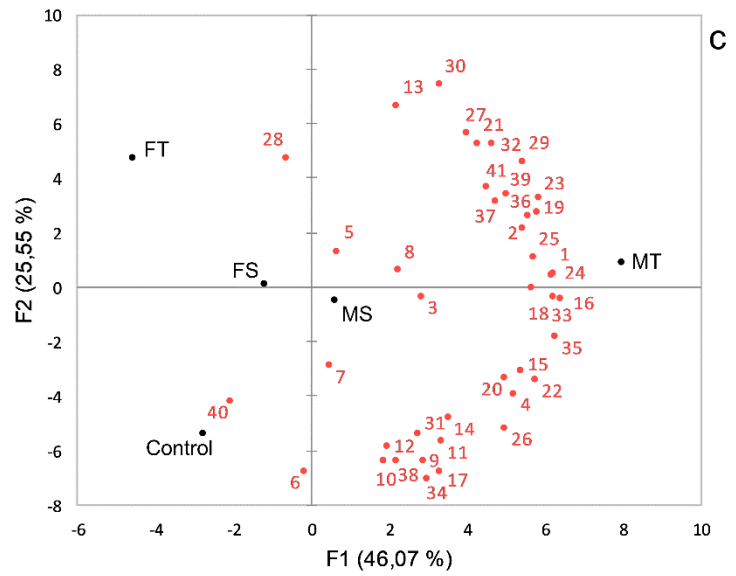
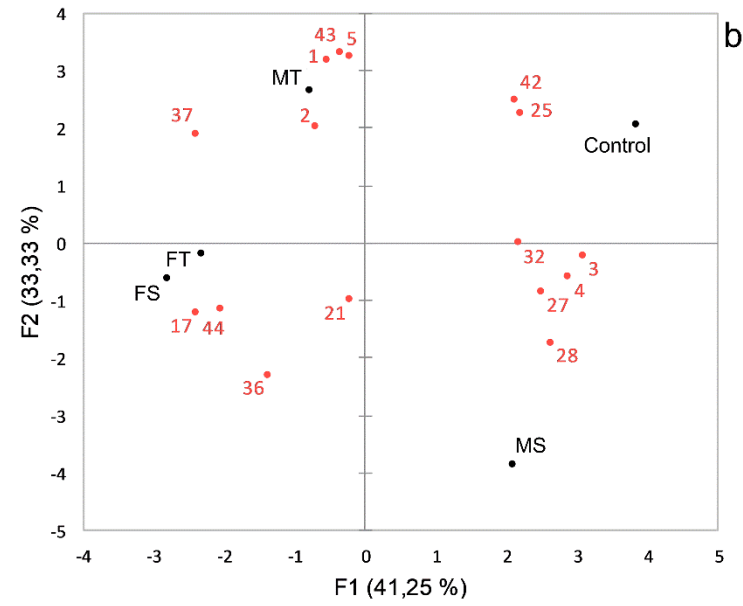
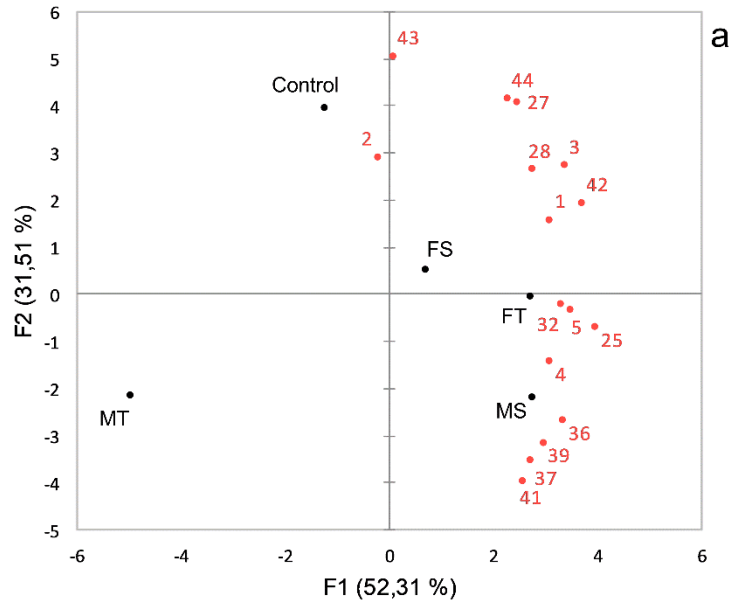
691 **Figures caption**

692 **Fig. 1.** Dynamic behavior of *Saccharomyces cerevisiae* CCMA 0543 (a,b) and *Torulaspora*
 693 *delbrueckii* CCMA 0684 (c,d) in natural (a,c) and pulped processing (b,d) measured by qPCR
 694 at 0, 96, and 180 h of fermentation and at the end of drying. Data are presented as mean. The
 695 statistic was used to compare the averages between fresh and microencapsulated yeast in each
 696 fermentation time. Therefore, different lowercase letters are significant at $p \leq 0.05$ by analysis
 697 of variance.

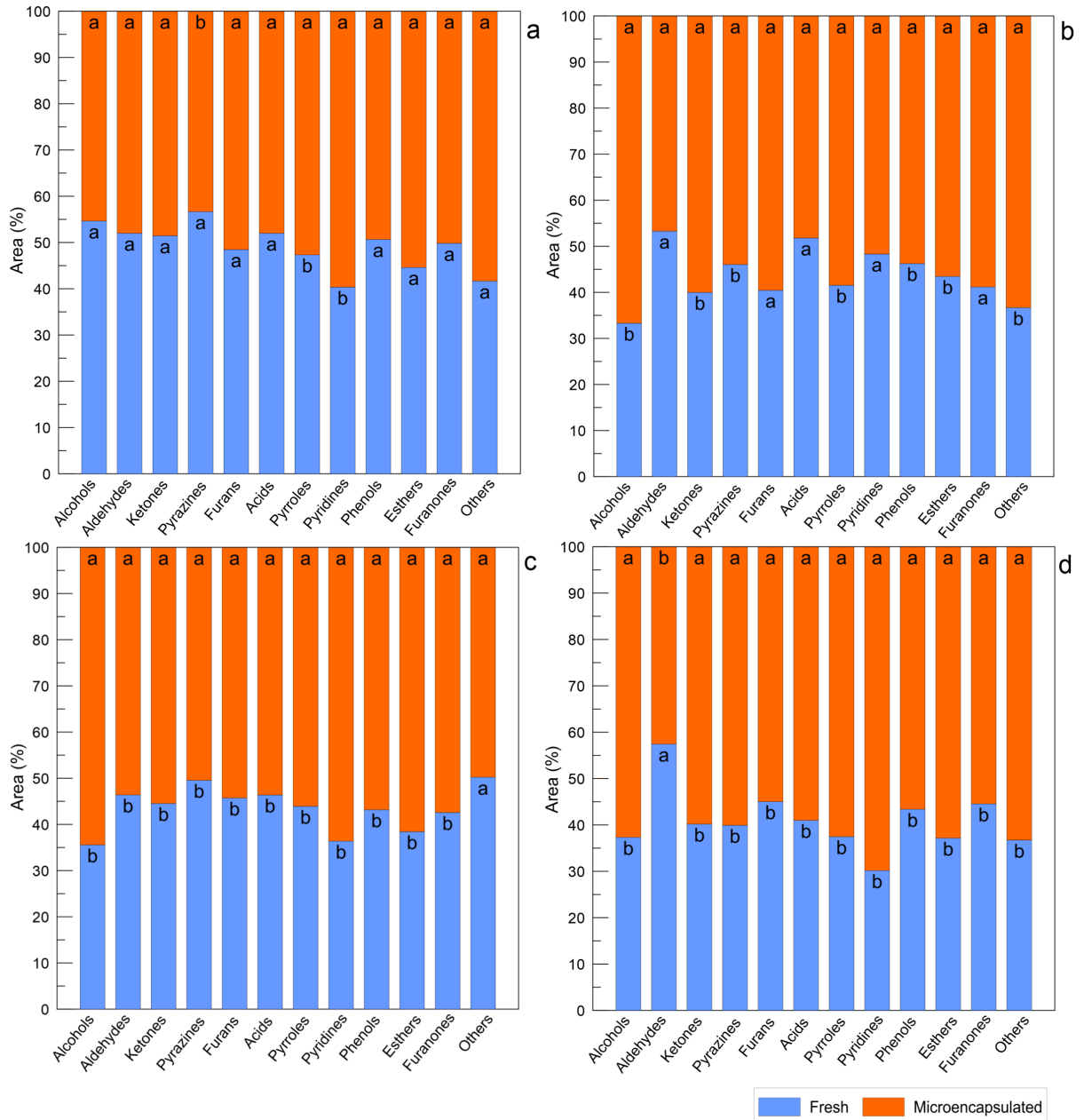


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700 **Fig. 2.** Principal component analysis of the main compounds detected in green (a,b) and roasted coffee (c,d) by the natural (a,c) and pulped (b,d)
701 processing. Control: without inoculation; FS: fresh *S. cerevisiae* CCMA0543; FT: fresh *T. delbrueckii* CCMA0684; MS: microencapsulated *S.*
702 *cerevisiae* CCMA0543; MT: microencapsulated *T. delbrueckii* CCMA0684. (1) Benzyl alcohol; (2) Phenylethyl Alcohol; (3) Hexadecanal-; (4)
703 2-Pentadecanone, 6,10,14-trimethyl-; (5) Caffeine; (6) Pyrazine, 3-ethyl-2,5-dimethyl-; (7) Ethanone, 1-(2-furanyl)-; (8) 2-Furanmethanol,
704 acetate; (9) 2-Furancarboxaldehyde, 5-methyl-; (10) Butanoic acid, 4-hydroxy-; (11) 2-Furanmethanol; (12) 1H-Pyrrole, 1-(2-furanylmethyl)-;
705 (13) 3-Methyl-2-pyrazinylmethanol; (14) 2-Thiophenemethanol; (15) Ethanone, 1-(1H-pyrrol-2-yl)-; (16) 1H-Pyrrole-2-carboxaldehyde; (17) 2-
706 Pyrrolidinone; (18) 3-Pyridinol, 2-methyl-; (19) 3-Pyridinol; (20) 5-Hydroxymethylfurfural; (21) n-Hexadecanoic acid; (22) Acetamide; (23)
707 Octanoic acid; (24) 4-Hydroxy-2-methylacetophenone; (25) Hexadecanoic acid, methyl ester; (26) Indole; (27) 2-Pentadecanone; (28) 2-
708 Heptadecanone; (29) Maltol; (30) n-Decanoic acid; (31) Furfural; (32) Phenol; (33) 2(5H)-Furanone; (34) 2-Pyrrolidinone, 1-butyl-; (35) 1H-
709 Pyrrole-2-carboxaldehyde, 1-methyl-; (36) Tetradecanoic acid, ethyl ester; (37) 9,12-Octadecadienoic acid, ethyl ester; (38) 4-Methyl-5H-furan-
710 2-one; (39) Ethyl Oleate; (40) Pyrazine, 2,6-dimethyl-; (41) Octadecanoic acid, ethyl ester; (42) Hexanoic acid, 2-methylbutyl ester; (43)
711 Eicosane; (44) Pentadecanal-.

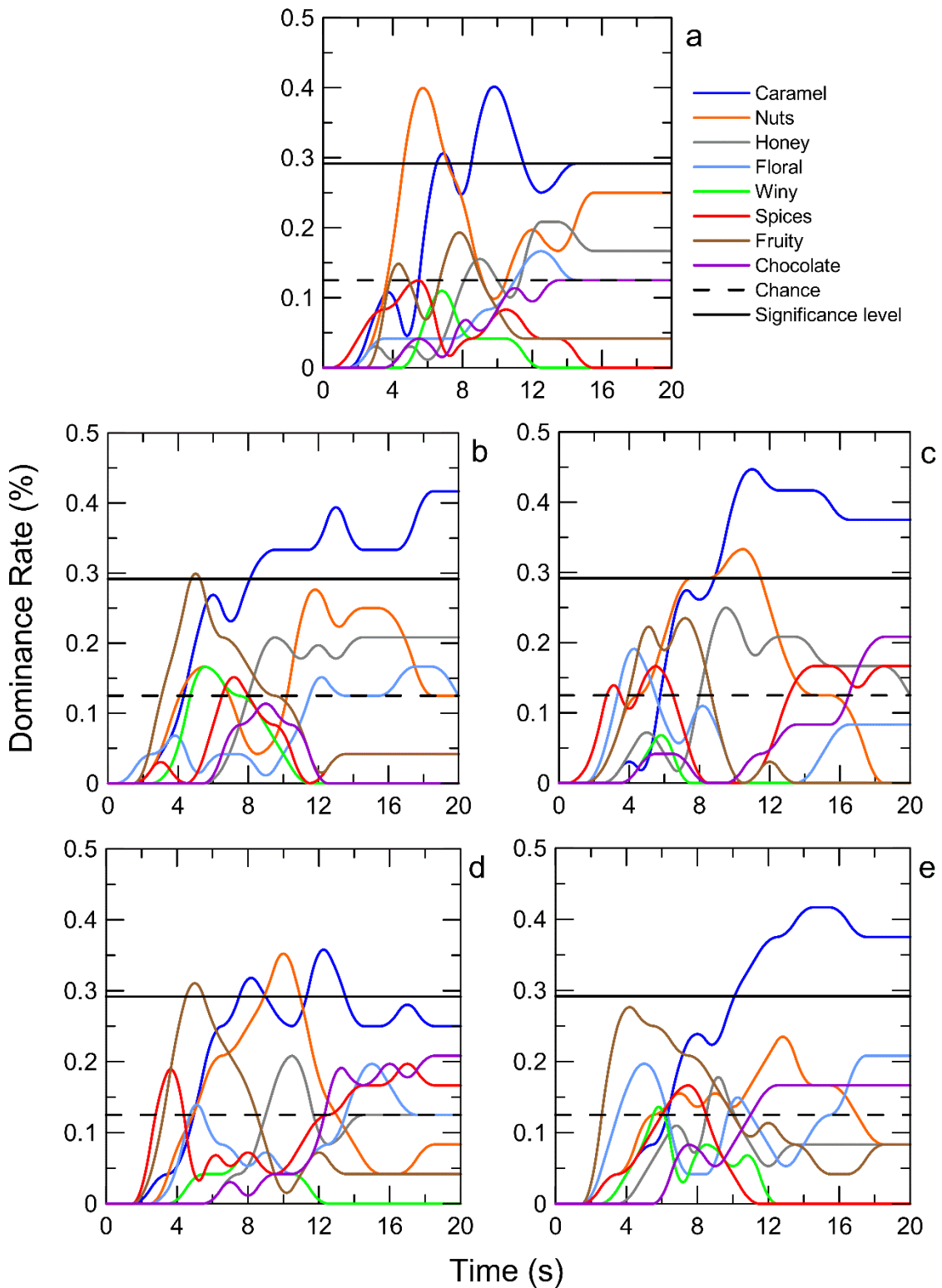


713 **Fig. 3.** Volatile compounds classes identified in coffees roasted and fermented with *S.*
 714 *cerevisiae* CCMA 0543 (a,b) and *T. delbrueckii* CCMA 0684 (c,d) by natural (a,c) and pulped
 715 (b,d) processing. Data are presented as mean. The statistic was used to compare the averages
 716 between fresh and microencapsulated yeast in each chemical class. Therefore, different
 717 lowercase letters are significant at $p \leq 0.05$ by analysis of variance.

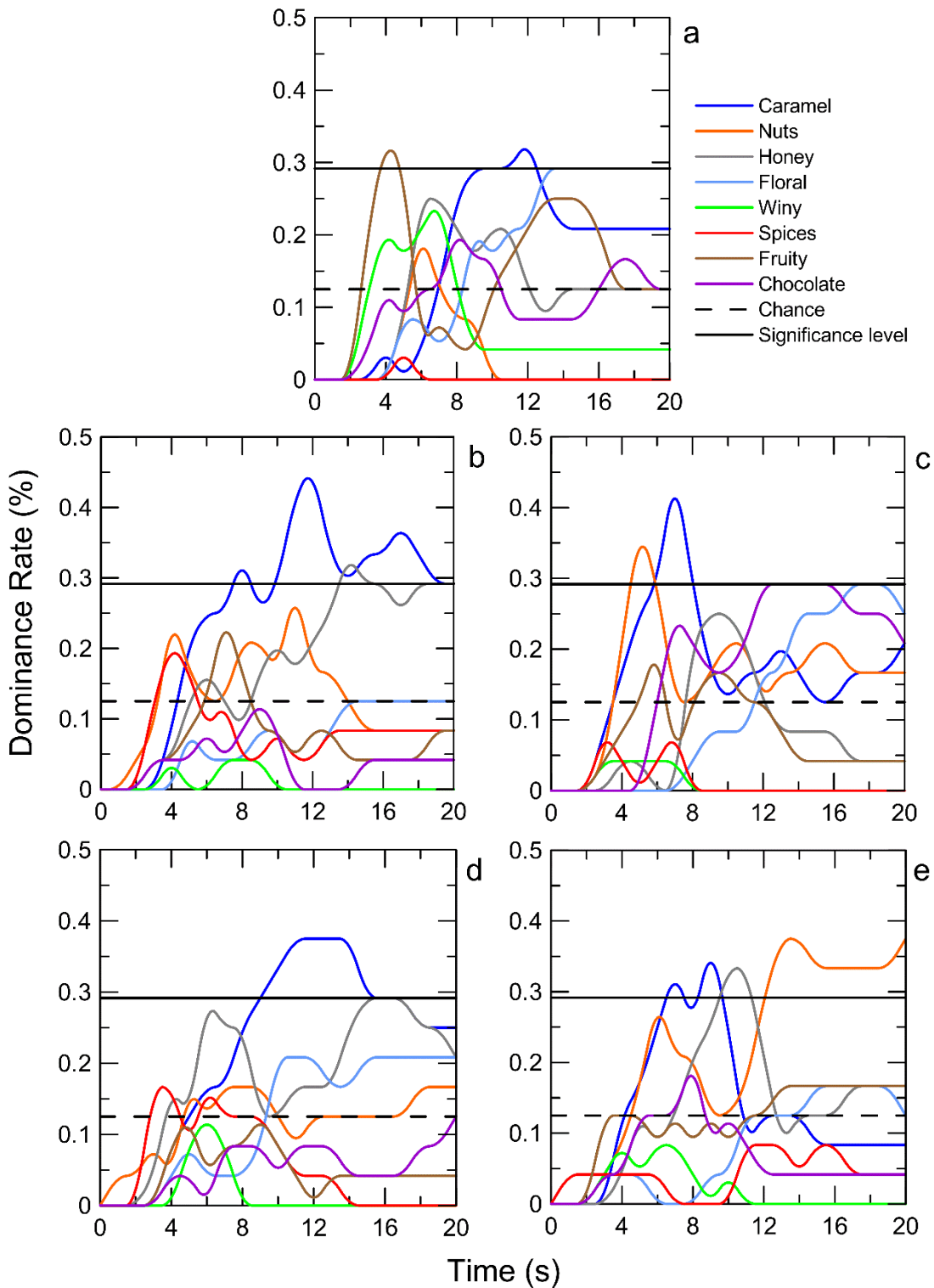


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720 **Fig. 4.** Temporal dominance of sensations (TDS) curves in natural coffee. a) Control (without
 721 inoculation), b) inoculated with fresh *S. cerevisiae* CCMA0543, c) inoculated with fresh *T.*
 722 *delbrueckii* CCMA0684, d) inoculated with microencapsulated *S. cerevisiae* CCMA0543, e)
 723 inoculated with microencapsulated *T. delbrueckii* CCMA0684.



725 **Fig. 5.** Temporal dominance of sensations (TDS) curves in pulped coffee. a) Control (without
 726 inoculation), b) inoculated with fresh *S. cerevisiae* CCMA0543, c) inoculated with fresh *T.*
 727 *delbrueckii* CCMA0684, d) inoculated with microencapsulated *S. cerevisiae* CCMA0543, e)
 728 inoculated with microencapsulated *T. delbrueckii* CCMA0684.



730 **Tables**731 **Table 1.** Coffee fermentation temperature and °Brix measurements at sampling times: 0, 96, and 180 h.

Fermentation time (h)	Treatments	Temperature (°C)		°Brix	
		Nat ^a	PC ^b	Nat ^a	PC ^b
0	Control	16.1±0.2	15.7±0.1	26.0±0.6	26.0±0.6
	Fresh <i>S. cerevisiae</i> CCMA 0543	16.1±0.2 ^a	16.0±0.2 ^a	26.0±0.6 ^a	26.0±0.6 ^a
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	16.5±0.4 ^a	15.5±0.4 ^a	26.0±0.6 ^a	26.0±0.6 ^a
	Fresh <i>T. delbrueckii</i> CCMA 0684	16.0±0.4 ^a	16.1±0.1 ^a	26.0±0.6 ^a	26.0±0.6 ^a
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	15.9±0.2 ^a	15.9±0.1 ^a	26.0±0.6 ^a	26.0±0.6 ^a
96	Control	18.7±0.2	18.5±0.3	20.0±0.7	19.0±0.7
	Fresh <i>S. cerevisiae</i> CCMA 0543	19.2±0.2 ^b	17.9±0.3 ^b	18.3±0.4 ^b	15.2±0.4 ^b
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	19.7±0.2 ^a	18.8±0.1 ^a	19.5±0.7 ^a	16.1±0.2 ^a
	Fresh <i>T. delbrueckii</i> CCMA 0684	19.0±0.4 ^b	18.2±0.7 ^b	19.5±0.7 ^a	17.1±0.1 ^a
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	19.9±0.1 ^a	19.1±0.5 ^a	18.2±0.2 ^b	17.2±0.4 ^a
180	Control	17.8±0.5	18.5±0.4	nd	nd
	Fresh <i>S. cerevisiae</i> CCMA 0543	17.9±0.1 ^a	17.9±0.2 ^a	nd	nd
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	17.6±0.4 ^a	18.1±0.7 ^a	nd	nd
	Fresh <i>T. delbrueckii</i> CCMA 0684	17.8±0.1 ^a	17.6±0.2 ^a	nd	nd
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	17.3±0.1 ^b	18.0±0.4 ^a	nd	nd

732 Data are presented as mean. The statistic was used to compare the averages between the same yeast strain in the fresh and
733 microencapsulated state at each fermentation time. a–b for each column, mean values with different letters are significant
734 at $p \leq 0.05$ by analysis of variance.

735 nd = not detected.

736 ^aNatural coffee

737 ^bPulped coffee

738 **Table 2.** Carbohydrates and alcohol detected during self-induced anaerobic fermentation (SIAF) and at the end of drying
 739 by high-performance liquid chromatography (HPLC).

Fermentation time (h)	Treatments	Carbohydrates (g/kg)						Alcohol (g/kg)	
		Sucrose		Glucose		Fructose		Ethanol	
		Nat ^a	PC ^b	Nat ^a	PC ^b	Nat ^a	PC ^b	Nat ^a	PC ^b
0	Coffee fruits	1.64	2.12	6.55	0.40	8.60	22.71	3.29	8.31
	Control	0.06	0.34	5.90	0.11	7.77	14.55	8.33	12.21
96	Fresh <i>S. cerevisiae</i> CCMA 0543	0.04 ^a	0.28 ^a	1.69 ^a	0.08 ^a	2.58 ^a	0.34 ^a	6.41 ^a	17.41 ^a
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	0.04 ^a	1.15 ^a	3.21 ^a	0.04 ^a	4.52 ^a	0.04 ^a	7.98 ^a	15.37 ^a
	Fresh <i>T. delbrueckii</i> CCMA 0684	0.06 ^a	0.19 ^b	2.23 ^b	0.08 ^a	3.39 ^b	4.93 ^a	6.40 ^b	11.44 ^a
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	0.06 ^a	0.41 ^a	6.46 ^a	0.03 ^b	8.18 ^a	5.04 ^a	13.11 ^a	12.58 ^a
180	Control	0.03	0.03	1.70	0.21	3.60	0.02	16.85	24.64
	Fresh <i>S. cerevisiae</i> CCMA 0543	0.04 ^a	0.08 ^a	0.68 ^a	0.05 ^a	1.04 ^a	0.37 ^a	11.00 ^a	11.28 ^a
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	nd ^b	0.22 ^a	1.97 ^a	nd ^a	2.41 ^a	0.88 ^a	14.35 ^a	14.11 ^a
	Fresh <i>T. delbrueckii</i> CCMA 0684	0.05 ^a	0.04 ^a	1.11 ^a	0.12 ^a	1.61 ^a	0.43 ^a	11.23 ^a	16.04 ^a
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	0.06 ^a	0.05 ^a	1.05 ^a	0.15 ^a	1.58 ^a	0.62 ^a	12.12 ^a	17.64 ^a
	Control	0.34	0.06	4.86	0.14	7.97	0.14	26.24	22.96
Drying end	Fresh <i>S. cerevisiae</i> CCMA 0543	0.12 ^a	0.05 ^a	1.22 ^a	0.04 ^b	0.89 ^a	0.17 ^b	10.82 ^a	4.49 ^b
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	0.05 ^a	nd ^b	0.53 ^a	0.11 ^a	0.63 ^a	0.60 ^a	14.36 ^a	6.54 ^a
	Fresh <i>T. delbrueckii</i> CCMA 0684	0.58 ^a	0.02 ^b	1.17 ^a	0.10 ^a	0.73 ^a	0.59 ^a	17.95 ^a	6.10 ^a
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	0.04 ^b	0.15 ^a	0.35 ^b	0.05 ^b	0.67 ^a	0.51 ^b	16.36 ^b	6.14 ^a

740 Data are presented as mean. The statistic was used to compare the averages between the same yeast strain in the fresh and
 741 microencapsulated state at each fermentation and drying time. a–b for each column, mean values with different letters are
 742 significant at $p \leq 0.05$ by analysis of variance.

743 nd = not detected.

744 ^aNatural coffee

745 ^bPulped coffee

746 **Table 3.** Organic acids detected during self-induced anaerobic fermentation (SIAF) and at the end of drying by high-
747 performance liquid chromatography (HPLC).

Fermentation time (h)	Treatments	Organic acids (g/kg)													
		Oxalic		Citric		Tartaric		Malic		Succinic		Lactic		Acetic	
		Nat	PC	Nat	PC	Nat	PC	Nat	PC	Nat	PC	Nat	PC	Nat	PC
0	Coffee fruits	nd	nd	4.85	3.01	nd	nd	1.13	1.74	0.76	1.17	nd	nd	nd	nd
	Control	nd	nd	4.85	2.51	nd	0.13	0.72	0.49	0.64	1.23	1.07	1.38	nd	0.31
96	Fresh <i>S. cerevisiae</i> CCMA 0543	nd ^a	nd ^a	1.93 ^a	2.63 ^b	nd ^a	0.17 ^a	0.25 ^a	0.05 ^b	0.41 ^a	0.72 ^a	0.65 ^b	2.49 ^a	nd ^a	0.06 ^a
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	nd ^a	nd ^a	2.37 ^a	6.34 ^a	nd ^a	nd ^b	0.34 ^a	0.37 ^a	0.40 ^a	0.63 ^a	1.45 ^a	0.53 ^b	nd ^a	nd ^b
	Fresh <i>T.</i> <i>delbrueckii</i> CCMA 0684	nd ^a	nd ^a	2.19 ^b	1.93 ^b	nd ^a	nd ^a	0.25 ^b	0.23 ^b	0.53 ^b	0.69 ^b	0.65 ^b	1.47 ^a	nd ^a	nd ^b
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	nd ^a	nd ^a	3.11 ^a	6.08 ^a	nd ^a	nd ^a	0.55 ^a	0.46 ^a	0.84 ^a	1.04 ^a	2.09 ^a	1.30 ^a	nd ^a	0.09 ^a
	Control	nd	nd	2.40	3.05	nd	0.25	0.13	0.15	0.99	0.89	3.95	8.33	0.31	0.52
	Fresh <i>S. cerevisiae</i> CCMA 0543	nd ^a	nd ^a	1.67 ^b	2.57 ^b	nd ^a	0.13 ^a	0.03 ^b	nd ^b	0.42 ^b	0.35 ^b	2.55 ^b	5.91 ^a	0.10 ^b	0.39 ^a
180	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	nd ^a	nd ^a	3.10 ^a	3.89 ^a	nd ^a	0.20 ^a	0.15 ^a	0.12 ^a	0.70 ^a	0.74 ^a	4.72 ^a	2.82 ^b	0.30 ^a	0.21 ^b
	Fresh <i>T.</i> <i>delbrueckii</i> CCMA 0684	nd ^a	nd ^a	2.39 ^a	2.46 ^b	nd ^a	0.19 ^b	0.10 ^a	0.07 ^b	0.68 ^a	0.82 ^a	2.99 ^a	2.79 ^a	0.13 ^b	0.27 ^b
	Microencapsulated	nd ^a	nd ^a	2.07 ^a	3.09 ^a	nd ^a	0.27 ^a	0.12 ^a	0.11 ^a	0.49 ^b	0.85 ^a	2.64 ^a	2.25 ^a	0.24 ^a	0.50 ^a
	Control	nd	nd	2.40	3.05	nd	0.25	0.13	0.15	0.99	0.89	3.95	8.33	0.31	0.52

<i>T. delbrueckii</i> CCMA 0684															
Drying end	Control	nd	0.03	5.46	3.95	nd	nd	0.33	0.09	2.38	1.60	13.20	3.50	nd	nd
	Fresh <i>S. cerevisiae</i> CCMA 0543	nd ^a	0.01 ^b	4.71 ^a	2.52 ^b	nd ^a	0.13 ^a	0.14 ^a	nd ^b	1.49 ^b	0.48 ^b	12.15 ^a	4.89 ^a	nd ^a	nd ^a
	Microencapsulated <i>S. cerevisiae</i> CCMA 0543	nd ^a	0.03 ^a	5.97 ^a	3.71 ^a	nd ^a	nd ^b	0.29 ^a	0.07 ^a	2.09 ^a	1.52 ^a	14.23 ^a	3.99 ^b	nd ^a	nd ^a
	Fresh <i>T.</i> <i>delbrueckii</i> CCMA 0684	nd ^a	0.02 ^b	6.23 ^a	3.00 ^a	nd ^a	nd ^a	0.29 ^a	nd ^b	1.74 ^a	1.21 ^a	10.50 ^a	2.00 ^a	nd ^a	nd ^a
	Microencapsulated <i>T. delbrueckii</i> CCMA 0684	nd ^a	0.03 ^a	4.23 ^b	2.63 ^b	nd ^a	nd ^a	0.13 ^b	0.10 ^a	0.91 ^b	0.90 ^b	6.34 ^b	2.03 ^a	nd ^a	nd ^a

748 Data are presented as mean. The statistics analysis was applied in order to compare the averages between the same yeast
 749 strain in the fresh and microencapsulated state at each fermentation and drying time. a–b for each column, mean values
 750 with different letters are significant at $p \leq 0.05$ by analysis of variance.

751 nd = not detected.

752 ^aNatural coffee

753 ^bPulped coffee

754 **Supporting Information - Supplementary material**755 **Table S1.** Identification and sensory perception of volatile compounds (peak areas of GC-MS) detected in green coffee

756 fermented by natural and pulped process.

Compounds	PCA number	LRI	GC-MS peak area (10 ⁴)										Sensory perception*
			Nat					PC					
			1	2	3	4	5	1	2	3	4	5	
<i>Acids</i>													
n-Hexadecanoic acid	21	2866	n.d	n.d	n.d	n.d	n.d	0.47	0.36 ^b	0.53 ^a	0.73 ^a	0.38 ^b	Rancid and acid flavor
<i>Alcohols</i>													
Benzyl alcohol	1	1878	2.78	2.17 ^b	3.15 ^a	2.40 ^a	1.27 ^b	1.20	1.10 ^a	0.99 ^a	1.21 ^a	1.26 ^a	Floral, roasted bread, fruity with chemical nuances
Phenylethyl Alcohol	2	1939	2.84	2.65 ^a	2.36 ^a	3.00 ^a	2.66 ^a	2.17	1.37 ^a	1.71 ^a	3.36 ^a	3.83 ^a	Sweet, chocolate, fruity and floral flavor (apple and rose)
<i>Aldehydes</i>													
Hexadecanal	3	2108	1.60	1.33 ^a	1.45 ^a	1.73 ^a	0.54 ^b	1.70	1.15 ^a	1.61 ^a	1.14 ^a	1.33 ^a	--
Pentadecanal-	44	2162	0.42	0.29 ^a	0.29 ^a	0.35 ^a	0.14 ^b	0.20	0.25 ^a	0.20 ^a	0.22 ^a	0.18 ^a	--
<i>Esters</i>													
Hexadecanoic acid,	25	2202	0.69	0.83 ^a	1.01 ^a	0.96 ^a	0.52 ^b	0.59	0.47 ^a	0.47 ^a	0.44 ^a	0.53 ^a	--

methyl ester Tetradecanoic acid, ethyl ester	36	2117	0.50	1.01 ^b	1.28 ^a	1.30 ^a	0.66 ^b	n.d	0.38 ^a	0.51 ^a	0.28 ^b	0.36 ^a	--
9,12- Octadecadienoic acid, ethyl ester	37	2509	0.57	1.02 ^b	1.98 ^a	1.33 ^a	0.90 ^b	0.52	0.64 ^a	0.46 ^b	0.57 ^a	0.64 ^a	--
Ethyl Oleate	39	2465	0.10	0.23 ^b	0.35 ^a	0.38 ^a	0.19 ^a	n.d	n.d	n.d	n.d	n.d	Fatty, buttery
Octadecanoic acid, ethyl ester	41	2448	n.d	0.33 ^b	0.62 ^a	0.49 ^a	0.27 ^b	n.d	n.d	n.d	n.d	n.d	Mild, waxy
Hexanoic acid, 2- methylbutyl ester	42	1784	1.30	1.43 ^a	1.38 ^a	1.70 ^a	0.38 ^b	1.34	0.42 ^a	0.49 ^a	0.35 ^a	1.01 ^a	--
<i>Ketones</i>													
2-Pentadecanone, 6,10,14-trimethyl-	4	2159	0.88	0.99 ^a	1.13 ^a	1.37 ^a	0.90 ^b	1.55	1.00 ^b	1.54 ^a	1.25 ^a	1.23 ^a	Oily, jasmine, herbs, woody
2-Pentadecanone	27	2105	1.02	0.92 ^a	0.76 ^a	0.88 ^a	0.40 ^b	0.63	0.54 ^a	0.68 ^a	0.52 ^b	0.61 ^a	Fresh, jasmine
2-Heptadecanone	28	2226	0.67	0.83 ^a	0.57 ^a	0.74 ^a	0.36 ^b	0.59	0.46 ^a	0.67 ^a	0.46 ^a	0.48 ^a	--
<i>Phenol</i>													
Phenol	32	2066	0.23	0.42 ^a	0.34 ^a	0.35 ^a	0.17 ^b	0.45	0.30 ^a	0.36 ^a	0.37 ^a	0.27 ^b	Rubbery, plastic-like
<i>Others</i>													
Caffeine	5	3379	23.77	25.50 ^b	43.94 ^a	26.37 ^a	7.34 ^b	43.44	38.05 ^a	33.66 ^a	41.10 ^b	50.24 ^a	--
Eicosane	43	1799	4.05	1.53 ^a	0.81 ^b	1.24 ^a	0.28 ^b	0.75	0.57 ^a	n.d ^b	0.48 ^a	0.71 ^a	--
2-Pyrrolidinone	17	2146	n.d	n.d	n.d	n.d	n.d	n.d	0.23 ^b	0.25 ^a	0.32 ^a	0.27 ^a	--

757 Data are presented as mean. The statistic was used to compare the averages between fresh and microencapsulated yeast.

758 a–b for each row, mean values with different letters are significant at $p \leq 0.05$ by Scott–Knott test.

759 nd = not detected.

- 760 Nat = natural coffee
761 PC = pulped coffee
762 1 = Control (without inoculation)
763 2 = Inoculated with fresh *Saccharomyces cerevisiae* CCMA 0543
764 3 = Inoculated with microencapsulated *Saccharomyces cerevisiae* CCMA 0543
765 4 = Inoculated with fresh *Torulaspora delbrueckii* CCMA 0684
766 5 = Inoculated with microencapsulated *Torulaspora delbrueckii* CCMA 0684
767 *Sensory attributes are taken from: Flament & Bessi re-Thomas (2001); Lee et al. (2015); Cassimiro et al. (2022); da
768 Mota et al. (2020).

769 **Table S2.** Identification and sensory perception of volatile compounds (peak areas of GC-MS) detected in roasted coffee
770 fermented by natural and pulped process.

Compounds	PCA	LRI	GC-MS peak area (10 ⁴)										Sensory perception*
			Nat					PC					
			1	2	3	4	5	1	2	3	4	5	
<i>Acids</i>													
n-Hexadecanoic acid	21	2866	1.19	2.10 ^a	1.50 ^a	1.96 ^b	2.65 ^a	2.87	3.74 ^a	2.40 ^b	3.17 ^a	3.57 ^a	Rancid and acid flavor
Butanoic acid, 4-hydroxy-	10	1684	29.02	27.28 ^a	25.33 ^a	25.12 ^b	27.99 ^a	27.76	17.31 ^a	17.22 ^a	21.70 ^b	35.11 ^a	Sweet, caramel and creamy flavor
Octanoic acid	23	2122	1.27	1.92 ^a	1.97 ^a	1.64 ^b	2.61 ^a	2.86	3.36 ^a	2.30 ^b	2.84 ^a	2.16 ^a	Fatty, waxy, cheese-like, acid, rancid
n-Decanoic acid	30	2263	0.23	0.77 ^a	0.76 ^a	1.07 ^a	1.22 ^a	1.44	1.95 ^a	1.24 ^b	1.57 ^a	1.27 ^a	Dust, fat, rancid, sweat, sour
<i>Alcohols</i>													
Benzyl alcohol	1	1878	1.80	2.04 ^a	2.10 ^a	1.76 ^b	2.37 ^a	0.41	0.37 ^b	0.72 ^a	0.64 ^b	1.00 ^a	Floral, roasted bread, fruity with chemical nuances
Phenylethyl Alcohol	2	1939	2.07	2.79 ^a	1.84 ^a	2.46 ^b	5.17 ^a	1.12	0.69 ^b	1.27 ^a	1.72 ^b	2.97 ^a	Sweet, chocolate, fruity and floral flavor (apple and rose)

<i>Aldehydes</i>													
Hexadecanal	3	2108	0.71	0.61 ^a	0.56 ^a	0.68 ^b	0.78 ^a	0.55	0.66 ^a	0.57 ^a	0.74 ^a	0.55 ^b	--
<i>Esters</i>													
Hexadecanoic acid, methyl ester	25	2202	1.41	1.45 ^a	1.95 ^a	1.46 ^a	2.11 ^a	1.56	1.07 ^a	1.31 ^b	1.09 ^b	1.64 ^a	--
Tetradecanoic acid, ethyl ester	36	2117	0.36	0.50 ^a	0.67 ^a	0.46 ^b	0.75 ^a	n.d	n.d	n.d	n.d	n.d	--
9,12-Octadecadienoic acid, ethyl ester	37	2509	1.04	2.49 ^a	2.75 ^a	1.69 ^a	2.91 ^a	0.98	0.79 ^a	1.10 ^a	0.67 ^b	1.33 ^a	--
Ethyl Oleate	39	2465	0.19	0.31 ^a	0.57 ^a	0.36 ^a	0.62 ^a	n.d	n.d	n.d	n.d	n.d	Fatty, buttery
Octadecanoic acid, ethyl ester	41	2448	0.32	0.85 ^b	1.02 ^a	0.63 ^a	1.04 ^a	n.d	n.d	n.d	n.d	n.d	Mild, waxy
<i>Furanones</i>													
2(5H)-Furanone	33	1757	3.55	3.52 ^a	3.55 ^a	3.32 ^a	4.47 ^b	5.33	3.49 ^a	4.64 ^a	4.54 ^b	5.68 ^a	Buttery
<i>Furans</i>													
Ethanone, 1-(2-furyl)-	7	1491	20.13	19.01 ^b	24.12 ^a	18.42 ^a	19.06 ^a	27.52	12.81 ^a	22.84 ^a	19.30 ^b	27.86 ^a	Caramel, cocoa, almond, peanut and sweet
2-Furanmethanol, acetate	8	1531	24.71	29.03 ^a	32.29 ^a	25.41 ^a	27.74 ^a	27.62	19.45 ^a	20.37 ^a	21.69 ^b	36.17 ^a	Soft, floral, fruity, banana and sweet
2-Furancarboxaldehyde, 5-methyl-	9	1603	98.62	87.11 ^b	99.92 ^a	82.67 ^b	95.78 ^a	112.20	71.67 ^a	87.90 ^a	83.73 ^b	124.58 ^a	Spicy and slightly caramelized
2-Furanmethanol	11	1710	390.81	392.08 ^a	361.38 ^a	338.01 ^b	394.42 ^a	389.97	276.57 ^a	358.31 ^a	361.87 ^b	476.89 ^a	Mild, sweet and slightly caramelized
5-	20	2503	2.62	2.90 ^a	2.66 ^a	2.15 ^a	3.02 ^a	5.16	2.97 ^b	6.79 ^a	3.79 ^a	5.21 ^a	flavor Sweet flavor,

Hydroxymethylfurfural													herbaceous Caramel, sweet, bread- like, toasted odor
Furfural	31	1409	153.06	113.38 ^b	162.68 ^a	112.08 ^a	147.15 ^b	164.36	108.89 ^a	147.61 ^a	181.18 ^a	145.24 ^a	
4-Methyl-5H-furan-2-one	38	1909	1.95	1.99 ^a	1.94 ^a	1.69 ^b	1.90 ^a	2.12	1.51 ^a	1.63 ^a	1.60 ^b	2.60 ^a	Pungent, caramel and sweet flavor
<i>Ketones</i>													
2-Pentadecanone, 6,10,14-trimethyl-	4	2159	0.92	0.81 ^a	0.76 ^a	0.65 ^b	1.09 ^a	1.02	0.60 ^b	1.20 ^a	0.84 ^b	1.31 ^a	Oily, jasmine, herbs, woody
2-Pentadecanone	27	2105	0.48	0.48 ^a	0.54 ^a	0.58 ^a	0.63 ^a	0.58	0.54 ^a	0.61 ^a	0.59 ^a	0.58 ^a	Fresh, jasmine
2-Heptadecanone	28	2226	0.50	0.56 ^a	0.38 ^a	0.63 ^a	0.57 ^a	0.70	0.51 ^a	0.74 ^b	0.63 ^a	0.52 ^b	--
Ethanone, 1-(1H- pyrrol-2-yl)-	15	2026	7.51	7.32 ^a	6.98 ^a	6.64 ^b	8.29 ^a	8.48	5.76 ^a	8.32 ^a	7.27 ^b	11.48 ^a	Nuts, floral and fruity flavor
<i>Phenols</i>													
Phenol	32	2066	1.64	1.94 ^a	1.78 ^a	1.96 ^b	2.27 ^a	2.58	1.95 ^a	1.86 ^a	2.16 ^a	2.65 ^a	Rubbery, plastic-like
4-Hydroxy-2- methylacetophenone	24	2188	3.92	3.99 ^a	3.96 ^a	3.76 ^b	5.25 ^a	6.25	4.72 ^b	5.86 ^a	5.61 ^b	7.51 ^a	--
<i>Pyrazines</i>													
Pyrazine, 3-ethyl-2,5- dimethyl-	6	1447	10.97	11.06 ^a	10.98 ^a	9.36 ^a	10.01 ^a	6.72	4.36 ^a	9.07 ^a	8.84 ^a	9.77 ^a	Cocoa and walnut flavor
3-Methyl-2- pyrazinylmethanol	13	1957	0.59	0.78 ^a	0.69 ^a	0.74 ^a	0.76 ^a	0.73	0.46 ^a	0.95 ^b	0.68 ^b	1.11 ^a	--
Pyrazine, 2,6- dimethyl-	40	1213	40.17	43.96 ^a	32.04 ^a	32.82 ^a	32.92 ^a	43.22	31.58 ^b	32.56 ^a	26.43 ^b	43.25 ^a	Sweet, cocoa, roasted nut
<i>Pyridines</i>													
3-Pyridinol, 2-methyl-	18	2322	1.06	1.15 ^a	1.70 ^a	0.97 ^b	1.79 ^a	2.32	1.56 ^b	2.50 ^a	1.54 ^b	4.04 ^a	--

3-Pyridinol	19	2445	1.81	2.29 ^a	3.23 ^a	2.37 ^b	4.03 ^a	6.58	5.82 ^a	5.22 ^a	3.55 ^b	7.74 ^a	--
<i>Pyroles</i>													
1H-Pyrrole, 1-(2-furanylmethyl)-	12	1791	9.35	8.21 ^a	9.81 ^a	7.89 ^b	8.89 ^a	10.32	6.02 ^a	8.19 ^a	7.87 ^b	12.69 ^a	Coffee and fruity
1H-Pyrrole-2-carboxaldehyde	16	2095	5.68	5.79 ^a	5.91 ^a	5.32 ^b	7.10 ^a	8.28	5.93 ^a	6.48 ^a	6.57 ^b	10.46 ^a	Pungent flavor and green grain
Indole	26	2424	2.41	2.16 ^a	2.19 ^a	1.85 ^b	2.60 ^a	2.68	1.59 ^b	2.86 ^a	2.41 ^b	3.07 ^a	Floral notes, sweet, warm, nutty
2-Pyrrolidinone, 1-butyl-	34	2284	3.11	2.15 ^a	2.66 ^a	1.88 ^a	2.87 ^a	3.03	1.45 ^b	3.15 ^a	1.70 ^b	4.54 ^a	--
1H-Pyrrole-2-carboxaldehyde, 1-methyl-	35	2149	1.86	1.85 ^a	1.91 ^a	1.65 ^a	2.27 ^b	2.57	1.82 ^a	2.24 ^a	1.98 ^b	3.50 ^a	Mild flavor
<i>Others</i>													
Caffeine	5	3379	117.42	95.13 ^a	127.94 ^a	124.49 ^a	120.59 ^a	196.29	99.61 ^b	178.53 ^a	101.18 ^b	172.40 ^a	--
2-Thiophenemethanol	14	1976	1.41	1.37 ^a	1.24 ^a	1.22 ^a	1.45 ^a	1.39	0.98 ^a	1.35 ^a	1.22 ^b	1.82 ^a	--
2-Pyrrolidinone	17	2146	11.48	8.58 ^a	9.53 ^a	7.69 ^a	10.98 ^a	9.65	5.84 ^b	10.73 ^a	6.69 ^b	14.36 ^a	--
Acetamide	22	1786	2.99	2.88 ^a	2.85 ^a	2.45 ^b	3.46 ^a	3.50	2.54 ^b	4.00 ^a	2.54 ^b	4.87 ^a	--
Maltol	29	2047	1.67	2.28 ^a	2.44 ^a	2.43 ^b	3.47 ^a	4.32	7.70 ^a	3.80 ^a	3.50 ^b	5.91 ^a	Fruit and caramel

771 Data are presented as mean. The statistic was used to compare the averages between fresh and microencapsulated yeast.

772 a–b for each row, mean values with different letters are significant at $p \leq 0.05$ by Scott–Knott test.

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782 Mota et al. (2020).